

FREDERICK COUNTY FIRE AND RESCUE DEPARTMENT – TRAINING DIVISION
RECRUIT CLASS # 16 SCHEDULE

| DATE | LOCATION | SUBJECT | LEAD INSTRUCTOR | ASSISTANT INSTRUCTOR |
|--|-----------------------|---|--|----------------------|
| September 16, 2024 | OneLife Fitness ANNEX | Physical Fitness FMS Baseline / Expectations (3 Hours) Fire and Rescue Department Officer Introductions (1 Hour) Human Resources – Benefits / Orientation (4 Hours) | OneLife Staff Administration and Training Division Staff Human Resources Staff | |
| September 17, 2024 | OneLife Fitness ANNEX | Physical Fitness Training / Assessments (5 Hours) Educational Process Overview (3 Hours) | | |
| September 18, 2024 | ANNEX STATION15 | Station Tours (8 Hours) SCBA Facepiece / N – 95 Fit Testing (2 Hours) | | |
| September 19, 2024 | ANNEX | Station Tours (8 Hours) Stress First Aid (2 Hours) | | |
| FIREFIGHTER CERTIFICATION COURSE BEGINS | | | | |
| September 23, 2024 | ANNEX | The Fire Service Classroom (4 Hours) Fire Fighter Health and Safety Classroom (4 Hours) Fire Services Communications Classroom / Practical (4 Hours) | | |
| September 24, 2024 | ANNEX | Personal Protective Equipment/Self Contained Breathing Apparatus Classroom / Practical (8 Hours) | | |
| September 25, 2024 | WFCRTC | Personal Protective Equipment/Self Contained Breathing Apparatus Practical (10 Hours) | | |
| September 26, 2024 | WFCRTC | Personal Protective Equipment/Self Contained Breathing Apparatus Practical (10 Hours) | | |
| September 30, 2024 | WFCRTC | Personal Protective Equipment/Self Contained Breathing Apparatus Practical (10 Hours) | | |
| October 1, 2024 | ANNEX | Hazardous Materials First Responders: Awareness/Operations Course (10 Hours) | | |
| October 2, 2024 | ANNEX | Hazardous Materials First Responders: Awareness/Operations Course (10 Hours) | | |
| October 3, 2024 | ANNEX | Hazardous Materials First Responders: Awareness/Operations Course (10 Hours) | | |
| October 7, 2024 | ANNEX | Hazardous Materials First Responders: Awareness/Operations Course (10 Hours) | | |
| October 8, 2024 | WFCRTC | Hazardous Materials First Responders: Awareness/Operations Course (10 Hours) | | |
| October 9, 2024 | WFCRTC | State Written and Practical Testing Hazardous Materials First Responders: Awareness and Operations Course (8 Hours) Fire Behavior Classroom (2 Hours) | | |

