



Joe Gibbs
Founder and Chairman

Vern McHargue, President
Board of Trustees

Dr. Gary L. Jones
Chief Executive Officer

FISCAL YEAR 2024
(JUL 1, 2023 – JUN 30, 2024)

STANDARD PROGRAM RATE SHEET

Provider Name: Youth For Tomorrow New Life Center Tax ID #: 52-1342268
Facility Name: Youth For Tomorrow Profit/Non-Profit: N
Facility Address: 11835 Hazel Circle Drive
Bristow, VA 20136
Website: www.youthfortomorrow.org
Contract Contact: Lori Perez, Controller (703-636-5100) (lperez@yftva.com)
Billing Contact: Angela Anderson (571-921-9271) (aanderson@yftva.com)
Admissions Contact: Darnetta Jones (703-659-9951) (FAX: 877-432-4334) (d_jones@yftva.com)
Facility Phone: Metro 703-634-3360/ Local 703-368-7998

Type of Facility; Children's residential Facility and Private Secondary School (special ed)

RATES for Non-Medicaid Clients:

Daily Supervision	\$129.00
Room and Board	\$100.00
Education (Regular)	<u>\$189.00</u> (per school day)
Total	\$ 418.00

NOTE: Special Education is billed at a Rate of \$215.00 per day

Counseling services to non-Medicaid eligible children will not be billed to placing agencies.

Clothing and personal allowance are at the placing agency/parent discretion



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Type of Facility; Children's residential Facility and Private Secondary School (special ed)

RATES for Non-Medicaid Clients Private Day School:

Private Day Education (Regular) \$189.00 (per school day)
Total \$ 185.00

NOTE: Special Education is billed at a Rate of \$215.00 per day

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Type of Facility; Children's residential Facility and Private Secondary School (special ed)

RATES for Non-Medicaid Clients Mentoring Services:



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PREGNANT TEEN / MOMMY & ME PROGRAM

Provider Name: Youth For Tomorrow New Life Center Tax ID #: 52-1342268
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Billing Contact: Angela Anderson (571-921-9271) (aanderson@yftva.com)
Admissions Contact: Darnetta Jones (703-659-9951) (FAX: 703-365-2239) (d_jones@yftva.com)
Facility Phone: Metro 703-634-3360/ Local 703-368-7998

Type of Facility: Children's residential Facility and Private Secondary School (special ed)

RATES for non-Medicaid Clients Title IV:

Daily Supervision (Teen)	\$206.00
Room and Board (Teen) - Title IV	\$191.00
Education	\$189.00 (per school day)
Room and Board (child 1-4yrs)	\$ 28.00
Daily Supervision (child 1-4yrs)	\$ 32.00
Resident (infant 0-1yr)	\$ 25.00

NOTE: Special Education is billed at a rate of \$215.00 per day.

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Facility Phone: Metro 703-634-3360/ Local 703-368-7998

Type of Facility; Children's residential Facility and Private Secondary School (special ed)

RATES for One-on-One Services:

Daily Supervision \$155.00

If a child is in need of one-on-one supervision due to behavioral issues related to self-harm or others, this additional charge is for the additional staffing needed to make sure there is one staff member with the child 24/7.



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Facility Phone: Metro 703-634-3360/ Local 703-368-7998

Type of Facility: Children's residential Facility and Private Secondary School (special ed)

RATES for Medicaid Clients with Title IV Funds :

Residential Room and Board	\$100.00 (per day)
Residential Daily Supervision **	\$129.00 (per day)
Residential Supplemental Therapies	<u>\$231.89</u> (per day)
Total of Above*	\$460.89 (per day)
Residential Educational Services	\$215.00 (per School day)

** Residential Daily Supervision Services consists of Daily Supervision that is required to maintain mandatory staff ratio and all checks of students for all shifts in a 24 hour day.

*These rates are subject to change and will be adjusted to Virginia Medicaid's Rate setting as per the contract once the rates are assigned by them.

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Facility Phone: Metro 703-634-3360/ Local 703-368-7998

Type of Facility; Children's residential Facility and Private Secondary School (special ed)

RATES for Medicaid Clients:

Education	<u>\$215.00</u> (per school day)
Total	\$ 215.00

Residential Services, Room and Board and Counseling services to Medicaid eligible children will be billed to VA Medicaid.

