



Recruit Class # 18 Schedule

Week # 14
February 16, 2026

to

February 19, 2026

Monday February 16, 2026			Tuesday February 17, 2026			Wednesday February 18, 2026			Thursday February 19, 2026		
County Holiday - President's Day									12 Hour Day		
INSTRUCTOR(S)			Colby Anderson Adam Sisler			Matthew Baker Charles Rose			Colby Anderson		
			Matthew Baker			Christian Bomgardner Christopher Sipe			Christian Bomgardner		
			Christian Bomgardner			Jason Hensell +3			Brad Mason		
			Leslie Hawkins			sam Jones			Brian Meade		
			Jason Hensell			Nathan Keen			Garrett Miller		
			David Huppp			Taylor Kerxton			Rusty Morgan		
			Heather Hughes			Brad Mason			Charles Rose		
			Kelly Maze			Kelly Maze			Adam Sisler		
			Rusty Morgan			Garrett Miller					
			George Muchmore			Rusty Morgan					
			Charles Rose			George Muchmore					
LOCATION			Training Annex			Training Annex			Training Annex		
MORNING SESSION			0900	EVALUATION : Trauma Patient Assesment and Treatment		0900	EVALUATION : Medical Patient Assessment and Treatment		0900	PRACTICAL : Competencies	
			Trauma 1			Medical 1					
			Evaluator	Leslie Hawkins		Evaluator	Taylor Kerxton				
			Narrator	Christian Bomgardner		Narrator	Rusty Morgan				
			Patient	Colby Anderson		Patient	Christopher Sipe				
			Assistant	George Muchmore		Assistant	Christian Bomgardner				
			Trauma 2			Medical 2					
			Evaluator	Kelly Maze		Evaluator	Sam Jones				
			Narrator	Adam Sisler		Narrator	Kelly Maze				
			Patient	Matthew Baker		Patient	Jason Hensell				
			Assistant			Assistant	Nathan Keen		1300	Review Session (Whitacre)	
AFTERNOON SESSION			Trauma 3			Medical 3					
			Evaluator	Charles Rose		Evaluator	Charles Rose				
			Narrator	Jason Hensell		Narrator	Brad Mason				
			Patient			Patient	George Muchmore				
			Assistant			Assistant					
			Trauma 4			Medical 4					
			Evaluator	David Hupp		Evaluator	Garrett Miller				
			Narrator	Rusty Morgan		Narrator	Matthew Baker				
			Patient			Patient					
			Assistant			Assistant					
HW / QUIZ			First Responders								

All classes start at 0700 and end at 1700, unless otherwise listed



Recruit Class # 18 Schedule


Week # 15
February 23, 2026 to February 26, 2026

	Monday		Tuesday		Wednesday		Thursday	
	February 23, 2026		February 24, 2026		February 25, 2026		February 26, 2026	
	NO GYM		NO GYM					
	INSTRUCTOR(S)							
	Jason Hensell		Matthew Baker		Matthew Baker		Matthew Baker	
			Jason Hensell		Jason Hensell		Jason Hensell	
			George Muchmore		Kelly Whitacre		George Muchmore	
			Kelly Whitacre				Kelly Whitacre	
LOCATION		Training Annex	Fire Station # 14 - Gore Fire and Rescue		Training Annex		Fire Station # 21 - Millwood Station Fire / Rescue	
MORNING SESSION	0900	EXAM : National Registry EMT Certification	0700	Tuscarora Trail Hike	0900	LECTURE : VDFP Emergency Vehicle Operator's Course	0900	PRACTICAL : VDFP Emergency Vehicle Operator's Course
AFTERNOON SESSION	1300	SCBA Fit Testing (Kerns)					1500	REVIEW : VDFP Emergency Vehicle Operator's Course
HW / QUIZ								



