# TREATMENT FOSTER CARE

Effective July 1, 2024 through June 30, 2025



			Unit	0-4 Years Old	5-12 Years Old	13+ Years Old	
TREATMENT FOST	TER CARE	(Including Level III S	Services) 7				
Maintenance - Basic			Month	\$563.00	\$658.00	\$836.00	
Treatment Foster (	Care Case	Management 1	Month	\$367.31	\$367.31	\$367.31	
Maintenance - Enha	nced		Month	Dete	rmined by VEMA	T Score	
Private Foster Care Administration 3	Support,	Supervision &	Month		See Table Below	<b>v</b>	
ADDITIONAL TFO	SERVICE	(INCLUDING KINS	HIP TFC)				
Pre-Placement 4			Day	73.31	73.31	73.31	
Respite – Day 5			Day	36.16	36.16	36.16	
Respite - Overnight	5, 6		Night	68.13 68.13 68.13			
Dependent Care				See Family CARE Service Rates			
	Unit	Assessment Level	Level I	Level 2	Level 3	Non-Treatment	
						Level <sub>1,2</sub>	
		PPORT, SUPERVISIO					
Fredericksburg	Day	154.00	126.00	147.00	166.00	89.00	
Lynchburg	Day	154.00	126.00	147.00	166.00	89.00	
Northern Virginia	Day	154.00	126.00	147.00	166.00	89.00	
Richmond	Day	154.00	126.00	147.00	166.00	89.00	
South Hill	Day	154.00	126.00	147.00	166.00	89.00	
Tidewater	Day	154.00	126.00	147.00	166.00	89.00	

If all qualifications are met and approved by Acentra, this portion will be billed on your behalf to DMAS. If not approved by Acentra, Treatment Foster Care Case Management services are the responsibility of the placing agency, with exception of the Non-Treatment Level.

- 3 Does not include Maintenance Basic or Treatment Foster Care Case Management
- 4 UMFS allows for two nights of Pre-Placement in Treatment Foster Care at no cost. The listed rate applies to Pre-Placement beyond two nights.
- <sup>5</sup> There are 10 days of Respite placement (Day or Overnight) built into the TFC enrollment. The above rate applies for Respite placements (Day or Overnight) in excess of 10 days for an individual enrolled in TFC.
- 6 Overnight Respite includes daytime hours during the placement. The rate is based on the number of nights the child is in the respite home.
- 7 Level III services are billed the same but have a specific clinical focus such as clinical support, connecting kin, and facilitation.

<sup>&</sup>lt;sup>2</sup> Case Management is built into the rate for the Non-Treatment Level and is therefore not submitted to Medicaid or billed to the placing agency as a separate rate.

## **COMMUNITY BASED SERVICES**

Effective July 1, 2024 through June 30, 2025



	Unit	Fredericksburg	Lynchburg	NOVA	Richmond	South Hill	Tidewater
FAMILY CARE SERVICES	FAMILY CARE SERVICES						
Community Respite	Day	\$150.63	Not offered	\$155.46	\$150.63	Not offered	\$150.63
Intensive Care Coordination (ICC)	Month	Not Offered	Not Offered	\$1,446.09	\$1,205.09	\$1,205.09	\$1,205.09
Family Support Partner 1	Hour	Not Offered	Not Offered	\$62.37	Not Offered	Not Offered	\$60.25
Supervised Visitation	Hour	\$48.20	\$48.20	\$49.89	\$48.20	\$48.20	\$48.20
Supportive Visitation	Hour	\$78.33	\$78.33	\$81.08	\$78.33	\$78.33	\$78.33
Family Stabilization	Hour	\$60.25	\$60.25	\$62.37	\$60.25	\$60.25	\$60.25
Functional Family Therapy	Day	\$70.56	Not offered	\$81.14	\$70.56	Not offered	Not offered

TRADITIONS OF CARING & COLLABORATING FAMILY SERVICES	
Traditions of Caring & Collaborating—Kinship Family Training	\$1,136.10
Traditions of Caring & Collaborating—Kinship Family Training (w/home study)	\$2,271.15
Diligent Search (Family Find)	\$2,271.15

