



Recruit Class # 18 Schedule

Week # 1
November 17, 2025

to

November 20, 2025

	Monday		Tuesday		Wednesday		Thursday	
	November 17, 2025		November 18, 2025		November 19, 2025		November 20, 2025	
INSTRUCTOR(S)								
LOCATION	Training Annex		FASST Performance Training		Training Annex		Training Annex	
MORNING SESSION	0700	Meet the Training Staff	0700	Physical Fitness Expectatons /	0700	Station Tours	0700	Station Tours
	0900	HR Orientation & Benefits Meeting		Measurements and Group Activities				
AFTERNOON SESSION	1300	Fire and Rescue Staff Welcome	1300	Administrative Matters			1400	EMT Course Registration (Whitacre)
	1400	Recruit Class Overview /					1430	Competency and Clinical Rotations
		Distribution of Course Materials						Documentation Training (Whitacre)
							1530	N-95 Fit Testing (Price)
HW / QUIZ								

All classes start at 0700 and end at 1700, unless otherwise listed




Recruit Class # 18 Schedule

Week # 2
November 24, 2025

to

November 27, 2025

	Monday		Tuesday		Wednesday		Thursday	
	November 24, 2025		November 25, 2025		November 26, 2025		November 27, 2025	
			NO GYM		County Holiday - Thanksgiving			
INSTRUCTOR(S)								
LOCATION	Training Annex							
MORNING SESSION	0900	American Heart Association - BLS Providers Course (All Instructors)	0800	Turkey Run				
AFTERNOON SESSION			1400	LECTURE : EMS Systems				
			1500	LECTURE : Transportation Operations				
HW / QUIZ								



Recruit Class # 18 Schedule

Week # 3
December 1, 2025

to

December 4, 2025


	Monday		Tuesday		Wednesday		Thursday	
	December 1, 2025		December 2, 2025		December 3, 2025		December 4, 2025	
INSTRUCTOR(S)								
LOCATION	Training Annex		Training Annex		Training Annex		Winchester / Frederick County Training Center	
MORNING SESSION	0900	LECTURE : Wortforce Safety and Wellness, Infection Control Policy and Procedures	0900	LECTURE : Human Anatomy and Physiology	0900	LECTURE : Life Span Development	0900	PRACTICAL : Lifting and Moving Patients
					1000	LECTURE : Medical, Legal and Ethical Issues of EMS		* Using a patient stretcher
	1030	PRACTICAL : Infection Control * Donning / Doffing Gloves and Handwashing						* Performing the extremity carry
	1100	LECTURE : Communications and Documentation						* Positioning an unconscious patient on the floor
								* Restraining a patient
								* Transferring patient to the hospital stretcher
								* Immobilizing a patinet to a long backboard
								* Rapidly extricating a patient and immobiizing them a long backboard
								* Urgent and emergency moves
								* Operating loading system of ambulance
AFTERNOON SESSION	1300	Cont. LECTURE : Communications and Documentation	1300	Cont. LECTURE : Human Anatomy and Physiology	1300	LECTURE : A Team Approach to Healthcare		
	1430	PRACTICAL : Communications and Documentation * Using a mobile radio * Report to medical staff at receiving facility * Report to an ALS provider * Written Patient Care Report	1500	LAB : Physiology of Heart and Lungs	1430	LECTURE : Patients with Special Challenges		
					1530	LECTURE : Lifting and Moving Patients		
HW / QUIZ								

All classes start at 0700 and end at 1700, unless otherwise listed



Recruit Class # 18 Schedule

Week # 4
December 8, 2025 to December 11, 2025

		Monday December 8, 2025		Tuesday December 9, 2025		Thursday December 11, 2025		Friday December 12, 2025	
INSTRUCTOR(S)									
LOCATION		Training Annex		Training Annex		Training Annex		Training Annex	
MORNING SESSION		0900	MODULE EXAM : Preparatory	0900	EVALUATIONS : Airway Management,	0900	LECTURE : Patient Assessment -	0900	LECTURE : ImageTrend Incident
		1000	LECTURE / PRACTICAL : Airway Management		Lifting and Moving Patients		Primary Assessment, Vital Signs Assessment		Documentation Software
			* Opening the airway (head - tilt / chin lift and modified jaw thrust)					1100	LECTURE : Patient Assessment -
			* Inserting an oral airway					Secondary Assessment and	
			* Inserting a nasal airway					Reassessment	
			* Inserting an i-Gel supraglottic airway						
			* Suctioning the patient's airway						
			* Performing ventilations using a bag - valve mask						
			* Managing the airway of a child						
			* Setting up an oxygen cylinder and placing a patient on oxygen	1300	LECTURE : Patient Assessment - Station to Scene				
AFTERNOON SESSION								1300	PRACTICAL : Patient Assessment
									* Performing a secondary
									assessment on a medical patient
									(conscious and unconscious)
									* Performing a secondary
									assessment on a trauma patient
									(conscious and unconscious)
									* Performing a reassessment on a
									medical patient (critical and non -
									critical)
							* Performing a reassessment on a		
							trauma patient (critical and non -		
							critical)		
HW / QUIZ									



