



April 5th, 2023

Dear CSA Coordinator,

Throughout our 27 years in service, Intercept Health has left a lasting, positive impact on our communities by helping the youth and families we serve to grow and live their healthiest lives. As our commonwealth continues to be impacted by the lasting effects of the pandemic, coupled with increasing inflation rates and soaring mental and behavioral health needs, Intercept Health strives to continue to provide exceptional and innovative services to the youth, families, and communities across our state as we have for 27 years. To maintain our commitment to that mission and provide exceptional and innovative services across our commonwealth during these economically challenging times, Intercept Health will be increasing our rates effective July 1st, 2023.

We truly appreciate your willingness to stand beside us, in partnership, as we continue to address the mental and behavioral health crisis our communities are facing. If you have any additional questions regarding the increased rates, please feel free to reach out to me.

Sincerely,

Ashley Fox

Ashley Fox, MSW

Quality and Proposals Specialist

Phone - (804) 972-2716

Email - AFox@intercepthealth.com



Intercept Health

FY24 Rate Sheets

Questions? Please Contact:

Ashley Fox

Manager of Quality and Risk

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Service/Description	Rates/Units	
	Medicaid	Non-Medicaid
Community Home (QRTP Certified)		
Level-B Group Homes for males and females, ages 7-19		
Residential Room and Board	N/A	\$274.50/day
Therapeutic Behavioral Services	\$164.50/day	\$164.50/day
Total Comprehensive Daily Rate	N/A	\$439.00/day
FreshSTART Assessment and Diagnostic (QRTP Certified)		
Level-B Group Homes, with Assessment and Diagnostic services, for males and females, ages 5-17		
Residential Room and Board	N/A	\$274.50/day
Therapeutic Behavioral Services	\$164.50	\$164.50/day
Additional Daily Supervision	N/A	\$95.30/day
Diagnostic Services (Assessment/Evaluation)	N/A	\$29.60/day
Total Programmatic Comprehensive Daily Rate	N/A	\$563.90/day
FreshSTART Community Stabilization (QRTP Certified)		
Level-B Group Homes offering 30 day stabilization programming for males and females, ages 5-17		
Residential Room and Board	N/A	\$274.50/day
Therapeutic Behavioral Services	\$164.50	\$164.50/day
Additional Daily Supervision	N/A	\$95.30/day
Total Programmatic Comprehensive Daily Rate	N/A	\$534.30/day
Treatment Foster Care		
Nurturing family environments combined with active counseling and treatment		
Maintenance Basic 2 for 0-4 years (VDSS Determined Rate)	N/A	\$521.00/month
Maintenance Basic 2 for 5-12 years (VDSS Determined Rate)	N/A	\$609.00/month
Maintenance Basic 2 for 13+ years (VDSS Determined Rate)	N/A	\$772.00/month
Maintenance Enhanced 2	N/A	Per VEMAT
Private Foster Care - Support, Supervision, and Administration – Level 3 (Intense)	N/A	\$199.70/night
Private Foster Care - Support, Supervision, and Administration – Level 2 (Intermediate)	N/A	\$185.67/night

Private Foster Care - Support, Supervision, and Administration – Level 1 (Therapeutic)	N/A	\$165.89/night
Private Foster Care – Assessment Treatment Level	N/A	\$186.02/night
Private Foster Care – Non-Therapeutic Rate	N/A	\$101.42/night
Treatment Foster Care Case Management	\$367.31/month	\$367.31/month
Infant Rate (VDSS determined rate)	N/A	\$521.00/month
Pre-Placement Visitation (Overnight)	N/A	No Charge
Short-Term Foster Care Services– Level One	N/A	\$268.07/night
Short-Term Foster Care Services – Level Two	N/A	\$276.26/night
Respite Services (Internal)	N/A	\$77.11/night
YouthQuest Independent Living		
Independent Living Arrangement for youth aged 17		
Independent Living Arrangement - Room and Board	N/A	\$22.09/day
Independent Living Services – Life and Social Skills Training	N/A	\$253.50/day
Total Comprehensive Daily Rate		\$275.59/day
YouthQuest Independent Living		
Independent Living Arrangement for youth aged 18+		
Independent Living Arrangement - Room and Board	N/A	\$672.00/month
Independent Living Services – Life and Social Skills Training	N/A	\$253.50/day
YouthQuest Independent Living for Moms and Dads		
Independent Living Arrangement for parents aged 17		
Independent Living Arrangement - Room and Board	N/A	\$22.09/day
Independent Living Services – Life and Social Skills Training to include additional pregnancy and parenting support and training	N/A	\$376.50/day
Total Comprehensive Daily Rate	N/A	\$398.59/day
Additional Fee for more than One Child	N/A	\$50.00/day
Additional Fee for Child Over the age of 2	N/A	\$25.00/day
YouthQuest Independent Living for Moms and Dads		
Independent Living Arrangement for parents aged 18+		
Independent Living Arrangement - Room and Board	N/A	\$672.00/month
Independent Living Services – Life and Social Skills Training to include additional pregnancy and parenting support and training	N/A	\$376.50/day
Additional Fee for more than One Child	N/A	\$50.00/day