	Unit	0-4 Years Old	5-12 Years Old	13+ Years Old
COMPREHENSIVE CARE COORDINATION SERVICES				
Comprehensive Care Coordination Maintenance - Basic	Month	See TFC Basic Maintenance rates		ice rates
Comprehensive Care Coordination Maintenance - Enhanced	Month	Determined by VEMAT Score		Score
Comprehensive Care Coordination Support, Supervision & Administration	Month	See Table Below		
ADDITIONAL CCC SERVICES				
CCC Respite 2	Day	See Co	ommunity Respite R	ate Above
Dependent Care 3	Month	See E	Basic Maintenance Ra	ites TFC

	Unit	Assessment Level	Level I	Level 2	Level 3	Non-Treatment Level <sub>2</sub>
COMPREHENSIVE (	CARE CO	Ordination supp	ORT, SUPERVIS	ION & ADMINI	ISTRATION	
Fredericksburg	Day	154.00	126.00	147.00	166.00	89.00
Lynchburg	Day	154.00	126.00	147.00	166.00	89.00
Northern Virginia	Day	154.00	126.00	147.00	166.00	89.00
Richmond	Day	154.00	126.00	147.00	166.00	89.00
South Hill	Day	154.00	126.00	147.00	166.00	89.00
Tidewater	Day	154.00	126.00	147.00	166.00	89.00

<sup>1</sup> Only offered in certain locations.

<sup>&</sup>lt;sup>2</sup> There are 10 days of Community Respite built into the CCC enrollment. This rate applies for respite days in excess of 10 days for an individual enrolled in CCC.

<sup>&</sup>lt;sup>3</sup> Dependent Care is a pass-through amount that goes directly to the foster home where the dependent child is placed with their parent. This rate is only used when the dependent child is placed in the same home as their parent.

# UMFS

# **CHILD & FAMILY HEALING CENTER**

Effective July 1, 2024 through June 30, 2025

	Unit	Rate
INSTITUTIONAL RATES 2		
Residential Room & Board IV E	Day	133.94
Residential Daily Supervision IV E	Day	253.28
Residential Supplemental Therapies IV E	Day	173.73
Daily Total	Day	\$560.95
ADDITIONAL SERVICES 2		
Medication Evaluation – Low Complexity	Week	\$28.01
Medication Evaluation – Moderate Complexity	Week	\$51.52
Medication Evaluation – High Complexity	Week	\$74.03
Initial Psychiatric Evaluation with Medical	Intake	\$194.68
Initial Psychiatric Evaluation without Medical	Intake	\$170.54
Individual Therapy – 60 Minute Session	Session	\$98.82
Individual Therapy – 45 Minute Session	Session	\$67.26
Individual Therapy – 30 Minute Session	Session	\$50.70
Family Therapy with Client	Hour	\$75.80
Family Therapy without Client	Hour	\$72.69
Group Therapy	Hour	\$17.85
Residential One to One	Hour	\$25.61
EDUCATIONAL SERVICES		
Private Residential School - General Curriculum Day Services (ED, LD, OHI)	Day	\$264.20
Private Residential School - Neurological Differences Day Services (ASD, ID)	Day	\$322.35
Private Residential School - Elementary Day Services	Day	\$327.41
Private Residential School - Applied Curriculum Day Services (Severe	Day	\$456.35
Medical & Developmental Needs)	Day	ф136.33
Classroom Behavior Support	Hour	\$48.00
Speech Therapy	Hour	\$164.35
Physical Therapy	Hour	\$164.35
Occupational Therapy	Hour	\$164.35

INSTRUCTION DAYS PER MONTH				
Month	Days	Month	Days	
July	22	January	19	
August	15	February	19	
September	20	March	20	
October	23	April	18	
November	19	May	21	
December	15	June	20	
Total Number of Billable School Days = 231				

All Educational Services at Child and Family Healing Center are provided by Charterhouse School in Richmond, VA.