Recruit Class # 18 Schedule

Week # 16
March 2, 2026 to March 5, 2026

	Monday		Tuesday		Wednesday		Thursday	
	March 2, 2026		March 3, 2026		March 4, 2026		March 5, 2026	
	NO GYM						NO GYM	
INSTRUCTOR(S)	VDFP Test Administrator							
	Matthew Baker							
	Jason Hensell							
	George Muchmore							
	Kelly Whitacre							
LOCATION	Fire Station # 21 - Millwood Station Fire / Rescue		Training Annex		Training Annex		Winchester / Frederick County Training Center	
MORNING SESSION	0800	EXAM : VDFP Emergency Vehicle Operator's Course	0900	LECTURE: The Fire Service	0900	LECTURE : Personal Protective Equipment / Self - Contained Breathing Apparatus	0700	PRACTICAL : Personal Protective Equipment / Self - Contained Breathing Apparatus
			1030	LECTURE : Firefighter Health and Safety				* Donning and doffing PPE
								* Donning and doffing SCBA
								* SCBA inspection
								* Mounting / dismounting apparatus and donning SCBA from seat mount
								* Replacing a spent SCBA cylinder
								* Refilling a SCBA cylinder using a cascade system
								* Firefighter crawl / Out of Air
								Emergencies
								* Diminished clearance / reduced profile
AFTERNOON SESSION			1300	LECTURE / PRACTICAL : Fire Services Communications	1300	PRACTICAL : Personal Protective Equipment / Self - Contained Breathing Apparatus		* Maze trailer introduction
				* Using a radio		* Donning and doffing PPE		
				* Receiving a telephone call for non - emergency and emergency request		* Donning and doffing SCBA		
						* SCBA inspection		
HW / QUIZ			Quiz # 16 (3/3 - 3/8)					

All classes start at 0700 and end at 1700, unless otherwise listed




Recruit Class # 18 Schedule

Week # 17
March 9, 2026

to

March 12, 2026

		Monday		Tuesday		Wednesday		Thursday	
		March 9, 2026		March 10, 2026		March 11, 2026		March 12, 2026	
		NO GYM		NO GYM					
INSTRUCTOR(S)						Leslie Hawkins			
LOCATION	Winchester / Frederick County Training Center		Winchester / Frederick County Training Center		Training Annex		Training Annex		
MORNING SESSION	0700	PRACTICAL : Personal Protective Equipment / Self - Contained Breathing Apparatus * Donning and doffing PPE * Donning and doffing SCBA * SCBA inspection * Maze trailer (with lights) * Diminished clearance / reduced profile * Buddy Breathing * Crawl through stud - wall	0700	PRACTICAL : Personal Protective Equipment / Self - Contained Breathing Apparatus * Donning and doffing PPE * Donning and doffing SCBA * Maze trailer (no lights) EVALUATION : SCBA inspection * Out of Air Emergencies * Buddy Breathing * Firefighter Down - CPR * Air consumption drill (Dodge ball)	0900	LECTURE : Hazardous Materials Regulations, Standards and Laws	0900	LECTURE : Properties and Effects	
					1100	LECTURE : Recognizing and Identifying the Hazards			
AFTERNOON SESSION					1300	Cont. LECTURE : Recognizing and Identifying the Hazards	1300	LECTURE : Understanding the Hazards	
					1500	PRACTICAL : Hazardous Materials Awareness * Recognition and Identification * Initiate Protective Actions * Notification	1500	LECTURE : Estimating Potential Harm and Planning a Response	
HW / QUIZ			Quiz # 17 (3/10 - 3/15)		Quiz # 18 (3/11 - 3/15)		Quiz # 19 (3/12 - 3/15)		