Additional Fee for Child Over the age of 2	N/A	\$25.00/day
YouthQuest Anywhere Community Based Independent Living Skills		
YouthQuest Anywhere Case Management	N/A	\$65.40/hour
Community Based Services Services to support youth, families, and adults within their home and community		
Intensive In-Home Services	\$67.50/hour	\$67.50/hour
Mental Health Skill Building (Urban locality)	\$102.38/Unit	\$102.38/Unit
Mental Health Skill Building (Rural locality)	\$93.38/Unit	\$93.38/Unit
Supportive In-Home	N/A	\$69.75/hour
Parent Coaching	N/A	\$62.00/hour
Raising Our Children (ROC): Home Based Parent Counseling	N/A	\$80.50/hour
1:1 Mobile Crisis Services Provided by LMHP	\$71.08/15 minutes	\$71.08/15 minutes
2:1 Mobile Crisis Services Provided by 2 QMHPs	\$124.27/15 minutes	\$124.27/15 minutes
2:1 Mobile Crisis Services Provided by 1 LMHP & 1 QMHP	\$131.93/15 minutes	\$131.93/15 minutes
1:1 Community Crisis Stabilization Services Provided by LMHP	\$48.30/15 minutes	\$48.30/15 minutes
1:1 Community Crisis Stabilization Services Provided by QMHP	\$40.23/15 minutes	\$40.23/15 minutes
2:1 Community Crisis Stabilization Services Provided by 1 LMHP & 1 QMHP	\$85.83/15 minutes	\$85.83/15 minutes
Therapeutic Aide	N/A	\$70.00/hour
Transportation Services (Local Rate: Less than 20 miles)	N/A	\$50.00/trip
Transportation Services (Distance Rate: 20+ miles)	N/A	\$50.00/trip + \$3.60/mile
Applied Behavioral Analysis Services Center-Based and School-Based family training and behavior therapy services for individuals with intellectual and developmental disabilities or disruptive behaviors		
Initial Behavior Assessment Conducted by BCBA	\$46.63/15 minutes	\$46.63/15 minutes
Initial Behavior Assessment Conducted by BCaBA	\$23.48/15 minutes	\$23.48/15 minutes
Direct 1:1 ABA Services Provided by BCBA	\$46.63/15 minutes	\$46.63/15 minutes
Direct 1:1 ABA Services Provided by BCaBA	\$23.48/15 minutes	\$23.48/15 minutes