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|-----------------------------------|---------------------------------------|--|-----------------|----------------------|
| October 10, 2024 | ANNEX | Building Construction Classroom (4 Hours) Portable Fire Extinguisher Classroom (2 Hours) | | |
| October 14, 2024 | County Holiday - Columbus Day | | | |
| October 15, 2024 | ANNEX | Tools and Equipment Classroom (4 Hours) Ropes and Knots Classroom (3 Hours) Forcible Entry Classroom (3 Hours) | | |
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| October 16, 2024 (12 Hours) | WFCFRTC | Tools and Equipment Practical (1 Hour) Portable Fire Extinguisher Practical (3 Hours) Ropes and Knots Practical (5 Hours) | | |
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| October 17, 2024 | WFCFRTC | Ladders Classroom (3 Hours) Forcible Entry Practical (6 Hours) Ladders Practical (1 Hour) | | |
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| October 21, 2024 | WFCFRTC | Ladder Practical (8 Hours) Forcible Entry Practical (2 Hours) | | |
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| October 22, 2024 | WFCFRTC | Ladders Practical (10 Hours) | | |
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| October 23, 2024 | WFCFRTC | Search and Rescue Classroom (3 Hours) Practical (5 Hours) | | |
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| October 24, 2024 | WFCFRTC | Search and Rescue Practical (10 Hours) | | |
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| October 28, 2024 | WFCFRTC | Search and Rescue Practical (10 Hours) | | |
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| October 29, 2024 | WFCFRTC | Ventilation Classroom (3 Hours) Practical (7 Hours) | | |
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| October 30, 2024 | WFCFRTC | Practical Assessments | | |
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| October 31, 2024 | ANNEX | Water Supply Classroom (8 Hours) Fire, Hose, Appliances, and Nozzles Classroom (2 Hours) | | |
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| November 4, 2024 | ANNEX | Fire, Hose, Appliances, and Nozzles Classroom (2 Hours) Supply and Attack Line Evolutions Classroom (3 Hours) Fire Suppression Classroom (3 Hours) | | |
| November 5, 2024 | County Holiday – Election Day | | | |
| November 6, 2024 (12 Hour Day) | WFCFRTC | Water Supply Practical (7 Hours) Fire Hose, Appliances and Nozzles Practical (3 hours) | | |
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| November 7, 2024 | WFCFRTC | Fire Hose, Appliances and Nozzles Practical (2 Hours) Supply Line & Attack Line Evolutions (5 Hours) Fire Suppression Practical (3 Hours) | | |
| November 11, 2024 | County Holiday – Veteran's Day | | | |

RECRUIT CLASS # 16 SCHEDULE

| DATE | LOCATION | SUBJECT | LEAD INSTRUCTOR | ASSISTANT INSTRUCTOR |
|------------------------------------|--------------------------------------|---|-----------------|----------------------|
| November 12, 2024 | WFCRTC | Fire Suppression Practical (2 Hours) Supply & Attack Line Evolutions (8 Hours) | | |
| November 13, 2024 (12 Hour Day) | WFCRTC | Fire Suppression Evolutions Supply & Attack Line Evolutions | | |
| November 14, 2024 | WFCRTC | Fire Suppression Evolutions Supply & Attack Line Evolutions | | |
| November 18, 2024 | WFCRTC | Practical Assessment | | |
| November 19, 2024 | WFCRTC | Practical Assessment | | |
| November 20, 2024 | ANNEX | Salvage and Overhaul Classroom (3 Hours) Firefighter Rehabilitation Classroom (3 Hours) Wildland Ground Cover Fires Classroom (3 Hours) | | |
| November 21, 2024 | WFCRTC | Salvage and Overhaul Practical (4 Hours) Firefighter Rehabilitation Practical (3 hours) Wildland Ground Cover Fires Practical (3 Hours) | | |
| November 25, 2024 | WFCRTC | Structure Fire Practical (8 Hours) | | |
| November 26, 2024 | WFCRTC | Structure Fire Practical (10 Hours) | | |
| November 27 – 29, 2024 | County Holiday – Thanksgiving | | | |
| December 2, 2024 | WFCRTC | Firefighter Level I Class Review (4 Hours) Local Firefighter Level I Cognitive Examination (4 Hours) | | |
| December 3, 2024 | WFCRTC | Skills Testing (8 Hours) | | |
| December 4, 2024 | WFCRTC | Skills Testing (8 hours) | | |
| December 5, 2024 | WFCRTC | Skills Testing (8 Hours) | | |
| December 9, 2024 | WFCRTC | State Written and Practical Test Day – Firefighter I (6 Hours) Establishing and Transferring Command Classroom (3 Hours) | | |
| December 10, 2024 | ANNEX | Establishing and Transferring Command Practical (2 Hours) Advanced Fire Suppression Classroom (3 Hours) Vehicle Extrication Classroom (2 Hours) | | |
| December 11, 2024 | WFCRTC | Advanced Fire Suppression Practical (8 Hours) Ropes and Knots Review (2 Hours) | | |