<sup>2</sup> All rates are subject to change based on posted Medicaid rates.

# **CHARTERHOUSE SCHOOL**

Effective July 1, 2024 through June 30, 2025

	Unit	Richmond	Edinburg
PRIVATE DAY EDUCATIONAL SERVICES			
Private Day School - General Curriculum Day Services (ED,LD,OHI)	Day	\$264.20	\$279.38
Private Day School - Neurological Differences Day Services (ASD, ID)	Day	\$322.35	\$327.41
Private Day School - Elementary Day Services	Day	\$327.41	\$327.41
Private Day School - Applied Curriculum Day Services (Severe Medical and Developmental Needs)	Day	\$456.35	\$389.35
Private Day School - Extended School Year 2	Day	\$216.17	\$214.99
Classroom Behavior Support	Hour	\$48.00	\$48.00
Speech Therapy	Hour	\$164.35	\$142.86
Physical Therapy	Hour	\$164.35	\$142.86
Occupational Therapy	Hour	\$164.35	\$142.86
Home Bound Instruction		\$45.82	\$45.82
Individual therapy30 minutes		\$80.25	\$80.25
Individual therapy—60 minutes	Session	\$160.50	\$160.50

INSTRUCTION DAYS	INSTRUCTION DAYS PER MONTH					
Month	Richmond School Year	Edinburg School Year	Richmond ESY	Edinburg ESY		
July	0	0	18	18		
August	3	5	5	I		
September	20	20				
October	23	22				
November	19	18				
December	15	15				
January	19	18				
February	19	19				
March	20	20				
April	18	19				
May	21	20				
June	10	10	5	5		
Total Number of Billable School Days	187	186	28	24		

COURAGE TO SUCCEED					
Term	Unit	Tuition			
Spring Semester	Term	\$5,263.01			
Summer Session	Term	\$2,923.89			
Fall Semester	Term	\$5,263.01			

<sup>1</sup> Residential Educational Services rates are listed with the Child & Family Healing Center.

<sup>&</sup>lt;sup>2</sup> Extended School Year rate is subject to change July 1, 2025, with the start of the new fiscal year.

#### **UNITED METHODIST FAMILY SERVICES**

#### **SERVICE DESCRIPTIONS**

#### FY 2024-2025

## **Treatment Foster Care (Including Level III TFC Services)**

UMFS Service Name	Description	CSA Standardized Categories
Pre-Placement	Pre-placement is used to determine the appropriateness of a	Other
	potential TFC placement.	
Respite	Respite is utilized when a child needs temporary care away from	Respite
	the foster family. This can be day or overnight.	
Assessment Level	Children served at the assessment level of treatment foster care	Treatment Foster Care Case Management
	are those who are newly placed with a licensed child placing	Maintenance- Basic and Enhanced
	agency and for whom an assessment to determine the	
	appropriate level of foster care services is being conducted. This	
	level is required from a minimum of 1 to a maximum of 60 days	
Level I	The needs of a child served at Level 1 ongoing treatment foster	Treatment Foster Care Case Management
	care require monitoring or the LCPA may need to provide	Maintenance- Basic and Enhanced
	services to lessen the likelihood that identified needs will	
	become more acute or return after being "resolved". Children	
	served at Level 1 will typically demonstrate a relatively low level	
	of social/emotional/behavioral/medical/personal care needs or	
	impairment for normal range of age and development. Areas of	
	need may include but not be limited to, depression, anxiety,	
	impulsivity, hyperactivity, anger control, adjustment to trauma,	
	oppositional, substance use, eating disorder, physical health	
	condition, developmental delay, or intellectual disability.	
	Level I: twice monthly in the home visits	
L		

