



Recruit Class # 18 Schedule

Week # 1
November 17, 2025 to November 20, 2025

	Monday	Tuesday	Wednesday	Thursday
INSTRUCTOR(S)	November 17, 2025	November 18, 2025	November 19, 2025	November 20, 2025
LOCATION	Training Annex	FASST Performance Training	Training Annex	Training Annex
MORNING SESSION	0700 Meet the Training Staff 0900 HR Orientation & Benefits Meeting	0700 Physical Fitness Expectations / Measurements and Group Activities	0700 Station Tours	0700 Station Tours
AFTERNOON SESSION	1300 Fire and Rescue Staff Welcome 1400 Recruit Class Overview / Distribution of Course Materials	1300 Administrative Matters		1400 EMT Course Registration (Whitacre) 1430 Competency and Clinical Rotations Documentation Training (Whitacre) 1530 N-95 Fit Testing (Price)
HW / QUIZ				



Recruit Class # 18 Schedule

Week # 2
November 24, 2025 to November 27, 2025

	Monday November 24, 2025	Tuesday November 25, 2025	Wednesday November 26, 2025	Thursday November 27, 2025
INSTRUCTOR(S)		NO GYM		County Holiday - Thanksgiving
LOCATION	Training Annex			
MORNING SESSION	0900 American Heart Association - BLS Providers Course (All Instructors)	0800 Turkey Run		
AFTERNOON SESSION		1400 LECTURE : EMS Systems 1500 LECTURE : Transportation Operations		
HW / QUIZ				



Recruit Class # 18 Schedule

Week # 3
December 1, 2025 to December 4, 2025

INSTRUCTOR(S)	Monday	Tuesday	Wednesday	Thursday
	December 1, 2025	December 2, 2025	December 3, 2025	December 4, 2025
LOCATION	Training Annex	Training Annex	Training Annex	Winchester / Frederick County Training Center
MORNING SESSION	0900 LECTURE : Worforce Safety and Wellness, Infection Control Policy and Procedures	0900 LECTURE : Human Anatomy and Physiology	0900 LECTURE : Life Span Development 1000 LECTURE : Medical, Legal and Ethical Issues of EMS	0900 PRACTICAL : Lifting and Moving Patients * Using a patient stretcher * Performing the extremity carry * Positioning an unconscious patient on the floor * Restraining a patient * Transferring patient to the hospital stretcher * Immobilizing a patinet to a long backboard * Rapidly extricating a patient and immobilizing them a long backboard
	1030 PRACTICAL : Infection Control * Donning / Doffing Gloves and Handwashing			
	1100 LECTURE : Communications and Documentation			
AFTERNOON SESSION	1300 Cont. LECTURE : Communications and Documentation	1300 Cont. LECTURE : Human Anatomy and Physiology	1300 LECTURE : A Team Approach to Healthcare	* Urgent and emergency moves * Operating loading system of ambulance
	1430 PRACTICAL : Communications and Documentation * Using a mobile radio * Report to medical staff at receiving facility * Report to an ALS provider * Written Patient Care Report	1500 LAB : Physiology of Heart and Lungs	1430 LECTURE : Patients with Special Challenges 1530 LECTURE : Lifting and Moving Patients	
	1530 LECTURE: Medical Terminology			
HW / QUIZ				