Direct 1:1 ABA Services Provided by RBT	\$15.00/15 minutes	\$15.00/15 minutes
Group ABA Services (2-8 Clients)	\$17.50/15 minutes per client	\$17.50/15 minutes per client
RBT Support in Group Environment (Up to 4 Clients) *minimum of 6 hours required for this service*	N/A	\$105/hour
Supervision, Program Development, or Parent Training Provided by BCBA	\$46.63/15 minutes	\$46.63/15 minutes
Supervision, Program Development, or Parent Training Provided by BCaBA	\$23.48/15 minutes	\$23.48/15 minutes
Care Coordination Provided by BCBA	N/A	\$46.63/15 minutes
Care Coordination Provided by BCaBA	N/A	\$23.48/15 minutes
Care Coordination Provided by RBT	N/A	\$15.00/15 minutes
ABA Coaching or Consulting	N/A	\$25.75/15 minutes
Consultation and Supervision of ABA Services Provided by BCBA	N/A	\$194.00/hour
Consultation and Supervision of ABA Services Provided by BCaBA	N/A	\$129.00/hour
Supervision of RBTs	N/A	\$129.00/hour
TrueNorth Clinic		
Recovery, Addiction, and Psychiatric Medication Management Services for youth and adults		
Initial Psychiatric Medication Appointment (60 minutes)	\$210.00	\$210.00
Follow Up Psychiatric Medication Appointment (20 minutes)	\$120.00	\$120.00
Follow Up Psychiatric Medication Appointment with Brief Psychotherapy (30-45 minutes)	\$195.00	\$195.00
Initial Multidimensional Substance Abuse Assessment (60 minutes)	\$150.00	\$150.00
Substance Abuse Counseling Session (60 minutes)	\$140.00	\$140.00
Adolescent Intensive Outpatient Program 3 hour session, twice weekly *Note: Length of Time Varies by Individual*	\$562.50/week	\$562.50/week
Adult Intensive Outpatient Program 3 hour session, 3 times per week *Note: Length of Time Varies by Individual*	\$843.75/week	\$843.75/week
Substance Abuse Group (60 minutes)	\$55.00 per group	\$55.00 per group
Continue Care Group (60 minutes)	\$55.00 per group	\$55.00 per group
Family Group (60 minutes)	\$55.00 per group	\$55.00 per group



Substance Use Case Management	\$276.75/month	\$276.75/month
SASSI	\$35.00	\$35.00
Initial Suboxone Medication Appointment with induction (80 minutes)	\$300.00	\$300.00
Initial Suboxone Medication Appointment without induction (60 minutes)	\$210.00	\$210.00
Follow Up Suboxone Medication Appointment (20 minutes)	\$120.00	\$120.00
Follow Up Suboxone Medication Appointment with Brief Psychotherapy (30-45 minutes)	\$195.00	\$195.00
Injection of Psychotropic Medication	\$25.00	\$25.00
Court Professional Fees	N/A	\$200.00

Community Homes Program July 1st, 2023 – June 30th, 2024

Intercept Health's Community Homes Program provides spacious, comfortable Licensed Therapeutic Group homes for males and females ages 7-19. Our program delivers an array of clinical and treatment services to youth with a variety of psychiatric and behavioral disorders. The natural treatment environment of our program, along with our structured therapeutic milieu, promotes recreation, pro-social behavior, self-esteem building, emotional stability, personal accountability, and character building, while teaching age-appropriate life skills necessary to be productive and responsible.

Locations

<u>Adolescent Girls</u>	<u>Adolescent Boys</u>	<u>Children</u>
Autumn House (Roanoke)	Carriage House (Roanoke)	Shire House
Providence House (Chesterfield)	Independence House (Henrico)	(Chesterfield)
Spring House (Chesterfield)	Shenandoah House (Timberville)	

Rate Schedule

Service	Rate Schedule	
	Medicaid	Non-Medicaid
Residential Room and Board ¹	Not Covered	\$274.50/day
Daily Supervision (Therapeutic Behavioral Services) ²	\$164.50/day	\$164.50/day
Total Comprehensive Daily Rate	N/A	\$439.00/day
Therapeutic Aide	Not Covered	\$70.00/hour

Notes:

- Room and Board includes semi-private room, 3 meals per day, snacks, and personal care items.
- For Medicaid-eligible residents, Daily Supervision/Therapeutic Behavioral Services for Children and Adolescents under age 21 (Level B) are reimbursed by Virginia Medicaid at the rate of \$164.50 per day. The Procedure Codes are H2020-HW (CSA) and H2020-HK (non-CSA). Daily supervision includes a 1:4 staff to resident ratio as during awake hours and 1:8 staff to resident ratio during sleeping hours.

FreshSTART Assessment and Diagnostic Program

July 1st, 2023 – June 30th, 2024

Intercept Health's FreshSTART Program offers a Licensed, Short-Term, Assessment and Diagnostic Program for males and females ages 5-17. By utilizing a natural treatment environment, including comfortable community homes and on-site education, our program focuses on the unique developmental, emotional, and behavioral needs of children and adolescents. At discharge, our program offers a detailed assessment of the youth, focused on strengths, needs, diagnosis, education, and treatment recommendations.