All classes start at 0700 and end at 1700, unless otherwise listed



Recruit Class # 18 Schedule

Week # 18
March 16, 2026

to

March 19, 2026

	Monday		Tuesday		Wednesday		Thursday	
	March 16, 2026		March 17, 2026		March 18, 2026		March 19, 2026	
INSTRUCTOR(S)			Leslie Hawkins		Leslie Hawkins		NO GYM	
LOCATION	Training Annex		Training Annex		Winchester / Frederick County Training Center		Winchester / Frederick County Training Center	
MORNING SESSION	0900	LECTURE : Implementing the Planned Response	0900	LECTURE : Hazardous Materials Responder Personal Protective Equipment	0900	PRACTICAL : Hazardous Materials Operations * <i>Identifying Potential Hazards</i> * <i>Identifying Action Options</i> * <i>Action Plan Implementation</i> * <i>Field reduction PPE contaminates</i> * <i>Emergency Decontamination</i> * <i>Progress Evaluation and Reporting</i> * <i>Personal Protective Equipment</i> * <i>Product Control - Cargo Tanks</i> * <i>Product Control - Circle & V Dike</i> * <i>Product Control - Storm and Box Drain</i>	0900	EVALUATION : Hazardous Materials Awareness and Operations Course
	1100	LECTURE : Hazardous Materials Responder - Health and Safety						
AFTERNOON SESSION	1300	LECTURE (cont.) : Hazardous Materials Responder - Health and Safety		SCENARIO : Implementing the Planned Response LECTURE : Product Control LECTURE / PRACTICAL : Using 4 - gas meter (Hawkins)			1400	REVIEW : Hazardous Materials Awareness and Operations Course
							1500	EXAM : Hazardous Materials Awareness and Operations Course
HW / QUIZ	Quiz # 20 (3/16 - 3/22)		Quiz # 21 (3/17 - 3/22)					

All classes start at 0700 and end at 1700, unless otherwise listed



Recruit Class # 18 Schedule

Week # 19
March 23, 2026

to

March 26, 2026

	Monday		Tuesday		Wednesday		Thursday	
	March 23, 2026		March 24, 2026		March 25, 2026		March 26, 2026	
INSTRUCTOR(S)								
LOCATION	Training Annex		Training Annex		Winchester / Frederick County Training Center			
MORNING SESSION	0800	EXAM : VDFP Hazardous Materials Awareness and Operations Certification	0900	LECTURE : Building Construction	0900	LECTURE (cont) : Firefighter Tools and Equipment	0900	PRACTICAL : Ropes and Knots, Portable Fire Extinguishers
					1100	LECTURE / PRACTICAL : Ropes and Knots		* Knot tying
						* Clove hitch		* Portable fire extinguishers
						* Half hitch		* Telephone communications
						* Figure 8		
						* Bowline		
						* Sheet bend		
AFTERNOON SESSION	1300	LECTURE : Fire Behavior	1300	LECTURE : Portable Fire Extinguishers	1400	PRACTICAL : Ropes and Knots, Portable Fire Extinguishers, Tools	1300	LECTURE : Forcible Entry
			1530	LECTURE : Firefighter Tools and Equipment		* Hoisting tools / ladders		
						* Hand tool raise using figure - eight on a bight and half - hitch with safety evaluation		
						* Hose line tool raise using a clove and half - hitch with safety		
						* Power tool raise using figure - eight on a bight with safety		
						* Using Class A - B - C extinguishers		
						* Using a portable water fire extinguisher / refilling		
HW / QUIZ	Quiz # 22 (3/23 - 2/29)		Quiz # 23 (3/24 - 2/29)		Quiz # 24 (3/25 - 2/29)		Quiz # 25 (3/26 - 2/29)	



Recruit Class # 18 Schedule

Week # 20
March 30, 2026

to

April 2, 2026

	Monday		Tuesday		Wednesday		Thursday	
	March 30, 2026		March 31, 2026		April 1, 2026		April 2, 2026	
INSTRUCTOR(S)								
LOCATION	Winchester / Frederick County Training Center		Winchester / Frederick County Training Center		Winchester / Frederick County Training Center		Winchester / Frederick County Training Center	
MORNING SESSION	0900	LECTURE : Ladders	0900	EVALUATION : Forcible Entry, Ladders	0900	PRACTICAL : Search and Rescue	0900	PRACTICAL : Search and Rescue
	1100	PRACTICAL : Forcible Entry , Ladders		* Forcible entry of doors (inward / outward)		* One - person walking assist		* One - person walking assist
		* Forcible entry of doors (inward / outward)		* Forcible entry using A - tool / K - tool		* Two firefighter assist		* Two firefighter assist
		* Forcible entry using A - tool / K - tool		* Forcible opening of a padlock		* Cradle in arms carry		* Cradle in arms carry
		* Forcible opening of a padlock		* One firefighter ladder carry / raise		* Drags		* Drags
		* One firefighter ladder carry / raise		* Two firefighters ladder carry / raise		* Rescue from 2nd floor using a ladder		* Rescue from 2nd floor using a ladder
		* Two firefighters ladder carry / raise		* Clean and inspect ladder				
		* Ladder inspection		* Placing a roof ladder onto a roof by means of an extension ladder				
		* Carrying tools on a ladder						
AFTERNOON SESSION					1500	LECTURE : Search and Rescue		
HW / QUIZ	Quiz # 26 (3/30 - 4/5)				Quiz # 27 (3/31 - 4/5)			



