



# GIL INSTITUTE

FOR TRAUMA RECOVERY & EDUCATION

## FREDERICK COUNTY

### **RATE SHEET** **GIL INSTITUTE FOR TRAUMA RECOVERY AND EDUCATION**

**EFFECTIVE RATES: July 1, 2023-June 30, 2024**

The listed rates are part of Outpatient Services in person or via TeleHealth  
**Please note that a comprehensive description of services can be found at**  
**[www.gilinstitute.com](http://www.gilinstitute.com)**

<b>Name of Service &amp; Description</b>	<b>Rate</b>	<b>Unit</b>
<b>Outpatient Services</b>		
<b>Individual Outpatient Psychotherapy (LCSW, LMFT, LPC)</b>	<b>\$195.50</b>	<b>Session</b>
<b>(45-50 minutes)</b>		
<b>Psychotherapeutic services provided by a licensed clinician in an office.</b>		
<b>Family Outpatient Psychotherapy (LCSW, LMFT, LPC)</b>	<b>\$195.50</b>	<b>Session</b>
<b>Psychotherapeutic services provided by a licensed clinician in an office.</b>		
<b>Couples Outpatient Psychotherapy (LCSW, LMFT, LPC)</b>	<b>\$195.50</b>	<b>Session</b>
<b>Psychotherapeutic services provided by a licensed clinician in an office.</b>		
<b>Individual Outpatient Psychotherapy (Licensed PhD, PsyD)</b>	<b>\$207</b>	<b>Session</b>
<b>Psychotherapeutic services provided by a licensed clinician in an office.</b>		
<b>Family Outpatient Psychotherapy (Licensed PhD, PsyD)</b>	<b>\$207</b>	<b>Session</b>
<b>Psychotherapeutic services provided by a licensed clinician in an office.</b>		
<b>Couples Outpatient Psychotherapy (Licensed PhD, PsyD)</b>	<b>\$207</b>	<b>Session</b>
<b>Psychotherapeutic services provided by a licensed clinician in an office.</b>		
<b>Group Outpatient Psychotherapy</b>		
<b>(LCSW, LMFT, LPC, Licensed PhD, PsyD)</b>	<b>\$ 109.25</b>	<b>Session</b>
Time-limited (up to 12 sessions) group therapy services for children, adolescents, and adults on a variety of areas such as sexual abuse, divorce, parent support, and adoption, Circle of Security. Availability of group services in Spanish and English is based on demand. The \$109.25 Rate is per/ person.		
<b>Assessment/Evaluation</b>		
<b>Parent Child Assessment</b>	<b>\$195.50 or \$207</b>	<b>Session</b>
This parent-child assessment model utilizes the Marshak Inventory to pinpoint specific parent-child difficulties and strengths and allows trained clinicians to develop treatment plans based on data		

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obtained from the observed assessment. Service Procedure includes: phone or in-person interview with referring professionals with identification of specific assessment question and needs followed by the completion of the assessment, and the interpretation of parent-child interactions. Parent-child participation in the MIM may last 30 to 60 minutes. Clinician will review and interpretate the videotaping of parent-child meeting(s); offer feedback to parents about videotaped session (if appropriate); and prepare written reports, if requested and agreed upon at the outset.

## Outpatient Services

### Boundary Project Services

**Boundary Project includes a variety of services including individual, group, and family therapy depending on the needs of each case.**

## Assessment/Evaluation

### **Sexual Behavior Problem Assessment for Children                      \$ 195.50 or \$207                      Session**

Up to 8 sessions. Developmentally-sensitive assessment of the child's sexual development, prioritizing on the direct management of identified or suspected problem sexual behaviors. Assessment written report is included in the hourly rate.

## Outpatient Services

### **Boundary Project Parent Group**

**(LCSW, LMFT, LPC, Licensed PhD, PsyD)**

**\$109.25**

**Session**

Time-limited (up to 12 sessions) group therapy services for parents  
Of children identified as in need for this intervention.

