



FREDERICK COUNTY  
**PARKS & RECREATION**

# **Code of Conduct:**

## **Youth & Adult Sports**

**The Frederick County Parks and Recreation Department is committed to promoting and providing quality parks and recreational facilities, programs, and leisure opportunities for our community.**

**Frederick County Parks and Recreation Department's Sports and Athletics section strives to provide area youth the opportunity to learn good sportsmanship, achieve greater fitness, hone teamwork skills, and develop greater sports and athletic skills through participation in a variety of fun, affordable, and safety-conscious programs.**

# Code of Conduct: Youth & Adult Sports

Last Updated: September 2025

## Athlete Code of Conduct

- Respect: Treat teammates, opponents, coaches, and officials with respect at all times.
- Sportsmanship: Win or lose, show good sportsmanship. Congratulate opponents and never taunt or use foul language.
- Effort: Always give your best effort in practices and games.
- Teamwork: Support and encourage your teammates. Work together to achieve team goals.
- Honesty: Play by the rules. Do not cheat, lie, or engage in unsportsmanlike conduct.
- Safety: Follow all safety guidelines and instructions. Inform coaches of injuries or unsafe situations.
- Self-Control: Manage emotions and remain positive, even when things don't go your way.

## Spectator Code of Conduct

- Positive Support: Cheer for all athletes in a positive manner. Avoid negative comments about officials, coaches, players, or other spectators.
- Respect Decisions: Accept officials' decisions without argument or criticism.
- Role Model: Set a good example for children by displaying respect, self-control, and sportsmanship.
- Sideline Behavior: Stay off the playing field and within designated spectator areas.
- Safety: Do not engage in any aggressive or disruptive behavior.
- Encouragement: Focus on effort and improvement, not just winning.

## Coach Code of Conduct

- Leadership: Be a positive role model for players and spectators.
- Respect: Treat all athletes, officials, parents, and opposing coaches with respect.
- Development: Prioritize athlete development, learning, and fun over winning.
- Safety: Ensure the physical and emotional safety of all players.
- Fairness: Give all athletes opportunities to participate and develop their skills.
- Integrity: Teach and uphold the rules of the game. Do not tolerate cheating or unsportsmanlike conduct.
- Communication: Maintain open, honest, and respectful communication with players and parents.

## Enforcement & Consequences

- Violations of this code may result in:
- Verbal or written warnings
- Suspension or removal from games or practices
- Further disciplinary action as determined by the organization