



**Family
Preservation
Services**
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Services Offered
July 01, 2023 – June 30, 2024

Local Contacts and Service Referral Form can be found at www.fpscorp.com.
Please call your local office to confirm service and staff availability.

**This rate sheet is used for services provided by the following FPS offices and surrounding areas: Roanoke, Lynchburg, Farmville, Staunton, Winchester, and Norfolk *Before sending a referral please consult with your local FPS office regarding availability of services	
Service & Description	Rates/Units
Child & Adolescent Services	
<i>Therapeutic Mentoring Services</i> A strength-based support service that is designed to address and improve daily living, social, and communication needs. This service can be used to prevent, support or assist with the transition from a more intensive level of service. Therapeutic mentoring services include coaching and training our youth in age-appropriate behaviors; interpersonal and intrapersonal communication; problem-solving; relationship building; and social activities that coincide with each youth's individualized service plan.	\$58/hour
<i>Casey Life Skills Coaching</i> Assist youth in transitioning into adulthood and living independently with tools to achieve their long-term goals. Functional areas that CLS assesses may include: Daily living and self-care activities, maintaining healthy relationships, work and study habits, using community resources, money management, computer literacy and online safety, civic engagement, navigating the child welfare system.	\$65/hour
<i>*Intensive In-Home Services (IIHS)</i> Service for families with an identified child/adolescent under the age of 21 who is at-risk of being moved into an out of home placement or who is being transitioned to the home from an out of home placement due to documented clinical needs of the child. Services are intensive, time-limited interventions provided typically but not solely in the residence. These services provide crisis treatment, individual and family counseling and communication skills (e.g. counseling to assist the child and his caregivers in understanding and practicing appropriate problem-solving, anger management, and interpersonal interactions, etc.) Coordination with other services is also required in an effort to meet social, physical and mental health needs. 24-hour emergency response.	\$67.50/hour
<i>Supportive In-Home Services</i> Service for families with an identified child/adolescent under the age of 21 who needs assistance with psycho-education, support and structure to ensure safety in the home and community. This service may often be used when a child does not meet medical necessity for IIHS, yet the family has a continued need.	\$67.50/hour
<i>Virtual Residential Program (VRP)</i> VRP© is a family-centered and strengths-based intervention that combines the structure of residential programs with the benefits of in-home efficacy. Using evidenced-based perspectives and therapies, VRP© targets multiple determinants of problems facing youths and their families. It also provides families, schools, and communities with a diversion alternative to prevent unnecessary out-of-home placements and/or to expedite successful step-down of youth following residential or psychiatric placements. A phase system approach is used to assess treatment progress, provide structure to the home environment and to facilitate the family's progress to less-intensive interventions. The VRP therapeutic approach is individualized, contextualized and trauma informed in order to meet the needs of each family.	\$80.00/hour

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<p><i>*Applied Behavior Analysis (ABA)</i> This service is provided by Behavior Technicians and Registered Behavior Technicians who work with the client and family on the implementation of the treatment plan. Supervision and parent training in ABA is work completed by an LBA/BCBA/BCaBA that is ongoing for each and includes supervision of RBT/BT (sometimes simultaneously), treatment plan updating, caregiver training, and services such as direct observation and feedback. This may be up to 25% of the direct service hours.</p>	\$120.00/hour
<p><i>Consultation with LBA</i> Licensed Behavioral Analysts use interviews, rating scales, and social validity measures to assess perceptions of the client's skill deficits and behavioral excesses, and the extent to which these deficits and excesses impede the life of the individual and the family. LBAs utilize Functional Behavioral Assessment to identify aspects of the environment that may contribute to the development and continued occurrence of problem behavior. LBAs seek out strengths of the individual and family to build upon. LBAs make recommendations regarding possible treatment services for the individual and the family based on the intake assessment, functional behavioral assessment and other functional assessments that help to identify the treatment areas.</p>	\$150/hour
<p><i>*Multi-Systemic Therapy (MST)</i> MST is delivered over 3-5 months. An MST Therapist meets with the caregiver, family, and/or youth, as well as others in the youth's ecology, as frequently as needed to achieve treatment goals. Services are delivered in the home, school, and community at times convenient for the family. Specific strategies and techniques are selected and tailored after careful assessment of the "fit" of factors driving the problem behavior. Interventions are closely monitored for effectiveness and modified as needed. Risk factors which increase the likelihood of negative outcomes (e.g., drug use, delinquency, school dropout, violent behavior, incarceration) are targeted for a decrease. Protective factors are targeted for increase.</p>	\$120/day
<p><i>School-Based Mental Health Services</i> School-Based Mental Health Services address the behavioral health challenges of students in the school setting, which is an important part of the community-centered approach. This service is intended to address underlying behavioral and mental health conditions, which are often manifested through behaviors. This service allows for students to be supported in the educational environment while maintaining them within their communities.</p>	\$60/hour
<p><i>School-Based Groups</i> School-Based Group Services for students who are presenting significant emotional and/or psychological challenges in their life and need assistance developing new coping strategies to deal with day-to-day problems. The purpose of this service is to provide structured groups by a Qualified Mental Health Professional through multiple interventions on topics to assist those who are experiencing significant challenges in their lives. Topics include: stress management, communication skills, self-esteem, social media, peer relationships, etc.</p>	\$150/group session (up to 10 students per group, minimum of 3)