Recruit Class # 18 Schedule

Week # 21
April 6, 2026 to April 9, 2026

	Monday		Tuesday		Wednesday		Thursday	
	April 6, 2026		April 7, 2026		April 8, 2026		April 9, 2026	
INSTRUCTOR(S)								
LOCATION	Winchester / Frederick County Training Center		Winchester / Frederick County Training Center		Winchester / Frederick County Training Center		Training Annex	
MORNING SESSION	0900	PRACTICAL : Search and Rescue	0900	LECTURE : Ventilation	0900	EVALUATIONS : Section 1	0900	PRACTICAL : Fireground scenarios
		* Primary search	1100	PRACTICAL : Ventilation		* SCBA inspection		* Forcible entry and search of
		* Vent, Enter, Isolate, Search		* Performing operational readiness		* Radio communications		residential structure fire
		* Victim rescue from window		check on a chainsaw		* Air monitoring		* Vertical ventilation of residential
		* Rescuing bariatric victim		* Vertical ventilation		* Telephone communication		and commercial structure fires
				* Horizontal ventilation		* Clean and inspect ladder		* VEIS and victim rescue
				* Hydraulic ventilation		* Exterior ventilation / tool carry		* Horizontal ventilation with power
						* Vent, Enter, Isolate, Search		fans
						* Vertical ventilation		
						* Victim rescue from window		
AFTERNOON SESSION						* Roof ladder deployment		
						* Primary search / restricted space		
						* Forcible entry / horizontal vent		
						* Portable fire extinguisher	1400	Section 1 Review
						* Knot tying	1500	EXAM : Section 1
						* Tool hoist		
HW / QUIZ			Quiz # 28 (4/7 - 4/12)					



Recruit Class # 18 Schedule

Week # 22
April 13, 2026

to

April 16, 2026

	Monday		Tuesday		Wednesday		Thursday	
	April 13, 2026		April 14, 2026		April 15, 2026		April 16, 2026	
INSTRUCTOR(S)								
LOCATION	Winchester / Frederick County Training Center		Winchester / Frederick County Training Center		Winchester / Frederick County Training Center		Winchester / Frederick County Training Center	
MORNING SESSION	0900	LECTURE : Water Supply	0900	LECTURE (cont): Supply and Attack	0900	PRACTICAL : Fire hose, Appliances,	0900	PRACTICAL : Fire Suppression,
	1100	LECTURE : Fire hose, Appliances,		Line Evolutions		and Nozzles, Water Supply		Supply and Attack Line Evolutions
		and Nozzles	1030	LECTURE : Fire Suppression		* Hose loads on apparatus		* Fire Attack (Direct, Indirect, and
						(Minuteman, flat load, triple layer)		Transitional)
						* Hose drags and carries		* Extinguishing an outside Class A
						(Single and group)		fire
						* Connecting to a hydrant		* Deck gun operation
						* Connecting a hose to supply FDC		* Extinguishing an indoor Class A
						* Setting up a portable tank		fire
						* Replacing a burst hose section		* Operating a large diameter attack
AFTERNOON SESSION	1300	Cont. LECTURE : Fire hose,	1400	PRACTICAL : Fire hose, Appliances,				hose line
		Appliances, and Nozzles		and Nozzles				* Extinguishing a vehicle fire
	1400	LECTURE : Supply and Attack Line		* One firefighter coupling /				* Operating a fire hose from a
		Evolutions		uncoupling hose				ladder fire
				* Two firefighters coupling /				
				uncoupling hose				
				* Hose rolls				
				* Hose drags and carries				
HW / QUIZ							Quiz # 28 (4/16 - 4/19)	