## Outpatient Services

### **Boundary Project Child Group**

**(LCSW, LMFT, LPC, Licensed PhD, PsyD)**

**\$109.25**

**Session**

Time-limited (up to 12 sessions) group therapy services for children  
Identified as in need for this intervention.

## Outpatient Services

### **Boundary Project Ind/Fam Therapy**

**\$195.50 or \$207**

**Session**

**Psychotherapeutic services provided by a licensed clinician in an office.**

## Assessment/Evaluation

### **Extended Play Based Developmental Assessment                      \$195.50 or \$207                      Session**

Up to 12-14 sessions comprehensive assessment of children's functioning. Individual rates apply depending on clinician's credentials. Assessment written report is included in the hourly rate.

## Assessment/Evaluation

### **Trauma Assessment and Intervention for Children and Youth   \$195.50 or \$207                      Session**

Post-trauma Assessment of Type 1 and Type 2 traumas. Up to 8-10 sessions. Integrated, trauma-focused approach. Services adjusted for children ages 2 to 17 years. Assessment written report is included in the hourly rate.

## Outpatient Services

### **Circle of Security Parent Program:**

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The Circle of Security Parenting Program is a relationship-based parenting program. Up to eight sessions. Program can be delivered in individual and/or group therapy sessions. Facilitator is a registered parent educator who has received specialized training in the use of this model.

<b>Individual Outpatient Psychotherapy (LCSW, LMFT, LPC)</b>	<b>\$195.50</b>	<b>Session</b>
<b>Individual Outpatient Psychotherapy (Licensed PhD, PsyD)</b>	<b>\$207</b>	<b>Session</b>

Psychotherapeutic services provided by a licensed clinician in an office.

<b>Group Outpatient Psychotherapy (LCSW, LMFT, LPC, Licensed PhD, PsyD)</b>	<b>\$109.25 per/person</b>	<b>Session</b>
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## Outpatient Services

### THERAPLAY:

Theraplay is an attachment-based, relational therapy. Theraplay utilizes a structured parent-child assessment (MIMS) to ascertain parental strengths and weaknesses and allows trained clinicians to target specific relational dimensions.

<b>Individual Outpatient Psychotherapy (LCSW, LMFT, LPC)</b>	<b>\$195.50</b>	<b>Session</b>
<b>Individual Outpatient Psychotherapy (Licensed PhD, PsyD)</b>	<b>\$207</b>	<b>Session</b>

Psychotherapeutic services provided by a licensed clinician in an office.

## Family Support

<b>Individual, Family, and Group Outpatient Psychotherapy</b>	<b>\$ 138</b>	<b>Session</b>
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Psychotherapeutic services provided by unlicensed master level clinicians working under the supervision of a Gil Institute licensed clinician.

## Family Support

<b>Individual, Family, and Group Outpatient Psychotherapy</b>	<b>\$ 149.50</b>	<b>Session</b>
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Psychotherapeutic services provided by unlicensed doctorate level clinicians working under the supervision of a Gil Institute licensed clinician.

## Family Support

<b>Individual, Family, and Group Outpatient Psychotherapy</b>	<b>\$ 166.75</b>	<b>Session</b>
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Psychotherapeutic services provided by unlicensed Doctor level clinicians (PhD, PsyD) working under the supervision of a Gil Institute licensed clinician.

## Other

<b>Fees for Court Appearances</b>	<b>\$368 per hour</b>
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Including but not limited to court preparation, communication with attorneys and Travel Time.

## Other

<b>Assessment written report</b>	<b>Included in the hourly rate</b>
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## Other

<b>Fees for Monthly Written Reports</b>	<b>Included in the hourly rate</b>
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Charge should not exceed more than 1 hour and a half per report.



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**Other**

**Fees for Participating in Treatment Meetings /Family partnership meetings/Consultations with Case manager.**

**Included in the hourly rate**

In person or by telephone participation.

**Other**

**No Show – not paid by county**

**BILINGUAL SERVICES**

Services in Spanish, Arabic, French, Farsi, and Korean depending on availability.