

UNITED METHODIST FAMILY SERVICES

SERVICE DESCRIPTIONS

FY 2025-2026

Treatment Foster Care

UMFS Service Name	Description	CSA Standardized Categories
Pre-Placement	Pre-placement is used to determine the appropriateness of a potential TFC placement.	Other
Respite	Respite is utilized when a child needs temporary care away from the foster family. This can be day or overnight.	Respite
Assessment Level Assessment Level- Private FC Care Support, Supervision and Administration	Children served at the assessment level of treatment foster care are those who are newly placed with a licensed child placing agency and for whom an assessment to determine the appropriate level of foster care services is being conducted. This level is required from a minimum of 1 to a maximum of 60 days Visits: Weekly with a minimum of 2 visits in the home	Treatment Foster Care Case Management Maintenance- Basic and Enhanced
Level I Level 1: Private FC Support, Supervision and Administration	Clients display a mild level of medical, social, behavioral, emotional, and personal care needs. Client displays impairment for normal range of age and development, such as but not limited to, depression, anxiety, impulsivity, hyperactivity, anger control, adjustment to trauma, oppositional, substance use, eating disorder, physical health condition, developmental delay, or intellectual delay.	Treatment Foster Care Case Management Maintenance- Basic and Enhanced

	<p>The child requires services to maintain stability in their current setting</p> <p>The client is seen no less than twice a month; at least one of the visits occurs in the foster home.</p>	
<p>Level II</p> <p>Level 2: Private FC Support, Supervision and Administration</p>	<p>Clients display moderate levels of medical, social, behavioral, emotional, and personal care needs.</p> <p>Clients display impairment outside of normal range of age and development, such as but not limited to, depression, anxiety, impulsivity, hyperactivity, anger control, adjustment to trauma, oppositional, substance use, eating disorder, physical health condition, developmental delay, or intellectual delay.</p> <p>The client requires active interventions, services, and support, to address, remedy or ameliorate medical, social, behavioral, emotional, and/or personal care needs.</p> <p>The client is seen no less than three times per month; at least two of the visits occur in the foster home.</p> <p>Level II: weekly face to face contact with at least two visits in the home</p>	<p>Treatment Foster Care Case Management</p> <p>Maintenance- Basic and Enhanced</p>
<p>Level III</p> <p>Level 3: Private FC Support, Supervision and Administration</p>	<p>Clients display significant level of medical, social, behavioral, emotional, and personal care needs. Clients display significant impairment outside of normal range of age and development, such as but not limited to, depression, anxiety, impulsivity, hyperactivity, anger control, adjustment to trauma, oppositional, substance use, eating disorder, physical health condition, developmental delay, or intellectual delay. Client needs require intense interventions, services, and support, to address, remedy or ameliorate medical, social, behavioral, emotional, and/or personal care needs. Clients may be at risk of residential placement.</p>	<p>Treatment Foster Care Case Management</p> <p>Maintenance- Basic and Enhanced</p>

	Level III: weekly face to face contact with at least two visits in the home	
Non-Treatment	<p>Children served at the non-treatment level of foster care may be developmentally on target, demonstrate age-appropriate behaviors, able to participate in community activities without restriction, or be the sibling of a child who meets the criteria for ongoing TFC placement in the same foster home. Children shall be served at the Non-treatment Foster Care level if the assessment indicates treatment foster care services are not needed.</p> <p>Non-treatment: min of 1 monthly HV.</p>	Treatment Foster Care Case Management Maintenance- Basic and Enhanced

Community Based Services

UMFS Service Name	Description	CSA Standardized Categories
<p>Diligent Search</p> <p><i>(Family Find)</i></p>	<p>Diligent Search is a permanency enhancement intervention provided for children and youth in the child welfare system who have been disconnected from their families due to placement outside of their home, community and kinship network. Based on a national model, Diligent Search provides strategies to identify, locate and engage relatives in establishing permanent life-long connections for these children and youth. A variety of effective and immediate search techniques are utilized to identify no fewer than 40 relatives or meaningful connections for each youth. All identified relatives are invited to participate in a planning meeting to create multiple plans for youth regarding their essential needs for lifelong connections, support and affection. Upon the identification of relative placement options, primary and backup plans will be created. All placement options will be assessed for placement appropriateness to</p>	Other