All classes start at 0700 and end at 1700, unless otherwise listed



Recruit Class # 18 Schedule

Week # 23
April 20, 2026

to

April 23, 2026

	Monday		Tuesday		Wednesday		Thursday	
	April 20, 2026		April 21, 2026		April 22, 2026		April 23, 2026	
INSTRUCTOR(S)								
LOCATION	Shenandoah County Fire Training Center		Shenandoah County Fire Training Center		Winchester / Frederick County Training Center		Winchester / Frederick County Training Center	
MORNING SESSION	0800	PRACTICAL : Supply and Attack Line Evolutions * Hoseline deployment to 1st, and 2nd floors	0800	PRACTICAL : Supply and Attack Line Evolutions * Hoseline deployment to 1st, 2nd, and 3rd floors * Connecting to a standpipe	0900	EVALUATIONS : Fire Suppression, Supply and Attack Line Evolutions * Hose load (Minuteman, flat loads) * Hose line deployment and advancement * Connect to a hydrant * Setting up a portable tank * Deck gun operation * Interior fire attack * Extending a hose line * Exterior Class A fire attack * Extinguishing a vehicle fire * Clean and inspect fire hose * Replacing burst fire hose * Operating a fire hose from a ladder	0900	EVALUATIONS : Section 2 * Residential structure fire response (NO FIRE)
AFTERNOON SESSION					1600	Section 2 Review		
HW / QUIZ								



Recruit Class # 18 Schedule

Week # 24 to April 30, 2026

Monday April 27, 2026		Tuesday April 28, 2026		Wednesday April 29, 2026		Thursday April 30, 2026	
						County Holiday - Apple Blossom	
INSTRUCTOR(S)							
LOCATION							
MORNING SESSION	0900	LECTURE : Firefighter Survival	0900	LECTURE : Wildland Ground Cover	0900	EVALUATIONS : Section 3	
	1030	LECTURE : Salvage and Overhaul		Fires		* Covering furniture	
			1300	PRACTICAL : Salvage and Overhaul,		* Water control and removal	
				Wildland Ground Cover Fires,		* Fire origin protection	
				Firefighter Survival		* Sprinkler system control	
				* Generator inspection and		* Rescue of downed firefighter	
				operation		* Alternate exit of disoriented	
				* Sprinkler head control		firefighter	
				* Water chute and catch - all		* Hose / guideline exit of disoriented	
				* Two firefighters salvage cover fold		firefighter	
AFTERNOON SESSION	1300	Cont. LECTURE : Salvage and		* Pulling a ceiling with a pike pole		* Operating power supply and	
		Overhaul		* Safely using a fire shelter		deploying scene lighting	
	1400	LECTURE : Firefighter Rehabilitation		* Suppressing a ground cover fire	1400	* Overhaul of structure fire	
				* Self - survival techniques	1500	* Utility control of structure	
				* Rescue of a downed firefighter		* Ground cover fire control	
				* Survival - alternate exit			
				* Survival - hose / guideline exit			
HW / QUIZ	Quiz # 29 (4/27 - 5/3)		Quiz # 30 (4/28 - 5/3)				



