

Description of STARS Services		
Treatment Modalities & Interventions	Frequency	Responsible Staff
Basic Needs		
Room & Board	Daily	Program Director & Residential Counselors
Transportation to Appointments	Daily	Case Managers & Residential Counselors
Religious Practices Supported	Per Order	Case Managers & Residential Counselors
LGBTQIA+ Supported	Per Order	Case Managers & Residential Counselors
Voucher Shopping	Per Order	Case Managers & Residential Counselors
Education		
Coordination of Educational Enrollment	Per Order	Case Managers
Oversight of Educational Attendance	Five Times Per Week	Case Managers & Residential Counselors
Oversight of Educational Performance	Monthly	Case Managers
Academic Assistance & Support	Per Order	Case Managers & Residential Counselors
Contact with Educational Providers	Per Order	Case Managers
Coordination of Extracurricular Activities	Per Order	Case Managers
Employment/ Volunteering		
Assistance in Gaining & Maintaining Employment	Per Order	Case Managers & Residential Counselors
Coordination of Volunteer Participation	Per Order	Case Managers & Residential Counselors
Supervision of Savings Account	Monthly or Per Order	Case Managers
Contact with Employers	Per Order	Case Managers
Family Engagement		
Family Contact Assistance & Support	Daily	Residential Counselors
Coordination of Therapeutic Passes	Per Order	Case Managers
Coordination of On-unit Family Time	Semi-Weekly or Per Order	Case Managers
Coordination of Family Activities	Monthly or Per Order	Case Managers
Groups		
Coordination of Recreational Activities	Weekly	Staff Supervisor & Residential Counselors
Morning Meetings	Daily	Residential Counselors
Evening Reflection & Goal Setting Meetings	Daily	Residential Counselors
Activities Meeting	Weekly	Residential Counselors
Independent Living Skills Instructional Group	Daily	Residential Counselors
Healthcare		
Coordination of Psychiatric Medication Management	Per Order	Case Managers
Administration of Medications	Daily	Case Managers & Residential Counselors
Coordination of Healthcare Appointments	Per Order	Case Managers
Oversight of Health & Wellness	Daily	Case Managers & Residential Counselors
Contact with Healthcare Providers	Per Order	Case Managers
Supervision and Service Planning		
24-Hour Supervision While on Facility Property	Hourly or Per Order	Staff Supervisor & Residential Counselors
One-to-One	Five Hours Monthly	Case Managers & Residential Counselors
Case Management	Weekly or Per Order	Case Managers
Communication with Placing & Support Agencies	Weekly or Per Order	Case Managers
Development of ISP & Monthly Reviews	Monthly or Per Order	Case Managers
Clinical Oversight of ISPs	Monthly or Per Order	Clinical Director
Activities of Daily Living Assistance & Support	Daily	Residential Counselors
Safety Planning	Per Order	Clinical Director & Case Managers
Therapeutic		
ACES/Resilience Assessment	Once or Per Order	Case Managers
Trauma Screening	Quarterly or Per Order	Case Managers
Coordination of Family Therapy	Per Order	Case Managers
Coordination of Individual Therapy	Weekly or Per Order	Case Managers
Group Therapy	Weekly	Clinical Director
Psychoeducation	Daily	Residential Counselors
Trauma Education	Quarterly	CAO
Trauma Informed Care	Daily	Program Director & Residential Counselors

Description of Community Services		
Treatment Modalities & Interventions	Frequency	Primary Community Provider
Basic Needs		
Parenting Education	Per Order	Jefferson Area Child Health Partnership
LGBTQIA+ Services & Networking	Per Order	Charlottesville Pride Community Network
Education		
Educational Services	Five Times Per Week	Charlottesville & Albemarle Public Schools, Elk Hill, Keys Academy, CATEC, Piedmont Virginia Community College
Healthcare		
Medication Management	Per Order	Shenandoah Psychiatry or Other Provider
Emergency Room & Hospital Services	Per Order	University of Virginia Hospital
Pharmacy	Per Order	Top Notch Family Pharmacy
Vision	Semi-Annually or Per Order	Charlottesville Eye Associates, MyEyeDr
Dental	Semi-Annually or Per Order	Affordable Dentistry
General Pediatrics	Per Order	UVA Teen Health Center
Occupational Therapy/Physical Therapy	Per Order	University of Virginia Medical
Orthopedic	Per Order	University of Virginia Medical
Prosthetics and Orthotics	Per Order	University of Virginia Medical
Podiatry	Per Order	University of Virginia Medical
Endocrinology	Per Order	University of Virginia Medical
Healthy Relationships and Responsible Sexuality	Per Order	Planned Parenthood
Therapeutic		
Individual Therapy	Weekly or Per Order	STARS Clinical Director or Other Provider
Family Therapy	Per Order	Home Locality Provider
CSOTP (Certified Sex Offender Treatment Professional)	Per Order	STARS Clinical Director or Other Provider
Sexual Victimization Therapy	Per Order	Sexual Assault Resource Agency (SARA)
Substance Use/ Abuse Treatment	Per Order	NA, AA, Region Ten CSB, virtual providers
Equine Therapy	Per Order	STARS Clinical Director