Clothing and personal allowance are at the placing agency/parent discretion

FY 2024 Rate Sheet

Provider Name: Youth For Tomorrow Tax ID#: 52-1342268
Facility Name: Youth For Tomorrow Profit/Non-Profit: Non-Profit
Facility Address: 6800 Backlick Road, Suite 300
Springfield, VA 22150
Contract Contact: Lori J. Perez, Controller
Admissions Contact: Darnetta Jones
Facility Contact Phone#: (703) 659-9951 Facility FAX#: (866) 295-9344
Provider Email: Lperez@yftva.com

Effective Date: July 1, 2023 End Date: June 30, 2024

Treatment Foster Care (TFC)

TFC is an alternative to residential placement or a step down from residential placement that consists of specialized services delivered primarily by YFT's trained and professionally supported Treatment Foster Parents in their homes. Treatment Foster Care Case Management and Private Foster Care Support, Supervision, and Administration are provided by Qualified Mental Health Professionals who are Masters and Bachelors prepared human service professionals under the supervision of licensed professionals.

Room and Board: The following rates apply to all levels of TFC and reflect the State rates for monthly maintenance.

Name/Type of Service	Unit	Max. Units	FY 2023 Rate*	FY2024 Rate
Maintenance-Basic Ages 0 – 4	Month	12	\$521.00	\$521.00
Maintenance-Basic Ages 5 - 12	Month	12	\$609.00	\$609.00
Maintenance-Basic Ages 13+	Month	12	\$772.00	\$772.00

The Following rates apply to all levels of TFC and reflect the CSA requirements for Enhanced Maintenance:

Name/Type of Service		Unit	Max. Units	FY2023 Rate	FY2024 Rate
Maintenance-Enhanced	VEMAT 4	Month	12	\$ 224.00	\$ 224.00
Maintenance-Enhanced	VEMAT 8	Month	12	\$ 448.00	\$ 448.00
Maintenance-Enhanced	VEMAT 12	Month	12	\$ 672.00	\$ 672.00
Maintenance-Enhanced	VEMAT 16	Month	12	\$ 896.00	\$ 896.00
Maintenance-Enhanced	VEMAT 20	Month	12	\$1,120.00	\$1,120.00
Maintenance-Enhanced	VEMAT 24	Month	12	\$1,344.00	\$1,344.00
Maintenance-Enhanced	VEMAT 28	Month	12	\$1,568.00	\$1,568.00
Maintenance-Enhanced	VEMAT 32	Month	12	\$1,792.00	\$1,792.00
Maintenance-Enhanced	VEMAT 36	Month	12	\$2,016.00	\$2,016.00

Name/Type of Service	Unit	Max. Units	FY2023 Rate	FY2024 Rate
Treatment Foster Care Case Management*	Month	12	\$367.31	\$367.31

*This rate applies to all levels of TFC and will be determined by Medicaid. If not eligible for Medicaid Treatment Foster Care Case Management the county will be billed.

Assessment Level

This is a new service that is required by the Office of Comprehensive Services for “Standardizing Levels of Therapeutic Foster Care.” The Assessment Level is provided to all youth at entry to YFT’s TFC Program. The assessment treatment level will not exceed 60 days and is used to assess the youth’s strengths and needs and provide treatment foster care services.

Services Include: Treatment Foster Care Case Management and Assessment activities. During the assessment, the youth will be assigned an YFT Family Specialist, who will be responsible for gathering the needed information to assess the youth’s treatment and service needs. All youth are assessed by YFT’s consultant psychiatrist, unless the guardian requests that an outside psychiatrist be used. An Initial Planning Meeting is conducted either prior to placement or in the first week, to organize the treatment team and start the assessment process. Treatment Foster Care Case Management Services: Develop and monitor individualized treatment goals for each client, coordinate services with others involved in the treatment plan and provide referrals to appropriate resources for services and treatment.

During the intake process or in the first week of placement (in emergency placement situations) a comprehensive interview is conducted which assesses the youth in a variety of domains. Initial Plan of Care is developed with short term goals to be used until the Master Treatment Plan is developed. A Foster Home Contract and Safety Plan (as needed) are completed with each youth and their foster family. YFT completes a Bio/Psycho/Social Assessment during the first 30 days of service. This document is a comprehensive assessment of the youth and his/her family’s strengths and needs and includes recommended goals for the Master Treatment Plan. YFT will use this document to create a shorter Assessment Summary and Recommendation for Level of Care for the Family Assessment and Plan Team (FAPT) to use in determining the youth’s TFC level of care.

