



CSA Service Menu – Blue Ridge Behavioral Consulting

Comprehensive Evaluation Services

Comprehensive evaluations designed to inform care, treatment planning, educational support, and legal decisions. Each assessment includes clinical interviews, standardized measures, collateral input, and a detailed report with clear, actionable recommendations.

Evaluation Type	Rate	Description
Complex Behavioral Needs	\$2,500	Clarifies diagnoses and treatment needs for youth with complex symptoms or multi-system involvement.
Adolescent Violence Risk	\$3,000	Assesses risk and protective factors related to aggression, threats, or violence. Suitable for court or school.
School Avoidance & Truancy	\$2,500	Evaluates emotional, behavioral, and systemic contributors to chronic absenteeism and disengagement.
Family Systems	\$3,000	Explores parenting dynamics, sibling relationships, and reunification readiness within the family.
Trauma Impact	\$1,750	Identifies psychological and behavioral effects of trauma to guide service and placement decisions.

Timeline & Completion Expectations

Most evaluations are completed within **30 to 45 days**. We only accept referrals when confident we can meet this timeline. Completion depends on caregiver participation, scheduled attendance, and background documentation. Any delays will be communicated promptly to the referring party.

Short-Term Support Services

Time-limited, high-impact interventions designed to address urgent family or placement needs. These services provide focused support, skill-building, and system coordination to stabilize challenging situations and promote long-term success.

Co-Parenting Consultation

Supports caregivers following custody changes or reunification by helping manage conflict, improve communication, and strengthen consistency across homes. Uses evidence-based strategies from DBT, CBT, and family systems to build skills in emotional regulation, problem-solving, and effective co-parenting. Includes joint sessions, individualized coaching, and court-ready summaries.

Standard	Includes up to 8 sessions over a 60–90 day period	\$2,200
Extension (optional)	2 sessions	\$500

Stabilization & Placement Transition Support

Provides immediate, trauma-informed support during major placement transitions to promote stabilization, reduce disruption risk, and support caregiver adjustment. Interventions draw from evidence-based models including CBT, DBT, and trauma-focused care. Includes youth sessions, caregiver consultation, safety/behavior planning, DSS/FAPT/school coordination, and a clinical summary.

Standard	4 weeks	2 youth sessions/week, 1 caregiver or system consult/week	Up to 12 total contacts	\$3,000
Extension (optional)	Weekly add-on	1 youth session, 1 caregiver or system consult	Up to 2 contacts/week	\$500/week