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Family Support Services	
<p>Parent Aid Services</p> <p>This is a prevention and intervention service that works to provide and empower caretakers with the knowledge and tools necessary to successfully parent with confidence while nurturing and developing/maintaining a healthy relationship with their child. Caretakers are assessed and individualized service plans are developed to teach caretakers parenting skills through a combination of evidenced- based parenting curriculums, implementation of curriculum goals, role-play, modeling, and tailored interventions that are provided to help facilitate healthy parenting strategies in the home.</p>	\$70.00/hour
<p>Individual Parenting Education</p> <p>Parenting Education offers support and education for parents and caregivers to empower and provide them with the resources needed to safely and effectively raise their children. Services include: parent training, mentoring, life skills enhancement, and psycho-educational programs.</p>	\$70.00/hour
<p>Parenting Education Groups</p> <p>Parenting Education groups offer support and education for parents and caregivers to empower and provide them with the resources needed to safely and effectively raise their children. Services include: parent training, mentoring, life skills enhancement and psycho-educational programs.</p>	\$70/per person per hour
<p>Parenting Assessments</p> <p>Assessment using the Parenting Stress Index designed to evaluate the magnitude of stress in the parent-child system and is commonly used as a diagnostic measure that focuses on three major domains of stress: child characteristics, parent characteristics, and situational/demographic life stress. This assessment may be requested for one parent or two parents.</p>	\$500/per assessment
<p>Parenting Capacity Assessments</p> <p>A Parenting Capacity Assessment evaluates the capacity of one or both parents to provide for their child's physical and emotional well-being and safety. The PCA is conducted by and/or signed off by a Licensed Mental Health Provider and results in a report that addresses the referral questions and provides a summary and recommendations. Functional parenting skills will be assessed by: clinical interview with parent(s)/caregiver(s); review of all available information from court reports, DSS records, past medical and mental health treatment records, observation of parent and child in a natural setting (unless a "no contact" order is in place); administration of relevant assessment instruments and parenting inventories; interviewing collateral sources (i.e. DSS caseworker, Therapist, Resource parent, etc.), and administration of child assessment measures, if indicated.</p>	\$1200/per assessment

