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TEENS, Inc 2023-2024 Services Rate Sheet

TEENS, Inc. is proud to be of service to Winchester City, Frederick County, Clarke County, Warren County, Shenandoah County and Loudoun County in the state of Virginia. As a non-profit organization, we must charge modest fees for our services in order to ensure our sustainability. The Board of Directors has established the following service fee schedule effective July 1, 2023.

Fees per unit services (e.g., mentoring, community service) are based on an hourly rate per participant.

<p><u>Vocational Mentoring:</u> One to one mentoring on and off the TEENS, Inc campus. A community-based program that provides an integrated approach to career development, vocational training or apprenticeship and academic achievement, while teaching vocational agriculture skills, green industry methodologies and important job readiness skills with an overall program goal of fostering the skillset (hard and soft skills) required for participants to obtain and maintain gainful employment. Support for job readiness (e.g., resume building, job seeking) and ongoing oversight to support a youth's employment. Provides supervision and monitoring of job performance, communication with youth and employer, and other related services identified on the treatment plan to maintain steady employment.</p>	<p>\$71.00 per hour</p>
<p><u>Individual Mentoring:</u> One to one mentoring on or off the TEENS, Inc campus. Mentoring includes supporting, coaching, and training participants in age-appropriate behaviors, interpersonal communication, problem-solving and conflict resolution, and relating appropriately to other children and adolescents', as well as adults, in recreational, community, school, and social activities. These services are provided to help ensure the participant's success in navigating various social contexts, learning new skills and making functional progress. Mentors offer supervision of these interactions and engage the participants in discussions about strategies for effective handling of peer interactions. Mentoring services are provided in one-on-one, group, community, home, and school settings.</p> <p>*Community Service credits can be earned while participating in the Individual Mentoring program</p>	<p>\$71.00 per hour</p>

<p><u>Parent Mentoring:</u> Interactive and customizable one-on-one sessions facilitated by T.E.E.N.S. Inc. staff member(s) designed to strengthen skills and empower caretakers, to provide a safe and nurturing environment, with love and support for youth within the household</p>	<p>\$71.00 per hour</p>
<p><u>Independent Living Skills (ILS):</u> One to one interaction at the TEENS, Inc campus designed to help people with mental disabilities, mental health conditions or chronic illnesses gain independence. Casey Life Skills, which consist of managing health care, finances, accessing transportation, social skills, safety skills, meal planning and nutrition, job readiness, finding and maintaining living quarters, organization, communication and interpersonal development are taught, modeled and discussed through one-on-one, group and community sessions to assist participants in garnering the skills needed to function independently.</p>	<p>10 hours per week, \$53.00 per hour.</p> <p>Under 10 hours per week, \$57.00 per hour</p>
<p><u>Anger Management: 8-week program, 1 hour per week</u> Groups facilitated by TEENS, Inc. staff member(s) to assist participants in decreasing anger and reducing the emotional and physical arousal that anger can cause. The Anger Management curriculum will provide participants a safe and supportive space in which they can begin to learn ways to manage anger, identify triggers and replace violent tendencies through coping strategies and self-control techniques demonstrated through group discussions, activities, modeling, homework assignments and therapeutic intervention strategies (impulse control, meditation, breathing and relaxation techniques, and frustration management). The overall goal of the program is for participants to learn to control reactions and respond in a socially appropriate manner in the home, school, vocational and community environment.</p>	<p>\$53.00 per hour (\$424.00 full course)</p>
<p><u>Timbrook Achievement Center(TAC) Summer Camp:</u> Beginning June 12th , through August 4th, 10am to 2pm, snacks and transportation provided, on and off the TEENS, Inc campus An eight-week structured training program which provides a combination of T.E.E.N.S. Inc. program services—vocational and individual mentoring, independent living skills training, and anger management group sessions. Participants will also encounter regular opportunities to give back to the community through volunteer work, projects, and events. Participants engage</p>	<p>\$55.00 per hour, 16 hours per week for 8 weeks (\$7,040 full course)</p>
<p><u>Timbrook Achievement Center (TAC):</u> TAC establishes intervention programs that will deter Winchester City, Frederick, and Clarke County juveniles ages 14-18 from accruing additional truancy or delinquency charges and stimulating family engagement to prevent youth's incarceration. Through a combination of educational, recreational, and behavioral program components, TAC works collaboratively with the youth's family, as well as community partnerships to move them from risk and towards building life skills that can be applied into adulthood. During the school year, TAC provides the services detailed above Monday- Thursday from 4-8pm, which includes transportation to and from the TAC facility as well as a meal each day.</p>	<p>\$55 per hour</p>

<p>Casey Life Skills: One to one interaction on or off the TEENS, Inc. campus. Mentor/life coaching beginning with the Casey Life Skills Assessment. The Casey Life Skills Assessment will be used to create a Service Plan within the first 14 days of services, to include interventions outlined in the Casey Life Skills resource guide and to enhance independent living skills and career preparation on an individual level in the community. Services will be guided by the service plan and include short-term, measurable goals.</p>	<p>\$55.00 per hour, 2 hours per week (\$800.00 full course)</p>
<p>Educational Transition Services: One on one mentoring to assist youth with disabilities transitions from a private education setting to a public-school setting. The provision of 1:1 Educational Transition Services occurs in the public-school setting and limited to no more than 12 out of the 15 calendar months from the time they are initiated. Educational Transition sessions provide support, information and resources designed to improve the outcomes of students with disabilities transition from private education setting to a public-school setting. Successful transitions are well-planned, thoughtful actions designed to accomplish particular outcomes as identified in the student's IEP. Planning and communication are essential to provide a smooth transition and to encourage and sustain collaboration among families and agencies involved and ensure appropriate services for students with disabilities. A transition plan includes several goals and services as a guide to students throughout the transition process.</p>	<p>\$53.00 per hour</p>
<p>GPS Electronic Monitoring with check-ins: Monitoring and GPS tracking services utilized for youth on Direct Care status or on Parole supervision. Youth on Parole may be living in the community or in a residential program. Service may be utilized as a step-down from Direct Care or as a graduated sanction for Parole rule noncompliance. PROVIDER shall follow the DJJ process for handling alerts and violations of rules and restrictions defined by DJJ staff at the time of the referral, with ongoing communication provided between the PROVIDER and the assigned DJJ staff. The PROVIDER shall ensure that they have emergency contact information for DJJ staff for reporting required alerts during both business hours and outside of normal business hours. Monitoring shall include a minimum of 2-3 remote check-ins per week (video or telephone) with the youth and caregiver. For youth living in a residential program, including an IL placement, the check- in may be with the residential provider or youth, with at least one weekly contact made directly with the youth.</p>	<p>TBD by location of services</p>