Recruit Class # 18 Schedule

Week # 25
May 4, 2026 to May 7, 2026

	Monday		Tuesday		Wednesday		Thursday	
	May 4, 2026		May 5, 2026		May 6, 2026		May 7, 2026	
	NO GYM		NO GYM					
INSTRUCTOR(S)								
LOCATION	Winchester / Frederick County Training Center		Winchester / Frederick County Training Center		Winchester / Frederick County Training Center		Winchester / Frederick County Training Center	
MORNING SESSION	0800	EVALUATION : Residential Structure	0800	EVALUATION : Residential Structure	0900	EVALUATION : VDFP Firefighter I	0900	EVALUATION : VDFP Firefighter I
		Fire		Fire		Skills		Skills
		* Single fire / 1st Floor		* Multistory residential structure		* SCBA inspection		* Primary search - restricted space
		* Search and rescue of building		fire, single fire on each floor		* Radio communications		* Forcible entry - horizontal vent
		* Ladder deployment of building		* Search and rescue of building		* Telephone communications		* Ground cover fire control
	IC			* Ladder deployment of building		* Salvage and cover furniture		* Portable fire extinguisher
	1403		IC			* Water chute and removal		* Air monitoring
	ESO		1403			* Knot tying and tool hoist		* Extending a hose line
	ISO 1		ESO			* Exterior ventilation / tool carry		* Interior fire attack
	ISO 2		ISO 1			* Utility control		* Connecting to a hydrant
AFTERNOON SESSION	IG 1 - 1		ISO 2			* Operate generator and lighting		* Field reduction of PPE
	IG 1 - 2		IG 1 - 1			* Overhaul		contaminants
	IG 2 - 1		IG 1 - 2					
	IG 2 - 2		IG 2 - 1					
	DPO A		IG 2 - 2					
	DPO S		DPO A					
	TL 1		DPO S					
	TL 2		TL 1					
	TL 3		TL 2					
	TL 4		TL 3					
HW / QUIZ	TL 5		TL 4					
	TL 6		TL 5					
	TL 7		TL 6					
	TL 8		TL 7					
	TL 9		TL 8					
	TL 10		TL 9					
	Medical		TL 10					
			Medical					



Recruit Class # 18 Schedule

Week # 26
May 11, 2026 to May 14, 2026

	Monday		Tuesday		Wednesday		Thursday	
	May 11, 2026		May 12, 2026		May 13, 2026		May 14, 2026	
INSTRUCTOR(S)					NO GYM			
LOCATION	Winchester / Frederick County Training Center		Winchester / Frederick County Training Center		Winchester / Frederick County Training Center		Winchester / Frederick County Training Center	
MORNING SESSION	0900	EVALUATION : VDFP Firefighter I Skills	0900	EVALUATION : VDFP Firefighter I Skills	0800	EXAM : VDFP Firefighter I Course	0900	PRACTICAL : Establishing and Transferring Command
		* Rescue downed firefighter		* Exterior Class A fire extinguish			1100	LECTURE : Advanced Fire Suppression
		* Firefighter survival - alternate exit		* Portable water tank setup				
		* Firefighter survival - hoseline exit		* Vehicle fire				
		* Fire origin protection		* Clean / inspect hose				
		* Sprinkler control		* Clean / inspect ladder				
		* Operate hose line from ladder		* Vent - Enter - Isolate - Search				
				* Vertical ventilation				
				* Rescue civilian				
				* Roof ladder deployment				
AFTERNOON SESSION	1500	REVIEW : Firefighter I Curriculum	1500	EXAM : Firefighter I	1400	LECTURE : Establishing and Transferring Command	1300	Cont. LECTURE : Advanced Fire Suppression
					1600	PRACTICAL : Incident Documentation	1500	LECTURE : Vehicle Extrication
HW / QUIZ							Quiz # 31 (5/14 - 5/17)	



Recruit Class # 18 Schedule



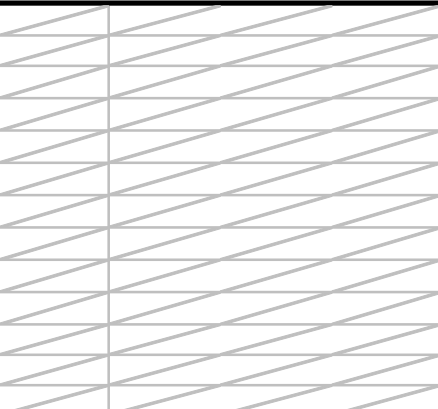
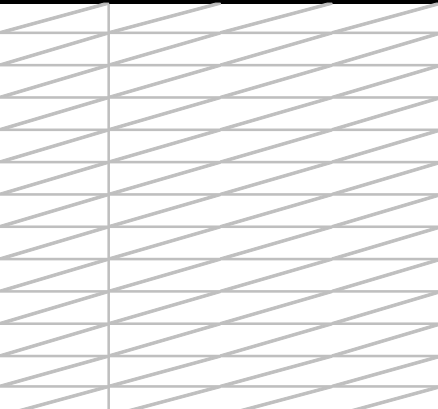
Week # 27
May 18, 2026 to May 21, 2026