Locations (all in Chesterfield County)

Adolescent Girls
Fountain House

Adolescent Boys
Gateway House

Children
Vision House

Rate Schedule

Service	Rate Schedule	
	Medicaid	Non-Medicaid
Residential Room and Board ¹	Not Covered	\$274.50/day
Daily Supervision (Therapeutic Behavioral Services) ²	\$164.50/day	\$164.50/day
Additional Daily Supervision ³	Not Covered	\$95.30/day
Diagnostic Services (Assessment and Evaluation)	Not Covered	\$29.60/day
Total Programmatic Daily Rate	N/A	\$563.90/day
On-Site Education (12 months, Monday-Friday) ⁴	Not Covered	\$242.30/day

Assessment Options

- **Psychological Testing** - Included in A&D Track; not included in 30-day Stabilization Track; Testing may include Cognitive, Personality/MSE, ADOS-2 testing, Educational testing based on appropriateness.
 - Cognitive assessments include administration of a valid IQ test (e. g. WISC, WAIS, WJ COG, DTLA), as well as supplemental testing as needed. For example, this might include tests of executive functioning, memory, language, fine motor skills.
 - Personality/MSE assessments include structured clinical interviews and mental status examination and other measures tailored to client needs, for example, behavioral and symptomatic questionnaire and assessments based on clinical presentation may include, but are not limited to use of tools such as

Behavioral and Emotional Rating Scale (BERS-2), Casey Life Skills Assessment, Youth Resiliency Checklist, Strengths and Needs Assessment (SNA), Severity Measure for Generalized Anxiety Disorder, Affective Reactivity Index, Beck Depression Inventory, as well as projective techniques such as Rorschach Inkblots, Incomplete Sentences, and personality testing (MMPI-Adolescent)

- Autism Diagnostic Observation Schedule-Second Edition (ADOS-2) is an activity-based assessment administered by trained clinicians to evaluate communication skills, social interaction, and imaginative use of materials in individuals who are suspected to have autism spectrum disorder
- Educational testing includes administration of a valid, standardized achievement test battery (e.g. WIAT, WJ ACH), as well as supplemental testing as needed.

• **Sexual Offense Assessment (i.e. J-SOAP, SAI, Phase Questionnaire)** - Included as appropriate

• **Psycho-Sexual Evaluation** -Based on external provider

Additional Services

Service	Rate Schedule	
	Medicaid	Non-Medicaid
Therapeutic Aide (for Targeted Assistance)	Not Covered	\$70.00/hour
Speech and Language Therapy (per IEP)	Based on External Provider	
Occupational Therapy (per IEP)	Based on External Provider	
Physical Examination (if not covered by insurance)	Based on External Provider	
Dental Examination (if not covered by insurance)	Based on External Provider	

Notes:

1. Room and Board includes semi-private room, 3 meals per day, snacks, and personal care items.
2. For Medicaid-eligible residents, Daily Supervision/Therapeutic Behavioral Services for Children and Adolescents under age 21 (Level B) are reimbursed by Virginia Medicaid at the rate of \$164.50 per day. The Procedure Codes are H2020-HW (CSA) and H2020-HK (non-CSA). Daily supervision includes a 1:4 staff to resident ratio as during awake hours and 1:8 staff to resident ratio during sleeping hours.
3. Additional Daily Supervision includes increased staffing patterns to provide adequate sight and sound supervision while completing the assessment and evaluating “what is and is not working” for the youth. This fee is associated with increased clinical support, increased staffing patterns, and on-going observations in order to make adjustments to the behavior support program based on the youth’s individual strengths and needs.
4. FreshSTART believes in teaching to the whole child and developing students into fulfilling adults who are a benefit for their potential communities. We do this by including enrichment days into the yearly school calendar to ensure the learning experience for students encompasses traditional and character education. Enrichment days will promote critical thinking and problem-solving skills, improve student's ability to concentrate, and make learning more meaningful, valuable, and rewarding.

FreshSTART Community Stabilization Program

July 1st, 2023 – June 30th, 2024

Intercept Health's FreshSTART Program offers a Licensed, 30-day, Community Stabilization program for males and females ages 5-17. By utilizing a natural treatment environment, including comfortable community homes and on-site education, our program focuses on the unique developmental, emotional, and behavioral needs of children and adolescents in order to stabilize their behaviors. At discharge, our program provides treatment recommendations.