Private Foster Care Support, Supervision, and Administration

- License, train, and support TFC Foster Parents
- Ensure individualized service/treatment coordination.
- Support and supervise foster parents in the delivery of specialized services to youth placed in their homes, and collect information on the youth’s strengths and needs.
- Weekly face-to-face meetings with each youth to work on and support the youth meeting treatment plan goals and collect necessary information to complete the assessment.
- Family Specialists assigned to complete assessments may not have a caseload of more than 8 TFC (level 1, 2, or 3) clients.
- 24 hour a day crisis intervention and support
- Up to 24 paid days of respite provided to the TFC parent to support maintenance of the youth in the home.

Name/Type of Service	Unit	Max. Units	FY2023 Rate	FY2024 Rate
Private Foster Care Support, Supervision, and Administration- Intensive	Day	365	\$149.00	\$150.00

Treatment Foster Care - Level 3

These services are based on “Standardized Levels of Care for Therapeutic Foster Care” as defined by the Office of Comprehensive Services. Level 3 Services are provided to youth who demonstrate a significant level of social/emotional/behavioral/medical/personal care needs of impairment of normal of age and development; *such as but not limited to, depression, anxiety, impulsivity, hyperactivity, anger control, adjustment to trauma, oppositional, substance use, eating disorder, physical health condition, developmental delay, or intellectual*. The child’s needs are of such acuity or severity that they require intensive action (interventions, services, supports, etc.) be taken to address, remedy or ameliorate the needs. A child served at this level may be at risk of residential placement.

Services Include:

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Treatment Foster Care Case Management: Develop and monitor individualized treatment goals for each client, coordinate services with others involved in the treatment plan and provide referrals to appropriate resources for services and treatment.

Private Foster Care Support, Supervision, and Administration

- License, train, and support TFC Foster Parents
- Ensure individualized service/treatment coordination and crisis stabilization.
- Support and supervise foster parents in the delivery of specialized services to youth placed in their homes.
- Six monthly face-to-face meetings with each youth to work on and support the youth meeting treatment plan goals.
- Family Specialists may carry a caseload of no more than 8 TFC (level 1, 2, or 3) clients.
- 24 hour a day crisis intervention and support
- Up to 24 paid days of respite provided to the TFC parent to support maintenance of the youth in the home.

Name/Type of Service	Unit	Max. Units	FY2023 Rate	FY2024 Rate
Private Foster Care Support, Supervision, and Administration	Day	365	\$154.00	\$155.00

Treatment Foster Care - Level 2

These services are based on “Standardized Levels of Care for Therapeutic Foster Care” as defined by the Office of Comprehensive Services. Level 2 services are provided to youth who demonstrate a moderate level of social/emotional/behavioral/medical/person care needs of impairment of normal of age and development; *such as but not limited to, depression, anxiety, impulsivity, hyperactivity, anger control, adjustment to trauma, oppositional, substance use, eating disorder, physical health condition, developmental delay, or intellectual*. The child’s needs require that action (interventions, services, supports, etc.) be taken to address, remedy or ameliorate the needs.

Services Include:

Treatment Foster Care Case Management: Develop and monitor individualized treatment goals for each client, coordinate services with others involved in the treatment plan and provide referrals to appropriate resources for services and treatment.

Private Foster Care Support, Supervision, and Administration

- License, train, and support TFC Foster Parents
- Ensure individualized service/treatment coordination.
- Support and supervise foster parents in the delivery of specialized services to youth placed in their homes.
- Four monthly face-to-face meetings with each youth to work on and support the youth meeting treatment plan goals.
- Family Specialists may carry a caseload of no more than 8 TFC (level 1, 2, or 3) clients.
- 24 hour a day crisis intervention and support
- Up to 24 paid days of respite provided to the TFC parent to support maintenance of the youth in the home.

Name/Type of Service	Unit	Max. Units	FY2023 Rate	FY2024 Rate
Private Foster Care Support, Supervision, and Administration	Day	365	\$147.00	\$148.00

Treatment Foster Care - Level 1

These services are based on “Standardized Levels of Care for Therapeutic Foster Care” as defined by the Office of Comprehensive Services. Level 1 services are provided to youth who demonstrate a mild level of social/emotional/behavioral/medical/personal care needs or impairment for normal range of age and development; *such as but not limited to, depression, anxiety, impulsivity, hyperactivity, anger control, adjustment to trauma, oppositional, substance use, eating disorder, physical health condition, developmental delay, or intellectual*. The youth’s needs require monitoring or YFT may need to provide services to lessen the likelihood needs will return.

