

# Vial of Life Project

## A Public Charity

Sponsored by **American Senior Safety Agency** (888) 724-1200

### STEP 1: Fill Out the Vial of Life Form

- Fill out the vial form. Answering all the relevant questions will aide EMS during an emergency, but if a question makes you uncomfortable just leave it blank.
- Make blank copies of this form to keep information current or go to [www.vialoflife.com](http://www.vialoflife.com) to maintain and store updated information.



### STEP 2: Place the Decal on the Front of a Plastic Baggie

- Place the form you filled out in the plastic baggie.
- You may also consider placing the following items in the baggie:
  - Copy of EKG
  - DNR (Do Not Resuscitate)
  - Living Will or Equivalent
  - A Recent Picture of Yourself
  - Any Other Item You Feel Would Be Important



### STEP 3: Place the Baggie on Your Refrigerator Door

- Securely tape the plastic baggie to the front of the refrigerator door at eye level.
- Place the decal on the baggie so that anyone responding to an emergency can easily see it.



### STEP 4: Place the Second Decal on Your Front Door

- Place the second decal on the front door at eye level so it can easily be seen by anyone responding to an emergency.

For convenience maintain this information at [www.VialofLife.com](http://www.VialofLife.com)  
(888) 724-1200

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**American Senior Safety Agency - Medical Alarms (888) 724-1200**

FIRST NAME		INITIAL		LAST NAME		SOCIAL SECURITY NUMBER			
STREET		CITY		STATE		ZIP		TELEPHONE	
DATE OF BIRTH	MALE/FEMALE	HEIGHT	WEIGHT	HAIR COLOR	EYE COLOR	BLOOD TYPE		RELIGION	
Tell us about your hearing						DENTURES		UNABLE TO SPEAK	
						UPPER LOWER		<input type="checkbox"/>	
Tell us about your vision						NATIVE LANGUAGE IF NOT ENGLISH			
Identifying Marks									
Past Medical Conditions									
Current Medical Conditions									
Medications: Dosage and Frequency									
Allergies to Medications									
Doctors Name and Telephone Number									
Last Hospitalization									
Special Instructions such as Health Directives, etc.									
Health Insurance Policy									
Emergency Contact Notification - Name - Address - Phone - Relationship									
<b>PLACE ON REFRIGERATOR DOOR</b>									