

**CENTER FOR ATTACHMENT & TRAUMA SERVICES**  
**9312 OLD KEENE MILL ROAD, #100, BURKE, VA 22015 (Main Office)**  
**7430 HERITAGE VILLAGE PLAZA, SUITE 202, GAINESVILLE, VA 20155**  
**703-913-8563 PHONE 571-781-4389 FAX**  
**RATE SHEET -- EFFECTIVE JULY 1, 2025 through JUNE 30, 2026**

**NO INSURANCE ACCEPTED**

\*Note: Red asterisk denotes services not funded through CSA. Other services individually determined in accordance with CSA policy.

SERVICE	PROVIDED BY	HOURLY RATE (\$)
<b>Outpatient Services</b> (In Office & Telehealth)*	LCSW, LMFT, LPC (Master's level) <b>PhD, PsyD (Doctoral level)</b>	180.00 <b>190.00</b>
<b>Family Support Services</b> (In Office & Telehealth)*	LCSW, LMFT, LPC (Master's level) <b>PhD, PsyD (Doctoral level)</b>	180.00 <b>190.00</b>
<b>Group Therapy</b> 60-90 minute sessions	LCSW, LMFT, LPC, PhD, PsyD	65-85.00/group member
* <b>Court Appearances</b> including Deposition testimony (in response to subpoena, whether called to testify or released less than 24 hours prior to testimony)	LCSW, LMFT, LPC, PhD, PsyD	285.00/hr. 30 minutes prior to time shown on subpoena ( <b>NOTE: \$1150.00 minimum fee</b> for subpoenaed appearance whether called to testify or released <24 hours prior to testimony)
* <b>Court Preparation</b> (in office or phone conferences with attorneys or related professionals in preparation for court appearance)	LCSW, LMFT, LPC (Master's level) <b>PhD, PsyD (Doctoral level)</b>	180.00 <b>190.00</b>
* <b>Off-site meetings or conferences</b> (as requested by county personnel, including FAPT & FPM meetings)	LCSW, LMFT, LPC(Master's level) <b>PhD, PsyD (Doctoral level)</b>	250.00 <b>275.00</b>
* <b>In-office meetings or conferences</b> (i.e., participating by phone or videoconference as requested by county personnel, including FAPT & FPM meetings)	LCSW, LMFT, LPC (Master's level) <b>PhD, PsyD (Doctoral level)</b>	180.00 <b>190.00</b>
<b>Safe &amp; Sound Protocol or Rest &amp; Restore Protocol Listening Systems Intake</b>	LCSW, LMFT,LPC (Master's level) <b>PhD, PsyD (Doctoral level)</b>	180.00 <b>190.00</b>
<b>Safe &amp; Sound Protocol or Rest &amp; Restore Protocol Listening Systems</b> In-person or Remote Delivery with Clinician Present	LCSW, LMFT,LPC (Master's level) <b>PhD, PsyD (Doctoral level)</b>	180.00/hr +75 for Playlist Access Per Year <b>190.00/hr +75 for Playlist Access Per Year</b>
<b>Safe &amp; Sound Protocol or Rest &amp; Restore Protocol Listening Systems</b> At Home Self-directed Delivery w/5, 20 minute Clinician check-ins	LCSW, LMFT,LPC (Master's level) <b>PhD, PsyD (Doctoral level)</b>	270.00 (Total) +75 for Playlist Access Per Year <b>285.00 (Total) +75 for Playlist Access Per Year</b>
* <b>Clinical Complexity Support Add-On</b> (For use when additional clinical time is required due to client crisis, escalation, or urgent emotional/behavioral needs during a scheduled session)	CSW, LMFT,LPC (Master's level) <b>PhD, PsyD (Doctoral level)</b>	45.00 per 15 min <b>47.50 per 15 min</b>
<b>Interpreter Support: Phone or Virtual</b> (Non-English-speaking parent/caregiver communication) For use during intake, caregiver check-ins, or crisis communication when interpreter services are necessary.	HIPAA Interpreter (coordinated by CATS)	25.00 per 15 min 90.00 per hour

\*Included in Outpatient Services & Family Support Services as determined clinically applicable:

- Various family therapy modalities, including Structural Family Therapy, Family Systems Therapy, Multi-modal Family Therapy, etc.
- Parenting Guidance & Education (Including but not limited to support for RAD/FASD/ADHD/ODD/ASD)
- Attachment-Focused Family Therapy Modalities
- Therapeutic Supervision of Visitation
- Consultation with Other Professionals
- Couples Therapy for Parents
- Sand Tray Therapy
- Eye Movement Desensitization & Reprocessing (EMDR)
- Accelerated Resolution Therapy (ART)
- MATCH (Modular Approach to Therapy for Children with Anxiety, Depression, Trauma, or Conduct Problems)
- Emotional Freedom Technique (EFT)
- Theraplay (filial play therapy)
- Trauma-Focused Cognitive Behavioral Therapy (TF-CBT)
- Cognitive Behavioral Therapy (CBT)
- Dyadic Developmental Psychotherapy (DDP)
- NeuroDevelopmental Movement

\*\*This line item will be charged for the time required to review files, compile & photocopy documentation requested by subpoena.

\*\*\*The Safe & Sound Protocol involves a daily commitment by the caregiver & the child to engage with a custom protocol spanning the 5 hours of the program. In some cases, the limitations of the client's nervous system may require shorter listening sessions over a longer period of time. The length of time for completion is at the discretion of the clinician & the client.