



Evaluations & Support for Complex Youth and Family Needs

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Who We Are & Why We Exist

We started this practice after years of asking:

“Why isn’t anyone answering the right questions?”

- Our approach is trauma - informed, practical, and grounded in the realities families face
- We believe every referral deserves more than a diagnosis —it deserves direction
- Our goal is to help teams stop spinning their wheels and start moving forward

What We Offer: Evaluations

Complex Behavioral Needs Evaluation

- Gets to the root of what's going on and what to do next when behaviors don't improve and the system feels stuck.

Adolescent Violence Risk Evaluation

- Assesses aggression, threats, or safety concerns to guide planning

School Avoidance & Truancy Evaluation

- Identifies emotional, cognitive, or environmental factors behind school refusal

Family Systems Evaluation

- Examines dynamics, communication, and functioning across caregivers and youth

Trauma Impact Evaluation

- Assesses how trauma may be affecting functioning, behavior, and relationships

What We Offer: Short-Term Services

Co-Parenting Consultation

Supports caregivers following custody changes or reunification by helping manage conflict, improve communication, and strengthen consistency across homes.

- Draws from DBT, CBT, and family systems models
- Includes joint caregiver sessions, individual consultations, and court-ready summaries

Stabilization & Placement Transition Support

Provides immediate, trauma-informed support during major placement transitions to promote stabilization and reduce disruption risk.

- Includes youth sessions, caregiver or system consultation, behavior/safety planning, and coordination with teams

How to Refer

Contact Us for a Consultation Call

Before submitting paperwork, email us to schedule a quick phone consultation. This helps us:

- Confirm the service is a good fit
- Clarify referral questions and goals
- Provide estimated timelines and availability

Submit the Referral

If a call time can't be arranged, we're happy to send over a brief referral form instead. We aim to make the process simple and responsive.

Contact:

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 540-300-1237