	Monday		Tuesday		Wednesday		Thursday	
	May 18, 2026		May 19, 2026		May 20, 2026		May 21, 2026	
					NO GYM		NO GYM	
INSTRUCTOR(S)								
LOCATION	Winchester / Frederick County Training Center		Training Annex		Fire Station # 15 - Round Hill Fire and Rescue		Fire Station # 15 - Round Hill Fire and Rescue	
MORNING SESSION	0900	LECTURE (cont).: Vehicle Extrication	0900	LECTURE : Assisting Special Teams	0700	HTR Low Angle Rescue Course	0700	HTR Low Angle Rescue Course
	1100	PRACTICAL : Advanced Fire Suppression	1100	LECTURE : Swift Water Rescue Awareness				
		* Suppressing flammable gas cylinder fire						
		* Using firefighting foam						
		* Knot review						
AFTERNOON SESSION			1300	PRACTICAL : Swift Water Rescue Awareness				
HW / QUIZ	Quiz # 32 (5/18 - 5/24)		Quiz # 33 (5/19 - 5/24)					



Recruit Class # 18 Schedule

Week # 28
May 25, 2026 to May 28, 2026

		Monday		Tuesday		Wednesday		Thursday	
		May 25, 2026		May 26, 2026		May 27, 2026		May 28, 2026	
		County Holiday - Memorial Day		NO GYM		NO GYM			
INSTRUCTOR(S)			TTPUP Staff		TTPUP Staff				
									LOCATION
MORNING SESSION			0700	HTR Passenger Vehicle Extrication	0700	HTR Passenger Vehicle Extrication	0900	LECTURE : Fire Detection, Suppression and Smoke Control Systems	
AFTERNOON SESSION							1300	LECTURE : Fire and Life Safety Initiatives	
HW/ QUIZ							Quiz # 34 (5/19 - 5/24)		



Recruit Class # 18 Schedule

Week # 29
June 1, 2026 to June 4, 2026

	Monday		Tuesday		Wednesday		Thursday	
	June 1, 2026		June 2, 2026		June 3, 2026		June 4, 2026	
			NO GYM		NO GYM		NO GYM	
INSTRUCTOR(S)								
LOCATION	Training Annex		Winchester / Frederick County Training Center		Winchester / Frederick County Training Center			
MORNING SESSION	0900	LECTURE : Fire Origin and Cause	0800	EVALUATION : Residential Structure Fire	0800	EVALUATION : Residential Structure Fire	0700	EVALUATION : VDFP Firefighter II Skills
				* Multistory residential structure fire, single fire on each floor		* Multistory residential structure fire, single fire on each floor		* Assume / transfer command
				* Differed entrance to side C		* Basement fire, entry using stairs on side B		* Ignitable liquid fires
				* Search and rescue of building		* Search and rescue of building		* Coordinated fire attack
				* Ladder deployment of building		* Ladder deployment of building		* Flammable gas fire
			IC					* Protecting evidence
			1403		IC			* Vehicle extrication
			ESO		1403			* Home fire safety survey
			ISO 1		ESO			* Life safety education
			ISO 2		ISO 1			* Pre-incident survey
AFTERNOON SESSION	1300	PRACTICAL : Fire Detection, Suppression and Smoke Control Systems, Fire and Life Safety Initiatives	IG 1 - 1		ISO 2			* Power tool / generator use
		* Fire alarm panel review	IG 1 - 2		IG 1 - 1			* Fire hose service testing
		* Public education presentation	IG 2 - 1		IG 1 - 2		1500	* Incident report
		* Protecting evidence	IG 2 - 2		IG 2 - 1			EXAM : Firefighter II Course
		* Home fire safety survey	DPO A		IG 2 - 2			
		* Pre-incident survey	DPO S		DPO A			
	1600	REVIEW : Firefighter II Course	TL 1		DPO S			
			TL 2		TL 1			
			TL 3		TL 2			
			TL 4		TL 3			
HW / QUIZ	Quiz # 35 (6/1 - 6/7)		TL 5		TL 4			
			TL 6		TL 5			
			TL 7		TL 6			
			TL 8		TL 7			
			TL 9		TL 8			
			TL 10		TL 9			
			Medical		TL 10			