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| DATE | LOCATION | SUBJECT | LEAD INSTRUCTOR | ASSISTANT INSTRUCTOR |
|--|------------|---|-----------------|----------------------|
| December 12, 2024 | WFCFRTC | Assisting Special Rescue Teams Classroom (3 Hours) Practical (2 Hours) Swift Water Rescue Awareness Class/Practical (5 Hours) | | |
| December 16, 2024 | WFCFRTC | Low Angle Rope Rescue Operations Class (10 Hours) | | |
| December 17, 2024 | WFCFRTC | Low Angle Rope Rescue Operations Class (10 Hours) | | |
| December 18, 2024 | WFCFRTC | Vehicle Rescue Operations Level I Classroom/Practical (10 Hours) | | |
| December 19, 2024 | WFCFRTC | Vehicle Rescue Operations Level I Practical (10 Hours) | | |
| December 23, 2024 (12 Hour Day) | ANNEX | Fire Detection, Suppression, and Smoke Control Systems Classroom (3 Hours) Fire & Life Safety Initiatives Classroom (3 Hours) Fire Origin and Cause Classroom (3 hours) | | |
| December 24 – 25, 2024 County Holiday - Christmas | | | | |
| December 26, 2024 (12 Hour Day) | WFCFRTC | Fire Detection, Suppression, and Smoke Control Systems Practical (1 Hours) Fire & Life Safety Initiatives Practical (2 Hours) Fire Origin and Cause Practical (1 hours) Skills Testing (6 hours) | | |
| December 30, 2024 | WFCFRTC | Structure Fire Practical (10 Hours) | | |
| December 31, 2024 | WFCFRTC | Structure Fire Practical (10 Hours) | | |
| January 1, 2025 County Holiday – New Year's Day | | | | |
| January 2, 2025 (12 Hour Day) | WFCFRTC | Skills Testing (6 hours) Class Review (4 Hours) | | |
| January 6, 2025 | WFCFRTC | State Written and Practical Test Day – Firefighter II (4 Hours) Firefighter Rescue and Survival Lecture (4 Hours) | | |
| January 7, 2025 | WFCFRTC | Firefighter Rescue and Survival Lecture (4 Hours) Practical (6 hours) | | |
| January 8, 2025 | WFCRTC | Firefighter Rescue and Survival Practical (10 Hours) | | |
| January 9, 2025 | WFCRTC | Firefighter Rescue and Survival Practical (10 Hours) | | |
| January 13, 2025 | WFCRTC | Firefighter Rescue and Survival Practical (10 Hours) | | |
| January 14, 2025 | ANNEX | Emergency Vehicle Operator's Course Classroom (8 Hours) | | |
| January 15, 2025 | STATION 21 | Emergency Vehicle Operator's Course Practical Driving (8 Hours) | | |
| January 16, 2025 | STATION 14 | Tuscarora Hike (8 Hours) | | |