Recruit Class # 18 Schedule

Week # 5
December 15, 2025

to

December 18, 2025

	Monday		Tuesday		Wednesday		Thursday	
	December 15, 2025		December 16, 2025		December 17, 2025		December 18, 2025	
					GROUP A : STATIONS / GROUP B : GYM		GROUP A : STATIONS / GROUP B : GYM	
INSTRUCTOR(S)								
LOCATION	Training Annex		Training Annex		Training Annex		Training Annex	
MORNING SESSION	0900	PRACTICAL : Medical Patient Assessment	0900	PRACTICAL : Trauma Patient Assessment	0900	LECTURE : Shock Management	0900	MODULE EXAM : Airway
					1100	PRACTICAL : Medical and Trauma Patient Assessment		Management, Patient Assessment
								EVALUATIONS :
								* Airway Management
								* Lifting and Moving Patients
								* Communications and
								Documentation
								* CPR Skills
AFTERNOON SESSION								
HW / QUIZ								

All classes start at 0700 and end at 1700, unless otherwise listed




Recruit Class # 18 Schedule

Week # 6
December 22, 2025

to

December 25, 2025

	Monday		Tuesday		Wednesday		Thursday		
	December 22, 2025		December 23, 2025		December 24, 2025		December 25, 2025		
	GROUP A : STATIONS / GROUP B : GYM		GROUP B : STATIONS / GROUP A : GYM		County Holiday - Christmas				
INSTRUCTOR(S)									
LOCATION	Training Annex		Training Annex						
MORNING SESSION	0900	EVALUATION : Patient Assessment	0900	LECTURE : Shock Management					
		* Medical Patients		1100					PRACTICAL : Medical and Trauma Patient Assessment
		* Trauma Patients							
AFTERNOON SESSION	1300	LECTURE / PRACTICAL : Principles of Pharmacology							
		* Metered dose inhaler							
		* Nebulized medication							
		* Nitroglycerin tablets / paste							
		* Baby aspirin							
		* Oral glucose							
		* Glucagon							
		* Zofran							
		* Epi - Pen							
		* Narcan							
HW / QUIZ									

All classes start at 0700 and end at 1700, unless otherwise listed



Recruit Class # 18 Schedule

Week # 7
December 29, 2025 to January 1, 2026

	Monday		Tuesday		Wednesday		Thursday	
	December 29, 2025		December 30, 2025		December 31, 2025		January 1, 2026	
	GROUP B : STATIONS / GROUP A : GYM		GROUP B : STATIONS / GROUP A : GYM		12 Hour Day		County Holiday - New Year's Day	
INSTRUCTOR(S)								
LOCATION	Training Annex		Training Annex		Training Annex			
MORNING SESSION	0900	MODULE EXAM : Airway Management, Patient Assessment	0900	EVALUATION : Patient Assessment	0900	LECTURE : Medical Emergencies Overview		
		EVALUATIONS :		* Medical Patients	1030	LECTURE : Respiratory Emergencies		
		* Airway Management		* Trauma Patients				
		* Lifting and Moving Patients						
		* Communications and Documentation						
		* CPR Skills						
AFTERNOON SESSION			1300	LECTURE / PRACTICAL : Principles of Pharmacology	1300	Cont. LECTURE : Respiratory Emergencies		
				* Metered dose inhaler	1400	LECTURE : Cardiovascular Emergencies		
				* Nebulized medication				
				* Nitroglycerin tablets / paste				
				* Baby aspirin				
				* Oral glucose				
				* Glucagon				
				* Zofran				
				* Epi - Pen				
				* Narcan				
HW / QUIZ								

All classes start at 0700 and end at 1700, unless otherwise listed