Level II	The needs of a child served at Level 2 ongoing treatment foster care require that significant action (interventions, services, supports, etc.) be taken to address, remedy or ameliorate the identified needs. Children served at Level 2 will typically demonstrate a relatively moderate level of social/emotional/behavioral/ medical/personal care needs or impairment for normal range of age and development. Areas of need may include but not be limited to, depression, anxiety, impulsivity, hyperactivity, anger control, adjustment to trauma, oppositional, substance use, eating disorder, physical health condition, developmental delay, or intellectual disability.  Level II: weekly with at least two in the home	Treatment Foster Care Case Management Maintenance- Basic and Enhanced
Level III General Explanation	Level III services has a general eligibility criteria. Once a youth is placed in Level III services, those services will have a specific focus. Each focus will aid the youth in moving closer to permanency or mental health stability. Billing for this level is a single price. Localities will purchase Level III services and will note their focus area on the POS form.	Treatment Foster Care Case Management Maintenance- Basic and Enhanced
Level III Eligibility Criteria	Eligibility Criteria Children served at Level 3 will demonstrate a high level of social/emotional/ behavioral/medical/personal care/permanency planning needs or impairment for normal range of age and development.  Areas of need may include, but are not be limited to:  - Working towards reunification, need for birth family/fictive kin engagement for permanency planning, enhancing birth family connections  - High risk to self or others  - History of frequent moves/disruptions from placements  - Acute severe risk factors OR medical issues such as: acute risk of harm to self/others; requires constant observation	

or supervision; other acute medical needs; acute psychiatric			
issues requiring evaluation/observation.			
D. I. C.			

- Behaviors could include: history of fire setting, cruelty to animals, physical aggression towards caretakers and family members, suicidal/homicidal ideation, felonious behaviors.
- Needs intensive treatment because of demonstrated persistent inability to be managed safely in less structured setting and severe needs, including significant attachment issues
- Stepping down from a residential based placement
- Needs access to psychiatric and/or medical care
- Requires specialized programs to address symptoms and/or specific diagnostic and clinical needs

Level III: weekly with at least two in the home

#### Level III Clinical Support

Clinical Support Services Level III (CSS) includes additional case management and interventions needed to stabilize and maintain the placement, including but not limited to face to face visits, resource parent training and support, behavior management intervention, specialized community-based services, one on one intervention, and family development services.

#### Level III Connecting Kin

The purpose of Connecting Kin level III TFC service is to identify, locate and engage relatives/fictive kin in establishing permanent lifelong connections for children and youth who are currently receiving TFC services.

Level 3 Facilitation Support provides an additional layer of support to coordinate and facilitate all team members, including

Level III	the TFC worker, legal guardian, treatment providers, youth,	
Facilitation	family, and any other members of the treatment team. The	
	facilitator's role is not that of a case manager, clinician, or	
	youth/family advocate. They are an unbiased third party who	
	will coordinate with all team members, facilitate monthly	
	treatment team meetings and complete detailed monthly plans	
	for the youth and family. This service is informed by High-Fidelity	
	Wraparound (HFW) but is NOT HFW.	
Non-Treatment	Children served at the non-treatment level of foster care may be	Treatment Foster Care Case Management
	developmentally on target, demonstrate age appropriate	Maintenance- Basic and Enhanced
	behaviors, able to participate in community activities without	
	restriction, or be the sibling of a child who meets the criteria for	
	ongoing TFC placement in the same foster home. Children shall	
	be served at the Non-treatment Foster Care level if the	
	assessment indicates treatment foster care services are not	
	needed.	

## **Community Based Services**

UMFS Service Name	Description	CSA Standardized Categories
Diligent Search	Diligent Search is a permanency enhancement intervention	Other
	provided for children and youth in the child welfare system who	
	have been disconnected from their families due to placement	
	outside of their home, community and kinship network. Based	
	on a national model, Diligent Search provides strategies to	
	identify, locate and engage relatives in establishing permanent	
	life-long connections for these children and youth. A variety of	
	effective and immediate search techniques are utilized to	
	identify no fewer than 40 relatives or meaningful connections	
	for each youth. All identified relatives are invited to participate	
	in a planning meeting to create multiple plans for youth	
	regarding their essential needs for lifelong connections, support	
	and affection. Upon the identification of relative placement	