Locations (all in Chesterfield County)

Adolescent Girls
Fountain House

Adolescent Boys
Gateway House

Children
Vision House

Rate Schedule

Service	Rate Schedule	
	Medicaid	Non-Medicaid
Residential Room and Board ¹	Not Covered	\$274.50/day
Daily Supervision (Therapeutic Behavioral Services) ²	\$164.50/day	\$164.50/day
Additional Daily Supervision ³	Not Covered	\$95.30/day
Total Programmatic Daily Rate	N/A	\$534.30/day
On-Site Education (12 months, Monday-Friday) ⁴	Not Covered	\$242.30/day
Therapeutic Aide	Not Covered	\$70/hour

Notes: 1. Room and Board includes semi-private room, 3 meals per day, snacks, and personal care items.

2. For Medicaid-eligible residents, Daily Supervision/Therapeutic Behavioral Services for Children and Adolescents under age 21 (Level B) are reimbursed by Virginia Medicaid at the rate of \$164.50 per day. The Procedure Codes are H2020-HW (CSA) and H2020-HK (non-CSA). Daily supervision includes a 1:4 staff to resident ratio as during awake hours and 1:8 staff to resident ratio during sleeping hours.

3. Additional Daily Supervision includes increased staffing patterns to provide adequate sight and sound supervision while stabilizing behaviors and determining "what is and is not working" for the youth. This fee is associated with increased clinical support, increased staffing patterns, and on-going observations in order to make adjustments to the behavior support program based on the youth's individual strengths and needs.

4. FreshSTART believes in teaching to the whole child and developing students into fulfilling adults who are a benefit for their potential communities. We do this by including enrichment days into the yearly school calendar to ensure the learning experience for students encompasses traditional and character education. Enrichment days will promote critical thinking and problem-solving skills, improve student's ability to concentrate, and make learning more meaningful, valuable, and rewarding.

FreshSTART Academy School Calendar for 2023-2024

AUGUST 2023 ²³							SEPTEMBER 2023 ²⁰							OCTOBER 2023 ²²						
S	M	T	W	TH	F	S	S	M	T	W	TH	F	S	S	M	T	W	TH	F	S
		1	2	3	4	5						1	2	1	2	3	4	5	6	7
6	7	8	9	10	11	12	3	4	5	6	7	8	9	8	9	10	11	12	13	14
13	14	15	16	17	18	19	10	11	12	13	14	15	16	15	16	17	18	19	20	21
20	21	22	23	24	25	26	17	18	19	20	21	22	23	22	23	24	25	26	27	28
27	28	29	30	31			24	25	26	27	28	29	30	29	30	31				
NOVEMBER 2023 ¹⁹							DECEMBER 2023 ²⁰							JANUARY 2024 ²²						
S	M	T	W	TH	F	S	S	M	T	W	TH	F	S	S	M	T	W	TH	F	S
			1	2	3	4						1	2		1	2	3	4	5	6
5	6	7	8	9	10	11	3	4	5	6	7	8	9	7	8	9	10	11	12	13
12	13	14	15	16	17	18	10	11	12	13	14	15	16	14	15	16	17	18	19	20
19	20	21	22	23	24	25	17	18	19	20	21	22	23	21	22	23	24	25	26	27
26	27	28	29	30			24	25	26	27	28	29	30	28	29	30	31			
							31													
FEBRUARY 2024 ²¹							MARCH 2024 ²¹							APRIL 2024 ²¹						
S	M	T	W	TH	F	S	S	M	T	W	TH	F	S	S	M	T	W	TH	F	S
				1	2	3						1	2		1	2	3	4	5	6
4	5	6	7	8	9	10	3	4	5	6	7	8	9	7	8	9	10	11	12	13
11	12	13	14	15	16	17	10	11	12	13	14	15	16	14	15	16	17	18	19	20
18	19	20	21	22	23	24	17	18	19	20	21	22	23	21	22	23	24	25	26	27
25	26	27	28	29			24	25	26	27	28	29	30	28	29	30				
							31													
MAY 2024 ²²							JUNE 2024 ²⁰							JULY 2024 ²²						
S	M	T	W	TH	F	S	S	M	T	W	TH	F	S	S	M	T	W	TH	F	S
			1	2	3	4							1		1	2	3	4	5	6
5	6	7	8	9	10	11	2	3	4	5	6	7	8	7	8	9	10	11	12	13
12	13	14	15	16	17	18	9	10	11	12	13	14	15	14	15	16	17	18	19	20
19	20	21	22	23	24	25	16	17	18	19	20	21	22	21	22	23	24	25	26	27
26	27	28	29	30	31		23	24	25	26	27	28	29	28	29	30	31			
							30													