Recruit Class # 18 Schedule

Week # 4
 December 8, 2025 to December 11, 2025

	Monday	Tuesday	Wednesday	Thursday	Friday
INSTRUCTOR(S)					
LOCATION	Training Annex	Training Annex		Training Annex	Training Annex
MORNING SESSION	0900 MODULE EXAM : Preparatory 1000 LECTURE / PRACTICAL : Airway Management Management * Opening the airway (head - tilt / chin lift and modified jaw thrust) * Inserting an oral airway * Inserting a nasal airway * Inserting an i-Gel supraglottic airway * Suctioning the patient's airway * Performing ventilations using a bag - valve mask * Managing the airway of a child * Setting up an oxygen cylinder and placing a patient on oxygen	0900 EVALUATIONS : Airway Management, Lifting and Moving Patients	Wednesday December 10, 2025 DAY OFF	0900 LECTURE : Patient Assessment - Primary Assessment, Vital Signs Assessment 1030 PRACTICAL : Patient Assessment * Obtaining a Blood Pressure using a stethoscope (Auscultation method) or by palpating a pulse (Palpation method) * Obtaining a patient's pulse and respiratory rate * Checking a patient's pupils * Performing pulse oximetry * Performing capnography * Assess blood glucose level * Performing primary assessment	0900 LECTURE : ImageTrend Incident Documentation Software 1100 LECTURE : Patient Assessment - Secondary Assessment and Reassessment 1300 PRACTICAL : Patient Assessment * Performing a secondary assessment on a medical patient (conscious and unconscious) * Performing a secondary assessment on a trauma patient (conscious and unconscious) * Performing a reassessment on a medical patient (critical and non-critical) * Performing a reassessment on a trauma patient (critical and non-critical)
AFTERNOON SESSION		1300 LECTURE : Patient Assessment - Station to Scene			
HW / QUIZ					



Recruit Class # 18 Schedule

Week # 5
December 15, 2025 to December 18, 2025

	Monday	Tuesday	Wednesday	Thursday
INSTRUCTOR(S)	December 15, 2025	December 16, 2025	December 17, 2025	December 18, 2025
LOCATION	Training Annex		Training Annex	
MORNING SESSION	0900 PRACTICAL : Medical Patient Assessment	0900 PRACTICAL : Trauma Patient Assessment	0900 LECTURE : Shock Management 1100 PRACTICAL : Medical and Trauma Patient Assessment	0900 MODULE EXAM : Airway Management, Patient Assessment EVALUATIONS : * Airway Management * Lifting and Moving Patients * Communications and Documentation * CPR Skills
AFTERNOON SESSION				
HW / QUIZ				



Recruit Class # 18 Schedule

Week # 6
 December 22, 2025 to December 25, 2025

	Monday	Tuesday	Wednesday	Thursday
INSTRUCTOR(S)	December 22, 2025 GROUP A : STATIONS / GROUP B : GYM	December 23, 2025 GROUP B : STATIONS / GROUP A : GYM	December 24, 2025 County Holiday - Christmas	December 25, 2025
LOCATION	Training Annex			
MORNING SESSION	0900 EVALUATION : Patient Assessment * Medical Patients * Trauma Patients	0900 LECTURE : Shock Management 1100 PRACTICAL : Medical and Trauma Patient Assessment		
AFTERNOON SESSION	1300 LECTURE / PRACTICAL : Principles of Pharmacology * Metered dose inhaler * Nebulized medication * Nitroglycerin tablets / paste * Baby aspirin * Oral glucose * Glucagon * Zofran * Epi - Pen * Narcan			
HW / QUIZ				



Recruit Class # 18 Schedule

Week # 7
 December 29, 2025 to January 1, 2026

	Monday	Tuesday	Wednesday	Thursday
INSTRUCTOR(S)	December 29, 2025 GROUP B : STATIONS / GROUP A : GYM	December 30, 2025 GROUP B : STATIONS / GROUP A : GYM	December 31, 2025 12 Hour Day	January 1, 2026 County Holiday - New Year's Day
LOCATION	Training Annex			
MORNING SESSION	0900 MODULE EXAM : Airway Management, Patient Assessment EVALUATIONS : * Airway Management * Lifting and Moving Patients * Communications and Documentation * CPR Skills	0900 EVALUATION : Patient Assessment * Medical Patients * Trauma Patients	0900 LECTURE : Medical Emergencies Overview 1030 LECTURE : Respiratory Emergencies	
AFTERNOON SESSION		1300 LECTURE / PRACTICAL : Principles of Pharmacology * Metered dose inhaler * Nebulized medication * Nitroglycerin tablets / paste * Baby aspirin * Oral glucose * Glucagon * Zofran * Epi - Pen * Narcan	1300 Cont. LECTURE : Respiratory Emergencies 1400 LECTURE : Cardiovascular Emergencies	
HW / QUIZ				

All classes start at 0700 and end at 1700, unless otherwise listed