Hokey's Healing

381 Indian Hollow Road

Winchester, VA 22603

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304-671-2474

## **List of Services and Rate Sheet**

## **Service Requested:**

Mentoring (Youth): \$70.00 per hour

Therapy Dog: \$70.00 per hour

Recovery Coach (Youth): \$70.00 per hour

Mentoring with Therapy Dog: \$70.00 per hour

Mentoring Service: It's a unique mentor program that utilizes first responders as mentors for youth. Mentors act as role models, support academic progress, help increase self-esteem, boost mental health, and assist in building social skills. Each mentor will work with the case manager and client to meet the individual needs and goals of the client. Mentors will strive to meet goals set by the case manager, family, and client. Mentors will have access to evidence based mentoring programs to provide those materials and work with clients on measurable goals.

Therapy Dog Service: Our teams provide therapy in many settings, including but not limited to nursing homes, assisted living facilities, mental health institutions, correctional facilities, schools, hospitals, college campuses, and client's homes. Dogs are certified through Alliance of Therapy Dogs or an equivalent approved therapy dog organization. Dogs can help by bringing joy and laughter, taking a person's mind off problems, providing soft comfort, acting as an ice breaker, giving a chance for people to communicate with others, lowering stress levels, and rekindling warm memories of pets.

Recovery Coach: The Recovery Coach will work with the youth to identify signs and symptoms of using intoxicants. The recovery Coach will develop a unique plan, goals, and provide resources to clients to assist clients in addiction. The Recovery Coach will be an advocate who will be able to get to root causes and conditions of addiction. The client will be able to face their problems with support.

Mentoring with Therapy dog: It's a unique mentor program that utilizes first responders as mentors for youth. Mentors act as role models, support academic progress, help increase self-esteem, boost mental health, and assist in building social skills. Each mentor will work with the case manager and client to meet the individual needs and goals of the client. Mentors will strive to meet goals set by the case manager, family, and client. Mentors will have access to evidence based mentoring materials to provide those materials and work with clients on measurable goals. The clients will have the opportunity to work on their individual goals as well as to incorporate those skills by working with a therapy dog. Our teams provide therapy in many settings, including but not limited to nursing homes, assisted living facilities, mental health institutions, correctional facilities, schools, hospitals, college campuses, and client's homes. Dogs are certified through Alliance of Therapy Dogs or an equivalent approved therapy dog organization. Dogs can help by bringing joy and laughter, taking a person's mind off problems, providing soft comfort, acting as an ice breaker, giving a chance for people to communicate with others, lowering stress levels, and rekindling warm memories of pets.