

STEPSTONE FAMILY & YOUTH SERVICES

RATE SHEET FISCAL YEAR 2024-25

Effective July 1, 2024

Foster Care

Targeted TFC Case Management:

\$356.78 per month Funded through Medicaid if eligible.

Foster Care Support, Supervision, and Administration:

\$163.91 per day Placement and Assessment Level

\$171.56 per day Level 3

\$146.42 per day Level 2

\$130.04 per day Level 1

\$106.94 per day Non-therapeutic Foster Care

Foster Care Maintenance Room and Board:

\$563.00 per month ages 0-4 Foster Care Maintenance (Room & Board)

\$658.00 per month ages 5-12 Foster Care Maintenance

\$836.00 per month ages 13-21 Foster Care Maintenance

Additional Daily Supervision:

Determined by VEMAT Additional Daily Supervision

Dependent/Infant Care:

Foster Care Maintenance rate based on age of child for dependent placed in the home with a foster child

Transition to Adulthood

Independent Living Apartment Program: Agency Administrative Support and Supervision:

\$206.88 per day plus stipend as determined by state for Fostering Futures Stability Level

\$187.78 per day plus stipend as determined by state for Fostering Futures Competency Level

Independent Living Stipend 800.00 16- & 17-year-old

Fostering Futures 811.00 18+

Additional Supports and Services

\$515.00 per month housing fee for dependent child

\$54.64 a day for parent with child – foster care support, supervision, and administration

-if child is a toddler, add additional **\$536.63 per month maintenance**

\$32.78 a day for pregnant mother (month 7 through birth)

Additional Services Available to Localities:

SAFE Home Study \$1,030.00

Family Partnership Meeting Facilitation \$ 206.00

Transportation \$42.44/hr. and mileage at .54 /mile

PROGRAMS AND SERVICE DESCRIPTIONS

Type of Facility: Stepstone Family & Youth Services offers placement and case management services through treatment foster care, non-treatment foster care, and independent living apartment arrangements. Our agency operates from a trauma informed lens. Placement stability specialists are available to provide additional and focused support and education when indicated to preserve placement. Monthly training is provided to foster families. Our agency is SAFE home study trained and approving high quality therapeutic homes is a priority. We believe that every child deserves permanency, and we have a high rate of positive discharges including IL, adoption and return home.

All youth placed in treatment foster care (all levels except the non-treatment level) will receive either targeted case management as defined by DMAS or care coordination. This does not cover direct delivery of services, recruitment, approval of foster families, training, client placement, support, supervision, administration, and other components of treatment foster care.

TFC Targeted Case Management Services

Case Management is a required service in the Standards for Licensed Child-Placing Agencies (LCPA). Case management includes pre-placement assessment, foster home matching, initial placement assessment, treatment and service planning, service coordination, and direct intervention with the foster child and foster parent. Contact with the school, community resources, mental health professionals, medical/dental professionals, and other services providers to access needed treatment and services is an integral part of case management. 24 hour on-call support is provided to assist families with management of crisis situations.

The agency will submit a Magellan/Medicaid application for every placed child. Filing requirements include provision of a CANS completed within the last 90 days and a copy of the FAPT meeting containing three signatures and the recommendation for TFC placement. To meet eligibility requirements, these documents must be obtained by the locality and submitted within 10 calendar days of placement. Failure to provide required documentation will result in denial by Magellan/Medicaid and could result in locality assuming payment responsibility.

Foster Care Support, Supervision, and Administration TFC Level 1,2,3, assessment level, and non-treatment level

Decisions to change a child's level are made in consultation with the local department and according to the child's functioning and needs.

Placement and Assessment:

Assessment Level: Children placed in the treatment foster care program (TFC) at Stepstone Family & Youth Services, will enter on the Assessment Level of Care. Consumers on this level will receive case management services to address their most immediate and critical needs. During their stay at this level, evaluations will be obtained, and utilized to determine the appropriate level of care to address the ongoing physical/emotional/medical needs of the consumer. Evaluations will include, but not be limited to:

- Physical examination, per VADSS requirements
- Dental examination, per VADSS requirements
- School registration, IEP needs
- Other health evaluations, as needed
- Psych testing (if deemed clinically indicated)
- Psychiatric Evaluation-if taking/needs to start medications.
- Other evaluations as deemed medically or otherwise clinically appropriate to the meeting of the consumer's needs.
- An individualized service plan to identify measurable objectives and strategies at placement.
- An individualized comprehensive service plan (ICSP) to cover the consumer needs and care after the initial 45 days of placement.
- Case management and needs assessment.