	options, primary and backup plans will be created. All placement options will be assessed for placement appropriateness to include, an assessment of the families strengths, dynamics, needs, safety and risk issues.	
Traditions of Caring and Collaborating – Kinship Family Training	UMFS utilizes CWLA's Traditions of Caring and Collaborating, (A Trauma Informed Model of Practice for Engaging, assessing, and Supporting Kinship Caregiving families) to provide individualized and child specific training and support to prepare kin for placement. Staff will facilitate information and support meetings for kinship caregivers and complete mutual family assessments of the kinship caregivers willingness, ability and resources to achieve the outcomes of child safety, well-being and permanence.	Other
Community Respite	Community Respite is designed to (1) provide temporary relief to the caretakers and (2) to protect the health, safety and welfare of a child on a short-term basis. Community Respite care will be offered as needed for the provision of temporary respite to primary caregivers for children who <b>are not</b> in full or partial custody of the Department of Social Services (DSS) with the potential aims of reducing family stress, preventing abuse and neglect, and/or supporting family stability.	Respite
Intensive Care Coordination	The UMFS ICC Program is designed to facilitate services for a youth and his/her family for the purpose of maintaining the youth in transitioning the youth to a family-based or community based setting. This service is designed for youth and families who have exhausted many other services and therefore requiring activities that are beyond the scope of regular case management services. ICC follows the High Fidelity Wraparound model, as endorsed by the Office of Children's Services. ICC can be paired with the Family Support Partner service or offered stand-alone	Intensive Care Coordination

Family Support Partner	The FSP is someone with personal experience of having a child with serious behavioral or mental health issues who can use that experience to help other families currently receiving community services. The FSP is somebody who has "walked the walk," and is willing to share his or her journey. The FSP has also received training in his or her role, in community resources, and the wraparound process. FSPs are employees with variable and flexible hours, depending on the needs of the families they serve. FSPs are trained in the High Fidelity Wraparound model. FSP can be paired with ICC or provided as a stand-alone service.	Other
Supervised Visitation	This program refers to contact between a non-custodial parent/family member(s) and one or more of his or her children in the presence of a UMFS Worker. The primary responsibility of the visit is to observe interactions and to ensure the safety of all participants. If the UMFS Worker ever feels that they or the child(ren)'s safety or well-being is at risk, the worker will end the visit and take any necessary steps to ensure the safety of the child(ren). The purpose of Supervised Monitored Visitations is to provide a safe supportive environment between the child(ren) and a non-custodial parent/family member(s), without the child(ren) being put in the middle of the parents'/family member(s) conflicts or other difficulties. This service is appropriate for families seeking to maintain family connections and/or reunification.	Family Support Services
Supportive Visitation	This program refers to contact between a non-custodial parent/family member(s) and one or more of his or her children in the presence of a UMFS Worker. The primary responsibility for the visit is to provide a structured, therapeutic environment where the child(ren)/parent/family member(s) are working toward identified treatment goals established by the parent/family member(s), the Department of Social Services, and the UMFS Worker conducting the visit. The UMFS Worker will ensure the safety of all participants. If the UMFS Worker	Family Support Services

	ever feels that they or the child(ren)'s safety or well-being is at risk, the worker will end the visit and take any necessary steps to ensure the safety of the child(ren). The purpose of Supportive Visitation is to provide a safe, supportive environment between child(ren) and a non-custodial parent/family member(s) to repair family relationships where damage has occurred, e.g. abuse and neglect, without the child(ren) being put in the middle of the parents'/family member(s) conflicts or other difficulties. This service is appropriate for families seeking to maintain family connections and/or reunify.	
Family Stabilization	UMFS Family Stabilization Services improve family functioning and increase child well-being by providing individualized, flexible services to meet a family's specific needs. This service may be provided in order to maintain or reunify families. Family Stabilization Services are customized to meet the child/family's individual needs. This service is available to children and youth, birth through 21 years.	Family Support Services
Comprehensive Case Coordination	Comprehensive Case Coordination (CCC) is a stabilization service offered to a family who requires assistance with linking the services needed to stabilize the family, and ensure the safety, permanency, and well-being of the child. This service is provided to families with children ages birth to 21. This program mirrors the level of services of Treatment Foster Care and is intended for youth who do not meet the requirements for Treatment Foster Care. Youth can be in birth homes, LDSS placements, adoptive homes, kinship or fictive kin homes. Can be used as step down, prevention, etc.  The table describing Treatment Foster Care is applicable here for levels and so forth.	Other
Functional Family Therapy	FFT is a short-term, high quality intervention program with an average of 12 to 14 sessions over three to five months. FFT works primarily with 11- to 18-year-old youth who have been	Functional Family Therapy