	include an assessment of the family's strengths, dynamics, needs, safety and risk issues.	
Traditions of Caring and Collaborating – Kinship Family Training	UMFS utilizes CWLA's Traditions of Caring and Collaborating, (A Trauma Informed Model of Practice for Engaging, assessing, and Supporting Kinship Caregiving families) to provide individualized and child specific training and support to prepare kin for placement. Staff will facilitate information and support meetings for kinship caregivers and complete mutual family assessments of the kinship caregiver's willingness, ability and resources to achieve the outcomes of child safety, well-being and permanence.	Other
Community Respite	Community Respite is designed to (1) provide temporary relief to the caretakers and (2) to protect the health, safety and welfare of a child on a short-term basis. Community Respite care will be offered as needed for the provision of temporary respite to primary caregivers for children who are not in full or partial custody of the Department of Social Services (DSS) with the potential aims of reducing family stress, preventing abuse and neglect, and/or supporting family stability.	Respite
Intensive Care Coordination	Intensive Care Coordination (ICC) provides strength-based, family-driven support for youth facing complex emotional, behavioral, or mental health challenges. Using the High-Fidelity Wraparound model, ICC facilitates a 12 to 18 month phased approach, where teams develop individualized care and crisis prevention plans for long-term stability. ICC partners with youth, families, providers, and natural supports to empower families, strengthen support networks, and help youth remain safely at home while building skills for lasting success. A key component of best practice includes the involvement of a Family Support Partner (FSP) to offer lived-experience guidance and advocacy.	Intensive Care Coordination
Family Support Partner	The Family Support Partner is someone with lived experience of having a child with serious behavioral or mental health issues who can use that experience to help other families currently	Other

	<p>receiving community services. The FSP uses their lived experience as a peer to join with and support the parents, be an advocate for the family and assist the family with natural support and resources. FSP's also work as part of the professional team to help the family achieve their goals. The FSP has also received training in his or her role, in community resources, and the wraparound process. FSPs are employees with variable and flexible hours, depending on the needs of the families they serve. FSPs are trained in the High-Fidelity Wraparound model. FSP can be paired with ICC or provided as a stand-alone service.</p>	
Supervised Visitation	<p>This service refers to contact between a non-custodial parent/family member(s) and one or more of his or her children in the presence of a UMFS Worker. The primary responsibility of the visit is to observe interactions and to ensure the safety of all participants. If the UMFS Worker ever feels that they or the child(ren)'s safety or well-being is at risk, the worker will end the visit and take any necessary steps to ensure the safety of the child(ren). The purpose of Supervised Monitored Visitations is to provide a safe environment between the child(ren) and a non-custodial parent/family member(s), without the child(ren) being put in the middle of the parents'/family member(s) conflicts or other difficulties. This service is appropriate for families seeking to maintain family connections and/or reunification.</p>	Family Support Services
Supportive Visitation	<p>This service refers to contact between a non-custodial parent/family member(s) and one or more of his or her children in the presence of a UMFS Worker. The primary responsibility for the visit is to provide a structured, therapeutic environment where the child(ren)/parent/family member(s) are working toward identified treatment goals established by the parent/family member(s), the Department of Social Services, and the UMFS Worker conducting the visit. This type of supervised visitation includes a structured program of feedback, discussion, and education specifically designed to support the</p>	Family Support Services

	<p>parent-child relationship by helping parents improve their parenting skills and abilities. The UMFS Worker will ensure the safety of all participants. If the UMFS Worker ever feels that they or the child(ren)'s safety or well-being is at risk, the worker will end the visit and take any necessary steps to ensure the safety of the child(ren). The purpose of Supportive Visitation is to provide a safe, supportive environment between child(ren) and a non-custodial parent/family member(s) to repair family relationships where damage has occurred, e.g. abuse and neglect, without the child(ren) being put in the middle of the parents'/family member(s) conflicts or other difficulties. This service is appropriate for families seeking to maintain family connections and/or reunification.</p>	
After Hours On-Call Support & Stabilization Service	<ul style="list-style-type: none"> • Provide rapid response to youth and family emergent and urgent issues, including phone support within 30 minutes and same-day or next-day home visits as determined by assessment and family agreement. • Coordinate with local DSS or referring entities when placement concerns arise, or disruption risks emerge. • Implement de-escalation strategies with youth and offer family support and guidance using the collaborative problem-solving framework. • Help families develop or utilize existing safety plans to maintain the youth at home. • Facilitate immediate professional mental health evaluations when youth present danger to themselves or others or is in a mental health crisis that requires an assessment. • Ensure thorough documentation and timely follow-up communication with families and LDSS or referring entities. 	Family Support Services
Permanency & Stability Support Services	<p>Permanency & Stability Support (PSS) is a comprehensive service, based on the Traditions of Caring Model, dedicated to</p>	Family Support Services