Services include:

Treatment Foster Care Case Management: Develop and monitor individualized treatment goals for each client, coordinate services with others involved in the treatment plan and provide referrals to appropriate resources for services and treatment.

Private Foster Care Support, Supervision, and Administration

- License, train, and support TFC Foster Parents
- Ensure individualized service/treatment coordination.
- Support and supervise foster parents in the delivery of specialized services to youth placed in their homes.
- Two monthly face-to-face meetings with each youth to work on and support the youth meeting treatment plan goals.
- Family Specialists may carry a caseload of no more than 8 TFC (level 1, 2, or 3) clients.
- 24 hour a day crisis intervention and support
- Up to 24 paid days of respite provided to the TFC parent to support maintenance of the youth in the home.

Name/Type of Service	Unit	Max. Units	FY2023 Rate	FY2024 Rate
Private Foster Care Support, Supervision, and Administration	Day	365	<u>\$115.00</u>	<u>\$116.00</u>

Non-Treatment Foster Care

Provided to youth who may be developmentally on target, demonstrate age appropriate behaviors, able to participate in community activities without restriction, or be the sibling of a child who meets the criteria for ongoing TFC placement in the same foster home. Children shall be served at the Non-treatment Foster Care level, if the assessment indicates treatment foster care services are not needed. In most circumstances these are services are provided to youth who are siblings of Treatment Level youth, or youth who were originally placed with a need for TFC, but have progressed to no longer needing it.

Services include:

Treatment Foster Care Case Management: Develop and monitor individualized treatment goals for each client, coordinate services with others involved in the treatment plan and provide referrals to appropriate resources for services and treatment.

- License, train and support TFC Foster Parents (all YFT Foster Parents are trained at the TFC level)
- Ensure individualized service coordination
- Support and supervise foster parents in the delivery of services to youth placed in their home.
- One monthly face-to-face contact with foster youth to ensure needs are being met.
- Family Specialists may carry a caseload of no more than 8 TFC (level 1, 2, or 3) clients.
- 24 hour a day of professional crisis intervention and support
- Up to 24 paid days of respite provided to the TFC parent to support maintenance of the youth in the home.

Name/Type of Service	Unit	Max. Units	FY2023 Rate	FY2024 Rate
Private Foster Care Support, Supervision, and Administration	Day	365	<u>\$80.00</u>	<u>\$81.00</u>

Non-Custodial Placements would receive services as described above and also billed at the same rates as short-term foster care. In both cases, Maintenance state rates apply.

Name/Type of Service	Unit	Max. Units	FY2023 Rate	FY2024 Rate
Treatment Foster Care Case Management	Day	365	<u>\$ 12.73</u>	<u>\$ 13.73</u>
Maintenance-Enhanced *	Day	365	<u>\$ 38.17</u>	<u>\$ 38.17</u>

Respite

Placements up to 30 days. May be used as an overnight respite for clients formally with YFT in order to assist in the transition home, to maintain community contacts when children/youth are placed in residential programs out of the area, or for children placed with biological family. May be parental/community placements designed to provide families with support in caring for emotionally or behaviorally disturbed youth. Assessment and Treatment Foster Care Case Management are provided by Qualified Mental Health Professionals who are Masters and Bachelors prepared human service professionals supervised by licensed professionals. Placements are made in homes with families who are certified and trained to provide Treatment Foster Care and Short-Term Foster Care.

Name/Type of Service	Unit	Max. Units	FY2023 Rate	FY2024 Rate
Respite	Day	30	<u>\$160.00</u>	<u>\$161.00</u>

Pre-Placement Visits

Overnight pre-placement visitation between potential foster family and child to ensure an appropriate match.

Name/Type of Service	Unit	Max. Units	FY2023 Rate	FY2024 Rate
Pre-Placement	Day	326	<u>\$100.00</u>	<u>\$100.00</u>

Mother/Child Services

Mother/Child services are for children who remain in the custody of a Treatment Foster Care client. This service includes case monitoring, assessment of child's needs for services regarding nutritional and medical, along with training and guidance to the parent (Treatment Foster Care client) and foster family. Within this service 24 hour on-call crisis intervention is provided for the Treatment Foster Care client and child. This additional service that can be contracted on a case by case basis. Services for the child will be monitored through the relationship with the client when placed together.

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Name/Type of Service	Unit	Max. Units	FY2023 Rate	FY2024 Rate
Mother/Child Services	Day	326	<u>\$28.00</u>	<u>\$29.00</u>