



Atlas Counseling Center
 311 Airport Rd., Winchester, VA 22602
 Phone: (540) 722-6238; Fax: (540) 667-0174

Service Rate Sheet

Effective: 7/1/2025-6/30/2026

SUBSTANCE USE OUTPATIENT SERVICES		Unit Rate
<i>Substance Use Disorder Assessment (Full ASAM Assessment)</i> A biopsychosocial, multidimensional Substance Use Disorder Assessment based on the ASAM Criteria conducted by a licensed Therapist to diagnose the presence of a substance use disorder and ascertain an individual's level of care needs for treatment of their substance use. The individual will receive the assessment, the Substance Abuse Subtle Screening Inventory (SASSI), and other evidence-based screening instruments to determine the presence and severity of a substance use disorder. A written report of the diagnosis and treatment recommendations will be provided based on the results of the assessment. (Approximately 2 hrs.)		\$350 per assessment
*An additional fee of \$50 will be charged for a Urine Drug Screening administered as part of the Assessment to determine current substance use at the Therapist's discretion or as otherwise required by the referring agency.		Additional fee: \$50 per UDS screening
<i>Individual Substance Use Disorder Therapy (ASAM Level 1)</i> Individual therapy with a licensed Therapist to address a substance use disorder that meets the criteria for ASAM Level 1 outpatient treatment. The Therapist will develop a treatment plan with the client designed to meet their personal treatment and recovery goals. Sessions will typically be 60 minutes and the number of sessions will be dependent on the client's preferences and progress meeting their personal treatment and recovery goals. These sessions may be provided via Telehealth when clinically appropriate as determined by the treating Therapist.		\$135 60 min
		\$101 45 min
*An additional fee of \$50 will be charged for random Urine Drug Screenings administered as part of the treatment to verify abstinence, at the Therapist's discretion.		\$67 30 min
<i>Family Substance Use Disorder Therapy (ASAM Level 1)</i> Family therapy, with or without the client, with a licensed Therapist to focus on the improvement of relationships among family members of the client with a substance use disorder.		\$135 50 min
<i>Adult Group Substance Use Disorder Therapy (ASAM Level 1)</i> Group therapy for adults (aged 21+) diagnosed with a substance use disorder that meets the criteria for ASAM Level 1 outpatient treatment. Personal treatment and recovery goals will be addressed in a group format with a licensed Therapist. "The Matrix Model," an evidenced-based substance use treatment curriculum, will be utilized to address topics such as psychoeducation, healthier social behaviors and coping skills, relapse prevention skills, and self-help. The program consists of a minimum of ten (10), one-hour (1 hr.) weekly sessions, but may be extended based on the client's personal treatment and recovery goals. A certificate of completion will be awarded to clients who complete the 10-session program.		\$50 per session
*An additional fee of \$50 will be charged for Urine Drug Screenings administered randomly as part of the program to verify abstinence, at the Therapist's discretion.		
<i>Adolescent Group Substance Use Disorder Therapy (ASAM Level 1)</i> Group therapy for adolescents aged 12–20 diagnosed with a substance use disorder that meets the criteria for ASAM Level 1 outpatient treatment. Personal treatment and recovery goals will be addressed in a group format with a licensed Therapist. The "Living in Balance" evidence-based curriculum from the Hazelden Betty Ford Foundation will be utilized to address topics such as reinforcing behavioral changes, psychoeducation, recovery skills, relapse prevention, and self-help. The program consists of a minimum of ten (10), one-hour (1 hr.) weekly sessions, but may be extended based on the client's personal treatment and recovery goals. There will be an expectation of parent/legal guardian participation during several sessions for adolescents. A certificate of completion will be awarded to participants who complete the 10-session program.		\$50 per session

*An additional fee of \$50 will be charged for Urine Drug Screenings administered randomly as part of the program to verify abstinence, at the Therapist's discretion.	
Adolescent Substance Use Prevention & Education Group (ASAM Level 0.5) Psychoeducational groups for Adolescents (aged 12-20) at risk of developing a substance use disorder, conducted by a licensed Therapist. The Adolescent Prevention & Education Group will utilize the "Teen Intervene" curriculum from the Hazelden Betty Ford Foundation to educate, support, and provide guidance to teens with mild or moderate substance use. Topics will include identifying pros and cons of substance use, identifying reasons for use, learning new skills that promote a substance-free lifestyle, making healthier choices, and taking responsibility for self-change. The program will consist of ten (10), one-hour (1 hr.) weekly sessions. There will be an expectation of parent/legal guardian participation during at least one session for adolescents. A certificate of completion will be awarded to participants who complete the 10-session program.	\$40 per session
Urine Drug Screening (UDS) Presumptive drug testing to detect the presence or absence of a drug or drug class.	\$50 per screening
MENTAL HEALTH OUTPATIENT SERVICES	
Mental Health Evaluation A Mental Health Evaluation (MHE) conducted by a licensed Therapist to ascertain whether an individual is functioning on a healthy social, emotional, and behavioral level, and to diagnose potential mental health disorders. The MHE includes a biopsychosocial assessment and the following assessment tools: Psychological Screening Inventory (PSI-2), Beck Depression Inventory, and Beck Anxiety Inventory. A written report of the diagnosis and treatment recommendations will be provided. (Approximately 2 hrs.)	\$350 per evaluation
Individual Therapy Individual mental health outpatient therapy with a licensed Therapist for individuals diagnosed with a mental health disorder. These services may be provided via Telehealth when clinically appropriate as determined by the treating Therapist.	\$135
	60 min
	\$101
	45 min
	\$67
	30 min

Atlas Counseling Center is a private-pay practice that only accepts direct-pay for services. We do not participate in Medicaid, Medicare, or any commercial insurance plans.

Atlas accepts cash, debit, or credit cards for payment of services. Payment is expected at the time of service, unless other arrangements have been made in advance.

Therapists:

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