	NO SCHOOL Teacher In-Service		NO SCHOOL Holiday		Enrichment Activities
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Treatment Foster Care Program July 1st, 2023 – June 30th, 2024


Intercept Health's Treatment Foster Care Program provides a powerful and unique model of care that combines a nurturing family environment with active counseling and treatment. The children and adolescents served by our program may have medical, emotional, or behavioral concerns that are treated with integrated services and interventions from trained, and supported, foster parents and case managers.

Locations

Intercept Health has Treatment Foster Care homes throughout the state of Virginia.

Rate Schedule

Service	Rate Schedule	
	Medicaid	Non-Medicaid
Maintenance Basic 2 for 0-4 years (VDSS Determined Rate)	Not Covered	\$521.00/month
Maintenance Basic 2 for 5-12 years (VDSS Determined Rate)	Not Covered	\$609.00/month
Maintenance Basic 2 for 13+ years (VDSS Determined Rate)	Not Covered	\$772.00/month
Maintenance Enhanced 2	Not Covered	Per VEMAT
Private Foster Care - Support, Supervision, and Administration – Level 3 (Intense)	Not Covered	\$199.70/night
Private Foster Care - Support, Supervision, and Administration – Level 2 (Intermediate)	Not Covered	\$185.67/night
Private Foster Care - Support, Supervision, and Administration – Level 1 (Therapeutic)	Not Covered	\$165.89/night
Private Foster Care – Assessment Treatment Level	Not Covered	\$186.02/night
Private Foster Care – Non-Therapeutic Rate	Not Covered	\$101.42/night
Treatment Foster Care Case Management	\$367.31/month	\$367.31/month
Infant Rate (VDSS determined rate)	N/A	\$521.00/month
Pre-Placement Visitation (Overnight)	N/A	No Charge



Maintenance Transportation 2 – Local Rate (less than 20 miles)	N/A	\$50.00/trip
Maintenance Transportation 2 – Distance Rate (20+ miles)	N/A	\$50.00/trip + \$3.60 per mile
Supportive In-Home	N/A	\$69.75/hour
Short-Term Foster Care Services– Level One	N/A	\$268.07/night
Short-Term Foster Care Services – Level Two	N/A	\$276.26/night
Respite Services (Internal)	N/A	\$77.11/night
1:1 Therapeutic Aide (Community or School-Based)	N/A	\$70.00/hour
1:1 Mobile Crisis Services Provided by LMHP	\$71.08/15 minutes	\$71.08/15 minutes
2:1 Mobile Crisis Services Provided by 2 QMHPs	\$124.27/15 minutes	\$124.27/15 minutes
2:1 Mobile Crisis Services Provided by 1 LMHP & 1 QMHP	\$131.93/15 minutes	\$131.93/15 minutes
1:1 Community Crisis Stabilization Services Provided by LMHP	\$48.30/15 minutes	\$48.30/15 minutes
1:1 Community Crisis Stabilization Services Provided by QMHP	\$40.23/15 minutes	\$40.23/15 minutes
2:1 Community Crisis Stabilization Services Provided by 1 LMHP & 1 QMHP	\$85.83/15 minutes	\$85.83/15 minutes


Service Descriptions

Therapeutic Teaching Parent Payment: (Enhanced Maintenance Payment – Per VEMAT) -

Enhanced Maintenance Payment is the source of the payment to foster parents for the extra supervision involved in their work with special needs/emotionally disturbed youth as defined by the Virginia Enhanced Maintenance Assessment Tool (VEMAT).