	<p>ensuring the permanency, well-being, and safety of children as they adjust to a new home environment or transition. Designed as a proactive support system to help families navigate challenges by providing assessment, education, clinical skill-building, and resource connection. Through personalized guidance, our service equips caregivers with the tools and confidence needed to independently maintain a stable, nurturing home where children can thrive.</p> <p>The population of focus includes youth:</p> <ul style="list-style-type: none"> • 0-18 • Living with a kinship or fictive kin family • Transitioning out of the foster care system, including: <ul style="list-style-type: none"> ○ Adoptive homes ○ Birth family reunification • At-risk of entering foster care <p>Service Scope This includes:</p> <ul style="list-style-type: none"> • Weekly family consultations to offer clinical guidance and support. • Risk and safety assessments to ensure the child's well-being. • Crisis management, to offer immediate support as well as including up to two hours per week of on-call assistance for urgent needs. • Comprehensive family needs assessments focused on stability and permanency. • Individualized service planning tailored to the family's unique needs and goals. • Education on trauma, attachment, and skill-building to help families navigate complex emotional challenges. • Quarterly reassessments to track progress and adjust services as needed. 	
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	<ul style="list-style-type: none"> • Formal written recommendations for continued support and resources. • Transition planning to ensure a smooth discharge and connection to community resources. 	
Collaborative Problem Solving: Parent Educational Groups + Professional Trainings	The Collaborative Problem Solving® approach is an evidence-based method to manage challenging behavior that promotes the understanding that challenging kids lack the skill - not the will - to behave. Specifically, kids lack much-needed skills related to problem-solving, flexibility and frustration tolerance. Unlike traditional models of discipline, the CPS approach avoids the use of power, control and motivational procedures and instead focuses on collaborating with the child/youth/young adult to solve the problems leading to challenging behavior and building the skills they need to succeed. The parent groups help caregivers to learn the CPS approach and effective ways to intervene with challenging issues in a seven-week virtual course. Professional trainings are offered both virtually (over 5 weeks) and in-person (3 days).	Other

Residential Services

UMFS Service Name	Description	CSA Standardized Categories
Child & Family Healing Center	UMFS offers residential services on our Richmond campus to youth aged 11-17years old. We provide individual, family and group therapy. In addition, we provide milieu interventions, behavioral and crisis interventions, psychoeducation groups, recreation therapy groups, medical services, psychiatry services, daily supervision, and additional supplemental therapies as part of our program.	Residential Room and Board Residential Case Management Residential Daily Supervision Residential Supplemental Therapy Residential Medical Counseling

	CFHC has a full time FSP on staff to work with families. A FSP is someone with lived experience of having a child with serious behavioral or mental health issues who can use that experience to help other families currently receiving residential services. The FSP is somebody who has “walked the walk,” and is willing to share his or her journey. The FSP has also received training in his or her role, in community resources, and the wraparound process. FSPs are trained in the High Fidelity Wraparound model. Our FSP provides both group and individual support to families of the youth residing at CFHC	
Charterhouse School (Residential Youth)	UMFS Charterhouse School provides education to all residential youth in General Curriculum and Neurological Differences.	Residential Education

Charterhouse School at UMFS-Private Day School

UMFS Service Name	Description	CSA Standardized Categories
General Curriculum	This program provides educational and therapeutic services for students with an IEP that reflects an educational disability coding of ED, SLD, SLI, or OHI	Private Day School
Neurological Differences	This program provides educational and therapeutic services for students with an IEP that reflects and educational disability coding of ASD or ID.	Private Day School
Elementary Day	This program provides educational and therapeutic services for elementary aged students with an IEP.	Private Day School
Applied Curriculum	This program provides educational and therapeutic services for students with an IEP that have higher support needs; this may include students with significant developmental and/or certain medical needs.	Private Day School
Extended School Year	Educational and therapeutic services for students who have ESY approved on their IEP.	Private Day School

Classroom Behavioral Support	UMFS contracts with providers to provide one to one support for students that have this related service approved on their IEP.	Other
Other Services by Contract	UMFS contracts with providers for speech, OT, and PT	Other