Consumers will remain on the Assessment Level for up to 60 days from placement. Recommendation for identifying the appropriate level of care for the consumer to be placed will be clearly stated and documented in the ICSP, or an addendum to the ICSP, if the determination is not finalized by the 45th day. Stepstone Family & Youth Services will inform the guardian of its recommendation and will be prepared to offer clear clinical evidence of the appropriateness of the recommendation. It is important for all stakeholders to understand that the shared goal of this level of care is to properly assess and intervene swiftly with the immediate needs of the consumer. Another shared goal is to minimize or prevent placement disruption. To that end allowing our Case Manager time to make an appropriate and educated determination regarding the most appropriate level of placement, should be considered Best Practice. Similarly, Stepstone Family & Youth Services recognizes that the locality may have past knowledge of the consumer and feel that they can make the determination of level without waiting the full 60 days. Stepstone Family & Youth Services will make every effort to make a level determination in an expeditious manner.

During the first month of assessment level, the child will receive case management and no less than weekly visits in the home with the child and at least one foster parent present.

During the second month of assessment level, the child will receive case management and no less than two visits to the home with the child and at least one foster parent present and two community contacts.

Treatment Levels:

Therapeutic Support Level 1 (Mild):

A child served at Level 1 ongoing treatment foster care will demonstrate a mild level of social/emotional/behavioral/medical/personal care needs or impairment for normal range of age and development, such as but not limited to, depression, anxiety, impulsivity, hyperactivity, anger control, adjustment to trauma, oppositional, substance use, eating disorder, physical health condition, developmental delay, or intellectual. The child's needs require monitoring or agency services to lessen likelihood needs will return.

The child served at this level will receive case management services and no less than two visits to the home with the child and at least one foster parent present each month.

Therapeutic Support Level 2 (Moderate):

A child served at Level 2 ongoing treatment foster care will demonstrate a moderate level of social/emotional/behavioral/medical/personal care needs or impairment for normal range of age and development, such as but not limited to, depression, anxiety, impulsivity, hyperactivity, anger control, adjustment to trauma, oppositional, substance use, eating disorder, physical health condition, developmental delay, or intellectual. The

child's needs require that action (interventions, services, and supports) be taken to address, remedy or ameliorate the needs.

The child served at this level will receive case management services and no less than two visits to the home with the child and at least foster parent present and one community contact each month.

Therapeutic Support Level 3 (Significant):

A child served at Level 3 ongoing treatment foster care will demonstrate a significant level of social/emotional/behavioral/personal care needs or impairment for normal range of age and development, such as but not limited to, depression, anxiety, impulsivity, hyperactivity, anger control, adjustment to trauma, oppositional, substance use, eating disorder, physical health condition, developmental delay, or intellectual. The child's needs are of such acuity or severity that they require intensive action (interventions, services, supports, etc.) be taken to address, remedy or ameliorate the needs. A child served at this level may be at risk of residential placement.

The child served at this level will receive case management services and no less than three visits to the home with the child and at least one foster parent present and one community contact monthly.

Non-treatment Foster Care:

Children served at the non-treatment level of foster care may be developmentally on target, demonstrate age-appropriate behaviors, able to participate in community activities without restriction, or be the sibling of a child who meets the criteria for ongoing TFC placement in the same foster home. Children shall be served at the Non-Treatment Foster Care level if the assessment indicates treatment foster care services are not needed. Case coordination and service provision will be provided.

The child served on this level will receive no less than one visit in the home with the child and at least one foster parent present and one community visit.

Additional Daily Supervision --

Enhanced maintenance payment to a foster parent for increased supervision and support.

Determined by VEMAT tool and current VEMAT guidance.

Foster Care Maintenance

Payment to foster parent for room and board. This payment includes provision for clothing, personal hygiene items and recreational expenses.

Infant/Dependent Care

Maintenance payment based on age of dependent, added on for an infant child remaining in the custody of a youth who is placed in TFC. This payment covers the cost of diapers, formula, etc.

Independent Living Apartment Program

Focusing on the Chafee Model of 5 key Components of Success: Housing, Natural Supports, Education Employment and Volunteerism, on-site staff provide care coordination, case management, monitoring, and assessment for youth 17 to 21. Multi-component life skills training by is provided by the Case Manger during the day and additional staff on evening and weekends. Daily living and social skills are taught and modeled, and educational and vocational supports are provided. This program uses the Casey Life Skills Curriculum as well as other Practice IL Modules.

Apartments are furnished and located near public transportation, employment and educational resources. 24-hour emergency on-call is provided. While the goal of the program is to ensure youth transition to a level of independence in all life domains, transportation is provided as needed. Youth begin at the stability level. Those that show compliance with goals and an increase in independence will be transitioned to the competency level.

Mother with child or expecting.

Youth that either are expecting a child or have a child are accepted. Additional fees are associated which a pregnant or parenting teen and enable a staff member to be fully dedication to youth's needs as well as provide parenting preparation, education, support, and assistance.

Any youth that has a child will have a 2-bedroom apartment, which results in the additional housing fee. The maintenance fee, as per the age of the child, covers diapers, formula, etc....

SAFE Home Study

Home study completion using the SAFE home study model. The fee includes completion of background checks, training, and home study.

Family Partnership Meeting Facilitation

A trained FPM facilitator is available to support local departments through meeting facilitation.

Transportation as approved by locality for excessive transportation.