referred for behavioral or emotional problems by the juvenile justice, mental health, and school or child welfare systems. Services are conducted in both clinic and home settings, and can also be provided in schools, child welfare facilities, probation and parole offices/aftercare systems and mental health facilities. FFT is a strength-based model built on a foundation of acceptance and respect. At its core is a focus on assessment and intervention to address risk and protective factors within and outside of the family that impact the adolescent and his or her adaptive development. FFT consists of five major components: engagement, motivation, relational assessment, behavior change and generalization. Each of these components has its own goals, focus and intervention strategies and techniques. FFT is billed per day as noted on the rate sheet. Payments shall be made in increments of days, with all days from initiation of services to discharge from services being continuously billable, even if there were not actual services delivered on a specific day. Parenting Educational The Collaborative Problem Solving® approach is an evidence-Other Group: Collaborative based method to manage challenging behavior that promotes the understanding that challenging kids lack the skill - not the **Problem Solving** \$250/per household for the parent group will - to behave. Specifically, kids lack much-needed skills related \$500 for Tier 1 (professional rate) \$450 for Tier 1 (individual community rate) to problem-solving, flexibility and frustration tolerance. Unlike traditional models of discipline, the CPS approach avoids the use of power, control and motivational procedures and instead focuses on collaborating with the child/youth/young adult to solve the problems leading to challenging behavior and building the skills they need to succeed. In this 8 week virtual course, parents will learn the Collaborative Problem Solving® approach & effective ways to reduce conflict.

#### **Residential Services**

UMFS Service Name	Description	CSA Standardized Categories
Child & Family Healing	UMFS offers residential services on our Richmond campus to	Residential Room and Board
Center	youth aged 11-17years old. We provide individual, family and	Residential Case Management
	group therapy. In addition, we provide milieu	Residential Daily Supervision
	interventions, behavioral and crisis interventions,	Residential Supplemental Therapy
	psychoeducation groups, recreation therapy groups, medical	Residential Medical Counseling
	services, psychiatry services, daily supervision,	
	and additional supplemental therapies as part of our program.	
Charterhouse School (Residential Youth)	UMFS Charterhouse School provides education to all residential youth in General Curriculum, Neurological Differences, Applied Curriculum, and ESY classrooms for youth.	Residential Education

#### **Charterhouse School at UMFS-Private Day School**

UMFS Service Name	Description	CSA Standardized Categories
General Curriculum	This program provides educational and therapeutic services for	Private Day School
	students with an IEP that reflects an educational disability	
	coding of ED, LD, or OHI.	
Neurological Differences	This program provides educational and therapeutic services for	Private Day School
	students with an IEP that reflects and educational disability	
	coding of ASD or ID.	
Elementary Day	This program provides educational and therapeutic services for	Private Day School
	elementary aged students with an IEP.	
Applied Curriculum	This program provides educational and therapeutic services for	Private Day School
	students with an IEP that have higher support needs; this may	
	include students with significant developmental and/or certain	
	medical needs.	

Extended School Year	Educational and therapeutic services for students who have ESY	Private Day School
	approved on their IEP.	
Classroom Behavioral	UMFS contracts with providers to provide one to one support for	Other
Support	students that have this related service approved on their IEP.	
Other Services by Contract	UMFS contracts with providers for speech, OT, and PT	Other
Home Bound	Instruction provided to youth not in the school. This component	Other
	is used rarely and can incorporate virtual meetings. It is NOT	
	virtual school for any youth and only used as a last resort.	