All classes start at 0700 and end at 1700, unless otherwise listed



Recruit Class # 18 Schedule


Week #

30

June 8, 2026

to

June 11, 2026


	Monday		Tuesday		Wednesday		Thursday	
	June 8, 2026		June 9, 2026		June 10, 2026		June 11, 2026	
	NO GYM		NO GYM		NO GYM		NO GYM	
INSTRUCTOR(S)								
LOCATION	Winchester / Frederick County Training Center		Winchester / Frederick County Training Center		Winchester / Frederick County Training Center		Winchester / Frederick County Training Center	
MORNING SESSION	0800	EXAM : VDFP Firefighter II Course	0700	LECTURE : VDFP Firefighter Survival and Rescue	0700	PRACTICAL : VDFP Firefighter Survival and Rescue	0700	PRACTICAL : VDFP Firefighter Survival and Rescue
			0900	PRACTICAL : VDFP Firefighter Survival and Rescue		(2 groups - 2 hours per rotation) * Rescue firefighter from a hole in the floor, Rescue firefighter trapped in a floor		(2 groups - 2 hours per rotation) * Rescue firefighter from a hole in the floor, Rescue firefighter trapped in a floor
				* Calling a Mayday		* Rescue a downed firefighter from 1st and 2nd floor windows		* Rescue a downed firefighter from 1st and 2nd floor windows
				* Review of SCBA functions and air emergencies with RIT pack				
				* Downed firefighter assessment and packaging, drags (3 groups - 1 hour per rotation)				
				* Ladder bail				
				* Basement prop				
				* Stair movements				
AFTERNOON SESSION	1400	Lord Fairfax EMS Council BLS Protocols Class	1300	(3 groups - 1 hour per rotation) * Rope bails (rope and department issued equipment)	1200	(2 groups - 1 hour per rotation) * Aerial Rescue	1200	(2 groups - 1 hour per rotation) * Aerial Rescue
	1600	EMS Skills Review		* Hose bail and Window hang		* Firefighter CPR review		* Firefighter CPR review
		* Airway Management		* Room orientation, Search line - Tagline movement)	1500	(2 groups - 1 hour per rotation) * Disorientation drill	1500	(2 groups - 1 hour per rotation) * Disorientation drill
		* CPR / LUCAS Skills				* Air emergencies drill		* Air emergencies drill
		* Patient Assessment	1600	Protective Task, Air Emergencies				
		* Medication Review						
HW / QUIZ								

All classes start at 0700 and end at 1700, unless otherwise listed



Recruit Class # 18 Schedule

Week # 31
June 15, 2026 to June 18, 2026

	Monday		Tuesday		Wednesday		Thursday	
	June 15, 2026		June 16, 2026		June 17, 2026		June 18, 2026	
	NO GYM		DAY OFF		NO GYM		County Holiday - Juneteenth	
INSTRUCTOR(S)	8 Hour Day				24 Hour Day			
LOCATION	Winchester / Frederick County Training Center				Training Annex			
MORNING SESSION	0700	EVALUATION : Firefighter Survival and Rescue * Scenarios			0700	Day In The Life		
AFTERNOON SESSION								
HW / QUIZ								

All classes start at 0700 and end at 1700, unless otherwise listed

Recruit Class # 18 Schedule

Week # 32
June 22, 2026 to June 25, 2026

	Monday		Tuesday		Wednesday		Thursday	
	June 22, 2026		June 23, 2026		June 24, 2026		June 25, 2026	
INSTRUCTOR(S)								
LOCATION	Training Annex		Training Annex		Training Annex		Training Annex	
MORNING SESSION	0900	ALERRT (Advanced Law Enforcement Rapid Response Training)	0900	Fire Manager Software Training	0900	Mass Casualty Incident Management Level II Course		
			1000	Vector Solutions Check It				
				Software Training / Medication				
			1100	Exchange Policy and Procedure				
				Local 4145 Membership Meeting				
AFTERNOON SESSION			1300	MISSIONSQUARE Information			1200	
							1800	Graduation Ceremony - Recruit Class # 18
HW / QUIZ								

All classes start at 0700 and end at 1700, unless otherwise listed