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|---|--|--|-----------------|----------------------|
| January 20, 2025 | County Holiday – Martin Luther King Day | | | |
| January 21, 2025 | STATION 21 | Emergency Vehicle Operator's Course State Testing (Written / Practical) American Heart Association – BLS Provider Course (4 Hours) | | |
| EMERGENCY MEDICAL TECHNICIAN CERTIFICATION COURSE BEGINS | | | | |
| January 22, 2025 | ANNEX | Competency and Clinical Rotation Documentation Training (2 Hours) Well-being of the EMT, Infection Control Policies and Procedures Classroom (3 Hours) Communication and Documentation Classroom (3 Hours) Medical Terminology Classroom (1 Hour) | | |
| January 23, 2025 (12 Hour Day) | ANNEX | Human Anatomy and Physiology Classroom (8 Hours) | | |
| January 27, 2025 | ANNEX | Emergency Medical Services Classroom (2 Hours) A Team Approach to Healthcare Classroom (1 Hour) Medical, Legal and Ethical Issues of E.M.S. Classroom (3 Hours) | | |
| January 28, 2025 | ANNEX | Life Span Development Classroom (1 Hour) Patients with Special Challenges Classroom (2 Hours) Transportation Operations Classroom (2 Hours) | | |
| January 29, 2025 | WFCRTC | Lifting and Moving Classroom / Practical (8 Hours) | | |
| January 30, 2025 | ANNEX | <u>Module Examination (Preparatory)</u> Airway Management Classroom / Practical (8 Hours) | | |
| February 3, 2025 | ANNEX | Airway Management Evaluation (2 Hours) Lifting and Moving Evaluation (3 Hours) Patient Assessment – Station to Scene Classroom (3 Hours) | | |
| February 4, 2025 | ANNEX | Patient Assessment – Primary Assessment Classroom / Practical (4 Hours) Patient Assessment – Vital Signs Assessment Classroom / Practical (4 Hours) | | |
| February 5, 2025 | ANNEX | ImageTrend® Incident Documentation Software Training (3 Hours) Patient Assessment – Secondary Assessment Classroom / Practical (5 Hours) | | |
| February 6, 2025 | ANNEX | Patient Assessment – Medical Patient Assessment Practical (8 Hours) | | |
| February 10, 2025 | ANNEX | Patient Assessment – Trauma Patient Assessment Practical (8 Hours) | | |
| February 11, 2025 | ANNEX | Shock Management Classroom (3 Hours) Patient Assessment – Medical and Trauma Assessment Practical (5 Hours) | | |
| February 12, 2025 | ANNEX | <u>Module Examination (Airway Management, Patient Assessment)</u> Airway Management Testing (2 Hours) | | |

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|------------------------------------|---|---|-----------------|----------------------|
| | | Lifting and Moving Patients Testing (2 Hours) Communication and Documentation Testing (1 hour) CPR Testing (2 Hours) | | |
| February 13, 2025 | ANNEX | Patient Assessment Testing (4 Hours) Principles of Pharmacology Classroom / Practical (4 hours) | | |
| February 17, 2025 | County Holiday – President's Day | | | |
| February 18, 2025 | STATIONS | Field Rotations (10 Hours) | | |
| February 19, 2025 (12 Hour Day) | STATIONS | Field Rotations (12 Hours) | | |
| February 20, 2025 | STATIONS | Field Rotations (10 Hours) | | |
| February 24, 2025 | ANNEX | Medical Emergencies Overview Classroom (1 Hour) Respiratory Emergencies Classroom (4 Hours) Cardiovascular Emergencies Classroom (4 Hours) | | |
| February 25, 2025 | ANNEX | CPR and LUCAS Skills Evaluation (2 Hours) Airway Management Evaluation (2 Hours) Respiratory and Cardiovascular Patient Assessment and Treatment Practical (4 Hours) | | |
| February 26, 2025 | ANNEX | <u>Module Examination (Cardiovascular and Resuscitation)</u> Neurological Emergencies Classroom / Practical (4 Hours) Gastrointestinal and Urological Emergencies Classroom / Practical (3 Hours) | | |
| February 27, 2025 | ANNEX | Endocrine and Hematological Emergencies Classroom / Practical (3 Hours) Allergy and Anaphylaxis Classroom (2 Hours) Behavioral Health Classroom (3 Hours) | | |
| March 3, 2025 | ANNEX | Toxicological Emergencies Classroom / Practical (3 Hours) Gynecological Emergencies Classroom (1 Hour) Obstetrical and Gynecological Emergencies Classroom / Practical (4 Hours) | | |
| March 4, 2025 | ANNEX | Medical Patient Assessment and Treatment Practical (8 Hours) | | |
| March 5, 2025 | ANNEX | Medical Patient Assessment and Treatment Practical (8 Hours) | | |
| March 6, 2025 | ANNEX | Medical Competencies (8 Hours) | | |
| March 10, 2025 | STATIONS | Field Rotations (10 Hours) | | |
| March 11, 2025 | STATIONS | Field Rotations (10 Hours) | | |

