

FREDERICK COUNTY  
FIRE AND RESCUE EXPLORER  
POST #154

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*The Frederick County Fire and Rescue Explorer Post is not only an opportunity for young adults to learn about firefighting and emergency services as a career, but also allows for future opportunities in volunteerism with one of Frederick County's eleven Volunteer Fire and Rescue Companies!*

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RESPECT  
PRIDE  
COURAGE

FREDERICK COUNTY  
FIRE AND RESCUE EXPLORER  
POST #154

Please contact:  
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BEFORE YOU  
FOLLOW:  
**LEAD**

BEFORE YOU  
SIT IDLE:  
**EXPLORE**

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WWW.COURAGETOCARE.NET  
(540) 722-8358

**FREDERICK COUNTY  
FIRE AND RESCUE  
EXPLORER POST #154**

Formed in 2008, the Frederick County Fire and Rescue Department partnered with the Shenandoah Area Council Boy Scouts of America in order to create the Fire and Rescue Explorer Post.

The Post focuses on five areas to include career opportunities, leadership, life skills, service learning and character education.

The Post allows young men and women ages fourteen to twenty an opportunity to learn about local fire and rescue and emergency services response organizations in a controlled, educational and fun atmosphere!

Explorer Posts help youth gain insight into a particular vocation while providing hands-on career activities.

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**EXPLORER POST ACTIVITIES  
AND TRAININGS:**

CPR, First Aid, History of Fire Service, Fire Extinguishers, Chain of Command, Personal Protective Equipment and Gear, Radios, Basic Search, Accountability, Hoses, Self Contained Breathing Apparatus, Air Care, Dispatch Introduction, Ropes and Knots, Wild land Fire-fighting and Swift Water Rescue.

Suggestions for additional classes are always accepted!

**EXPLORER POST ADVISORS:**

Kevin Sager, Lead Advisor

Todd Drummond

Kathy Golio

Chief Eddie Keeler

Brian Thomas

Of course, our Advisors have to take into account that hazards exist which are specific to Fire and Emergency Services.

With that being said, Explorers will not be allowed to respond to any emergency scene as they cannot be substituted for trained personnel. Explorers will not be allowed to drive apparatus nor will they be allowed to climb ladders for their own safety.

Explorers will not be allowed to enter a burning structure and they will not be allowed to operate hydraulic rescue tools.

The experiences gained from being an Explorer promotes the growth and development of our youth.