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<p>Parent Child Interaction Therapy (PCIT) PCIT is a short-term, specialized behavior management program designed for young children, ages 2 to 7, experiencing behavioral and/or emotional difficulties and their families. PCIT teaches caregivers to manage their child's difficult behaviors, while increasing their positive behaviors. PCIT works with the child and caregiver together to improve behavior and reduce parenting stress.</p>	<p>\$124/hour</p>
<p>High Fidelity Wraparound - Intensive Care Coordination (ICC) The purpose of the service is to safely and effectively maintain the child in, or transition/return the child home, to a relative's home, family-like setting, or community at the earliest appropriate time that addresses the child's needs. ICC activities include: identifying the strengths and needs of the child and his family through conducting comprehensive family-centered assessments; developing plans in the event of crisis situations, identifying specific formal services and informal supports necessary to meet the identified needs of the child and his family, building upon the identified strengths; implementing, regular monitoring of and making adjustments to the plan to determine whether the services and placement continue to provide the most appropriate and effective services for the child and his family.</p>	<p>\$1020/month</p>
<p>*Community Stabilization Community Stabilization is a direct mental health service for individuals experiencing an acute crisis of a psychiatric nature that may jeopardize their current community living situation. The goals are to avert hospitalization or re-hospitalization; provide normative environments with a high assurance of safety and security for crisis intervention; stabilize individuals in psychiatric crisis; and mobilize the resources of the community support system, family members, and others for ongoing maintenance, rehabilitation, and recovery.</p>	<p>\$60/unit 1 unit = 15 minutes</p>
Adult Services	
<p>*Mental Health Skill-building Services (MHSS) Mental Health Skill-building Services is a program designed to work with individuals with a clinical need arising from a condition due to mental, behavioral or emotional illness that results in significant impairments in major life activities. The goal of Mental Health Skill-building Services is to provide training to adult individuals, while promoting recovery and the ability to maintain community stability in the most appropriate, least restrictive environment.</p>	<p>\$102.38/unit 1 unit = 1-2.99 hours/day 2 unit = 3-4.99 hours/day 3 unit = 5-6.99 hours/day</p>
Court Appearances	
<p>Court Appearances Professional is subpoenaed to appear in court to testify on behalf of a client in non-criminal case.</p>	<p>\$150.00/hour (minimum \$450/day)</p>

***Medicaid Funded Service - This service requires that recipient meet eligibility criteria for the DMAS defined medical model.**



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Outpatient Therapy Services	
Outpatient Therapy	
<i>Mental Health Evaluation & Report</i>	\$250.00/per evaluation
<i>Enhanced Mental Health Evaluation & Report</i> Enhanced Mental Health Evaluation to include the administration of additional assessment instruments, including a combination of: PHQ9, C-SSRS, Trauma Exposure Checklist, Child Posttraumatic Stress Disorder Symptom Scale, UCLA PTSD Reaction Index, Children's Hope Scale, Brief Multidimensional Students' Life Satisfaction Scale, Symptoms & Functioning Severity Scale, Satisfaction with Life Scale, Caregiver Strain Questionnaire, Marschak Interaction Method, and others, as clinically indicated. The report will include a summary of all results and recommendations.	\$300.00/per evaluation
<i>Individual Therapy</i>	\$125.00/hour
<i>Family Therapy</i>	\$135.00/hour
<i>Trauma-Focused Cognitive Behavioral Therapy</i>	\$125.00/hour
<i>Mental Health – Intensive Outpatient Program (MH-IOP) (programs available for adults and adolescents)</i>	\$159.20/day
<i>Medication Management Services – Telehealth Only</i>	\$100/unit 1 unit = 15 minutes
ARISE – Substance Use Disorder Services	
<i>Substance Use Evaluation & Report</i>	\$125.00/per evaluation
<i>*Substance Use Case Management</i>	\$273.38/month
<i>SUD Individual Therapy</i>	\$125.00/hour
<i>SUD Family Therapy</i>	\$135.00/hour
<i>*Substance Use – Intensive Outpatient Program (SUD-IOP) – Adults (3-hour blocks, 4 days per week)</i>	\$281.25/day
<i>*Substance Use – Intensive Outpatient Program (SUD-IOP) – Adolescents (2-hour blocks, 3 days per week)</i>	\$281.25/day
<i>Continuing Care Group</i>	\$50.00/per person per group
<i>Drug Screens (KNO Cup)</i>	\$20.00/cup
Adolescent Sexual Harm Services	
<i>Psychosexual Evaluation & Report-Telehealth Only</i>	\$1,250.00/ per evaluation
<i>Adolescent Sexual Harm Individual Therapy</i>	\$125.00/hour

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<i>Adolescent Sexual Harm Family Therapy</i>	\$135.00/hour
<i>Adolescent Sexual Harm Home-Based Services (only available as an addition to Adolescent Sexual Harm Individual Therapy)</i>	\$75/hour
Domestic Violence Offender Services	
<i>Domestic Violence Inventory w/ scoring and evaluation recommendations</i>	\$250.00/per evaluation
<i>Domestic Violence Offender Outpatient Therapy – using the DVO Treatment Curriculum – A CBT Approach</i>	\$125.00/hour

