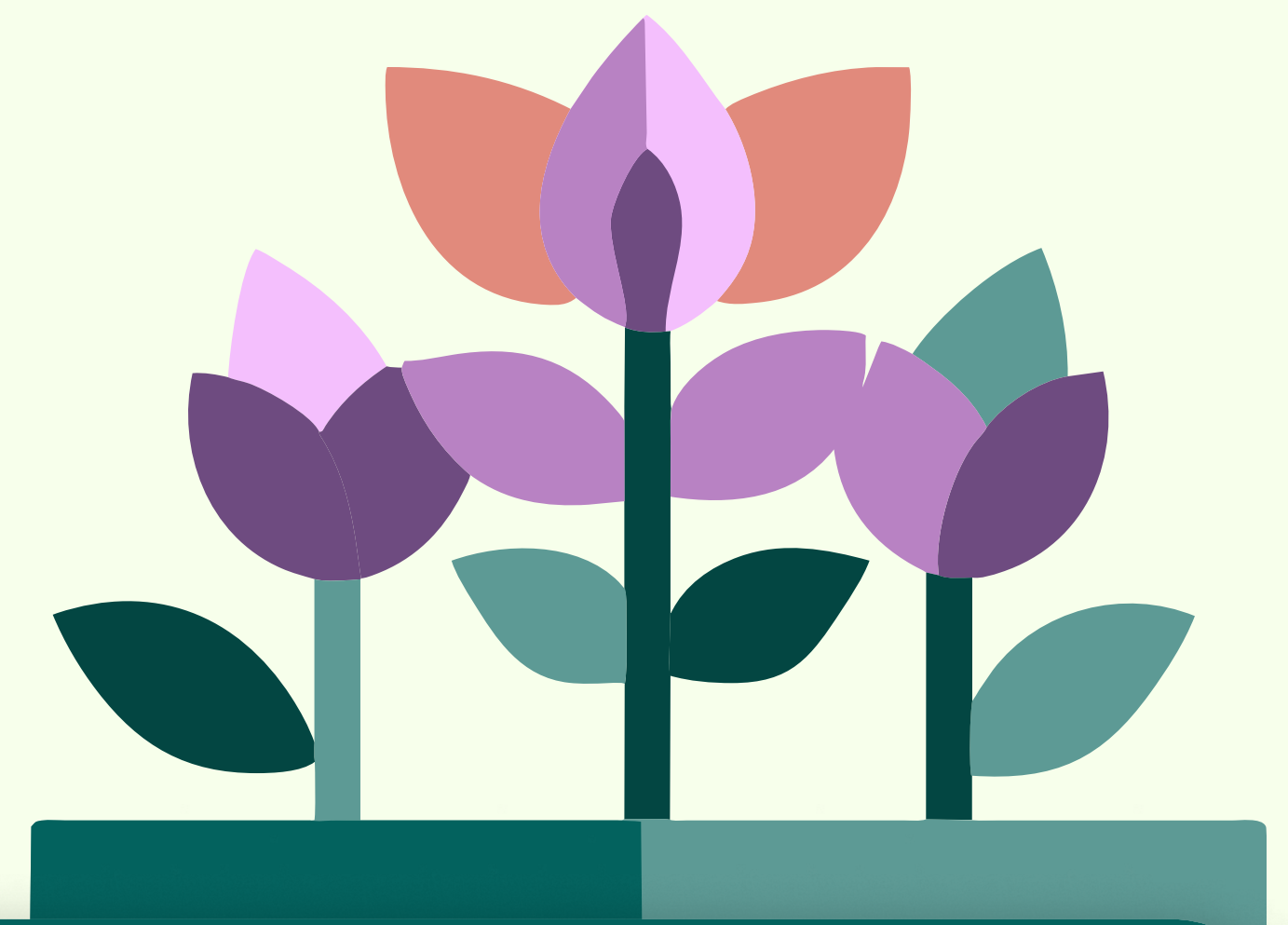


Who We Serve

Youth and caregivers impacted by the child welfare system – anyone eligible for services through CSA funding. May include those in foster care, kinship placements, or families with active safety plans.



Service	Description
Care Advocacy	Helping youth and caregivers navigate systems and coordinate services. Our role is to reduce gaps, not duplicate case management.
Individual Therapy	Virtual sessions (30 or 60 minutes) for youth with licensed providers who understand child welfare.
Caregiver Support	Psychoeducation for foster, kin, and birth caregivers centered around trauma responses, stress management, and sustainable caregiving.

Example: Plan In Action

Jordan, 13, recently moved in with his aunt after a disrupted placement. He's anxious, avoids school, and has frequent outbursts. His aunt feels unprepared.

- **Initial Intake:** Clinician assesses trauma history and placement/school dynamics.
- **Individual Therapy (5x/month):** Focus on emotional regulation and uses measurement based care.
- **Youth & Caregiver Sessions (3x/month):** Build communication and co-regulation; includes psychoeducation.
- **Caregiver Support (2x/month):** Clinician mentors caregiver on trauma-informed strategies and education.
- **Care Advocate (4x/month):** Helps with tech, meetings, and external healthcare coordination.

How To Refer Cases To Here Now

[Click Here To Initiate Services With Us](#)

- Submit our [online form](#) with the information you know
- Obtain a Purchase of Services Order (PSO) with a standard treatment plan
A signed PSO is required before services can begin.
Exception: In emergencies, services may begin with written CSA approval.

That's it. We'll handle intake, scheduling, coordination, and communication with the family. We can also provide updates or data as needed to support case planning.