Private Foster Care Support Supervision and Administration- Level 3 Intensive - The needs of a child served at level 3 on-going treatment foster care are of such acuity or severity that they require intensive action (interventions, services, supports etc.) be taken to address, remedy or ameliorate the needs. Without such intervention(s) the child may be at risk of residential placement. Children served at level 3 will demonstrate a high level of social/emotional/behavioral/medical/personal care needs or impairment for normal range of age and development. Areas of need may include but not be limited to, depression, anxiety, impulsivity, hyperactivity, anger control, adjustment to trauma, oppositional, substance abuse, eating disorder, physical health condition, developmental delay, serious or life-threatening illnesses or conditions that require the routine use of a medical device, and / or daily ongoing care/monitoring, or intellectually disabled. Every month respectively, Intercept Health Staff will provide at least four (4) face to face visits with the youth, two (2) of which are conducted in the treatment foster home.

Private Foster Care Support Supervision and Administration - Level 2 Intermediate - The needs of a child served at level 2 on-going treatment foster care require that significant action (interventions,



services, supports etc.) be taken to address, remedy or ameliorate the identified needs. Children served at level 2 will typically demonstrate relatively moderate level of social/emotional/behavioral/medical/personal care needs or impairment for normal range of age and development. Areas of need may include but not be limited to, depression, anxiety, impulsivity, hyperactivity, anger control, adjustment to trauma, oppositional, substance abuse, eating disorder, physical health condition, developmental delay, serious or life-threatening illnesses or conditions that require the routine use of a medical device, and / or daily ongoing care/monitoring or, intellectually disabled. Every month respectively, Intercept Health Staff will provide at least three (3) face to face visits with the youth, one (1) of which is conducted in the treatment foster home.

Private Foster Care Support Supervision and Administration- Level 1 Therapeutic - The needs of a child served at level 1 on-going treatment foster care require monitoring or the LCPA may need to provide services to lessen the likelihood that identified needs will become more acute or return after being “resolved”. Children served level 1 will typically demonstrate a relatively low level of social/emotional/behavioral/medical/personal care needs or impairment for normal range of age and development. Areas of need may include but not be limited to, depression, anxiety, impulsivity, hyperactivity, anger control, adjustment to trauma, oppositional, substance abuse, eating disorder, physical health condition, developmental delay, serious or life-threatening illnesses or conditions that require the routine use of a medical device, and / or daily ongoing care/monitoring or intellectually disabled. Every month respectively, Intercept Health Staff will provide at least two (2) face to face visits with the youth, one (1) of which is conducted in the treatment foster home.

Assessment Treatment Level - Children served at the assessment level of treatment foster care are those who are newly placed with licensed child placing agency and for whom an assessment to determine the appropriate level of foster care services is being conducted. The maximum stay at the Assessment Treatment Level shall not exceed sixty (60) days to complete a needs assessment and service plan, per requirements of VDSS, Division of licensing Programs. The time frame of the assessment may vary based on the accurate and thorough assessment of the child’s strengths and needs.

Non-Treatment Foster Care - Children served at the non-treatment level of foster care may be developmentally on target, demonstrate age-appropriate behaviors, able to participate in community activities without restriction, or be the sibling of a child who meets the criteria for on-going TFC placement in the same foster home. Children shall be served at the Non-treatment Foster Care level if the assessment indicates treatment foster care services are not needed. Children/youth placed on the Non-Treatment Foster Care Level are not expected to meet DMAS criteria; this service includes a maximum of one (1) face to face visit with the youth in the treatment foster home and (1) face to face visit every 60 days conducted by Intercept Health Staff. This contact per month includes 24/7 crisis intervention.

***Note: All TFC-Support & Supervision Levels may have additional support services that assist in the implementation of the child/youth’s treatment goals/objectives and/or permanency goal/discharge plan.**

Treatment Foster Care Case Management - Defined by DMAS in 2007, this service assists clients in gaining access to needed medical, social, educational and other services. It covers assessment, planning, referral and monitoring of services. It does not cover direct delivery of services, recruitment and approval of foster parents, their training, staff training, client placement, foster parent support, supervision and other service components of TFC. This service is combined with the appropriate level of TFC-Supervision & Support described above. This service may or may not be covered by Medicaid



depending upon the eligibility of the child. It is billed at a daily rate when paid through CSA.