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Treatment Foster Care	
Foster Care Maintenance (0-4 years of age)	\$521.00/month
Foster Care Maintenance (5-12 years of age)	\$609.00/month
Foster Care Maintenance (13+ years of age)	\$772.00/month
Additional Daily Supervision/Enhanced Maintenance: This fee is the source of the payment to foster parents for the extra supervision involved in their work with special needs/emotionally disabled youth as defined by the Virginia Enhanced Maintenance Assessment Tool (VEMAT).	Per VEMAT Score
*Treatment Foster Care Case Management Assists in gaining access to needed medical, social, educational and other services. It covers assessment, planning, referral and monitoring of services. This service is combined with the appropriate TFC-Treatment Level assigned to the child. In most cases this service will be reimbursed by Medicaid. If eligibility requirements are not met due to medical necessity, continued need for the service will be determined by the DSS case manager and approval for payment sought through CSA.	\$367.31/month
Assessment Treatment Level Children served at the assessment level of treatment foster care are those who are newly placed with a licensed child placing agency and for whom an assessment to determine the appropriate level of foster care services is being conducted. Not to exceed 60 days.	\$150.00/night
Non-Treatment Foster Care Level Children served at the non-treatment level of foster care may be developmentally on target, demonstrated age appropriate behaviors, able to participate in community activities without restriction, or be the sibling of a child who meets the criteria for ongoing TFC placement in the same foster home. Children shall be served at the Non-Treatment Foster Care level if the assessment indicates treatment foster care services are not needed. Services offered at this level will include: At least one face to face monthly visit with the consumer and foster parent. Availability of the agency On-Call system.	\$80.00/night

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Treatment Support – Level 1 (Mild) A child served at Level 1 ongoing treatment foster care will demonstrate a mild level of social/emotional/behavioral/medical/personal care needs or impairment for normal range of age and development; such as but not limited to, depression, anxiety, impulsivity, hyperactivity, anger control, trauma, oppositional, substance use, eating disorder, physical health condition, developmental delay, or intellectual. Needs require monitoring or agency may need to provide services to lessen likelihood needs will return.	\$130.00/night
Treatment Support – Level 2 (Moderate) A child served at Level 2 ongoing treatment foster care will demonstrate a moderate level of social/emotional/behavioral/medical/personal care needs or impairment for normal range of age and development; such as but not limited to, depression, anxiety, impulsivity, hyperactivity, anger control, adjustment to trauma, oppositional, substance use, eating disorder, physical health condition, developmental delay, or intellectual. The child's needs require that action (interventions, services supports, etc.) be taken to address, remedy or ameliorate the needs. The child served at this level will receive case management services at no less than three face to face contacts per month, of which one will include the foster parents to continue to assess the relationship and stability of the placement.	\$145.00/night
Treatment Support - Level 3 (Significant) A child served at Level 3 ongoing treatment foster care will demonstrate a significant level of social/emotional/behavioral/medical/personal care needs or impairment for normal range of age and development; such as but not limited to, depression, anxiety, impulsivity, hyperactivity, anger control, adjustment to trauma, oppositional, substance use, eating disorder, physical health condition, developmental delay, or intellectual. The child's needs are of such acuity or severity that they require intensive action (interventions, services, supports, etc.) be taken to address, remedy or ameliorate the needs. A child served at this level may be at risk of residential placement. The child served at this level will receive case management services weekly. At least one face to face visit will include the foster parents to continue to assess the relationship and stability of the placement.	\$155.00/night
Short-Term/Emergency Foster Care Services This service provides respite to caregivers by placing the child in a treatment foster home on a short-term basis. The temporary stay gives caregivers an opportunity to stabilize their environment, make it safe, build supports, to maintain the family unit and prevent placement in a more restrictive setting. Short term foster care includes supervision and support from the foster family and trained staff, as well as emergency services. This may also be used for a youth needing a short stay that was previously in foster care. Not to exceed 29 days.	\$200.00/night

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