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| March 12, 2025 | STATIONS | Field Rotations (12 Hours) | | |
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| March 13, 2025 | ANNEX | Trauma Patient Overview Classroom (1 Hour) Bleeding and Soft-Tissue Injuries Classroom / Practical (6 Hours) | | |
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| March 17, 2025 | ANNEX | Bleeding and Soft-Tissue Injuries Classroom / Practical (8 Hours) | | |
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| March 18, 2025 | ANNEX | Face and Neck Injuries Classroom / Practical (4 Hours) Head and Spine Injuries Classroom / Practical (4 Hours) | | |
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| March 19, 2025 | ANNEX | Head and Spine Injuries Practical (4 Hours) Vehicle Extrication Scene Size-Up and Equipment Overview Practical (1 Hour) Chest, Abdominal and Genitourinary Injuries Classroom / Practical (3 Hours) | | |
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| March 20, 2025 | ANNEX | Trauma Patient Assessment and Treatment Practical (8 Hours) | | |
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| March 24, 2025 | ANNEX | Trauma Patient Assessment and Treatment Practical (8 Hours) | | |
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| March 25, 2025 | ANNEX | Orthopaedic Emergencies Classroom / Practical (8 Hours) | | |
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| March 26, 2025 | ANNEX | Orthopaedic Emergencies Testing (4 Hours) Environmental Emergencies (4 Hours) | | |
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| March 27, 2025 | ANNEX | Medical and Trauma Competencies (8 Hours) | | |
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| March 31, 2025 | ANNEX | Medical and Trauma Competencies (8 Hours) | | |
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| April 1, 2025 | STATIONS | Field Rotations (10 Hours) | | |
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| April 2, 2025 | STATIONS | Field Rotations (10 Hours) | | |
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| April 3, 2025 | STATIONS | Field Rotations (12 Hours) | | |
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| April 7, 2025 | STATIONS | Incident Management, Virginia Mass Casualty Incident Management Level I Classroom / Practical (8 Hours) | | |
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| April 8, 2025 | ANNEX | Class Review (3 Hours) Final Local EMT Cognitive Examination (3 Hours) | | |
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| April 9, 2025 | ANNEX | Final Trauma Patient Assessment and Treatment Testing (10 Hours) | | |
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| April 10, 2025 | ANNEX | Final Medical Patient Assessment and Treatment Testing (10 Hours) | | |
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| April 14, 2025 | ANNEX | Fire Manager Scheduling Software Classroom (2 Hours) Frederick County Professional Firefighter Association Registration Meeting (2 Hours) Review Session (4 Hours) | | |
| April 15, 2025 | ANNEX | NREMT Cognitive Examination (4 Hours) Equipment Rehabilitation (4 Hours) | | |
| April 16, 2025 | ANNEX | Advanced Law Enforcement Rapid Response (ALERRT) Course (10 Hours) | | |
| April 17, 2025 | WFCFRTC | Fire Training Review (8 Hours) | | |
| April 21, 2025 | WFCFRTC | Lord Fairfax EMS Council Regional BLS Protocols Class (4 Hours) "Day In The Life" Preparation (4 Hours) | | |
| April 22, 2025 | ANNEX | "Day In The Life" (24 Hours) | | |
| April 24, 2025 | TBD | Recruit Class # 16 Graduation Ceremony (6 Hours) | | |

Location Abbreviations:

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| FCPSB | Frederick County Public Safety Building (1080 Coverstone Drive, Winchester Virginia) |
| ANNEX | Training Division Annex Building (860 Smithfield Avenue, Winchester Virginia) |
| WFCFRTC | Winchester / Frederick County Regional Training Center (1716 Woodstock Lane, Winchester Virginia) |
| STATION 21 | Millwood Station Fire and Rescue Station (250 Costello Drive, Winchester Virginia) |
| STATION 14 | Gore Fire and Rescue Station (7184 Northwestern Pike, Gore) |

All days will begin at One Life Fitness Center (251 Commonwealth Court, Winchester Virginia) at 0700 Hours unless otherwise notified.

Physical Training (PT) will be from 0700 – 0900. **Highlighted** days indicate no PT that morning.

Remainder of day will at location listed in schedule and will end at 1700 unless scheduled as a 8 – hour (ends at 1500) or 12 – hour day (ends at 1900).