***Additional Note: There is no charge for non-treatment level case management. In addition, if Medicaid determines the child does not meet medical necessity criteria and denies Treatment Foster Care Case Management, CSA may pay for case management based on justification of need. In all cases, Provider must obtain FAPT/CPMT prior approval."**

Infant Rate/Support Service - This rate covers coordination of and services for infants who remain in the custody of a Treatment Foster Care client. This is an additional service that can be contracted on a case-by-case basis. Services for the infant will be monitored through the relationship with the client when placed together. The Basic Maintenance for the infant is added to the client's charges. For infants who are in the custody of social services and placed in an Intercept Health home, all individual foster care rates apply for infant.

Overnight Pre-Placement Visit - There is no charge for daytime or overnight pre-placement visits. The visits are intended to ensure proper placement and adjustment of child and family prior to formal placement. Mileage and travel expense reimbursement can be agreed upon for unique situations in advance of pre-placement visits on a case-by-case basis.


Supportive In-Home - This is an add on service, that can be utilized in conjunction with the TFC-Support & Supervision and TFC Case Management services to offer individual and/or family counseling services to assist in the transition of children/youth from higher levels of care before s/he is placed in the treatment foster care home or to provide extra therapeutic support to a child/youth who may be at risk of placement disruption.

Short-term Foster Care Services - This is designed to provide crisis or alternate planned-support relief for up to 29 consecutive calendar days to families in need of substitute care placement arrangements for children/youth. The substitute care placement environments used are approved Intercept Health foster homes. Short-term overnight care:

- Level 1: Overnight respite care for children with behavioral issues requiring minimal to no intervention.
- Level 2: Overnight respite care for children with behavioral issues requiring major interventions.

Respite Services - This is a temporary, internal support service provided to approved Intercept Health foster families, for which Intercept Staff arrange on their behalf with other internal Intercept Health foster homes by reviewing respite care options with teaching parents and by the matching children with respite caregivers. Respite Services provide valuable support and relief to the primary treatment foster families while ensuring the health and safety of the client and families. Use of respite is also a healthy mechanism to enhance attachments for children/youth with their caregivers. This service can also provide emergency relief to internal Intercept Health families in crisis situations. An accrual system is utilized with Intercept Health foster families. This service can be contracted to allow for additional respite services for children/youth on a case-by-case basis when the child/youth has exceptional needs.

Mobile Crisis – Short-term, direct mental health care to address the immediate needs of clients experiencing acute psychiatric symptoms or behavioral symptoms that place their home, school, or program placement at risk. The goals are to avert hospitalization or re-hospitalization; provide normative environments with a high assurance of safety; stabilize the individual's home, school, or program placement; and mobilize both referrals for necessary treatment post discharge as well as



resources through natural supports. While admitted to the program, individuals will participate in crisis/safety planning, treatment planning, individual and family counseling, and symptom and behavior management. Staff utilize a trauma informed care approach.

Community Crisis Stabilization - Short-term, direct mental health care to non-hospitalized individuals who recently experienced acute psychiatric symptoms or behavioral symptoms that place their home, school, or program placement at risk. The goals are to avert hospitalization or re-hospitalization; provide normative environments with a high assurance of safety; stabilize the individual's home, school, or program placement; and mobilize both referrals for necessary treatment post discharge as well as resources through natural supports. While admitted to the program, individuals will participate in crisis/safety planning, treatment planning, individual and family counseling, and symptom and behavior management. Staff utilize a trauma informed care approach.

Therapeutic Aide – Services provided to children and adolescents through implementation of behavior principles that increase use of coping and pro-social skills. These services can be provided in a child's home, community, or school. These services can also be provided for emergency situations or with short notice to provide adequate, trauma-informed, supervision of individuals in a hospital, home, social services, or community.

Transportation – Transportation provided by drivers trained in trauma-informed care and behavioral de-escalation, which provides a non-intrusive approach for children/adolescents with aggressive behaviors. Local transportation can be provided for any type of situation within a 20-mile range. Distant cases are over 20 miles with out-of-state transportation available. Therapeutic Aide(s) may be used when additional support is needed during distant trips.

YouthQuest Independent Living Program

July 1st, 2023 – June 30th, 2024

Intercept Health's YouthQuest Independent Living Program offers Licensed Independent Living Arrangements for young adults, ages 17-21, in a structured, supervised apartment setting. Our YouthQuest Program provides case management and support focused on increasing the youth's independence and self-sufficiency in areas such as daily living, household maintenance, employment, education, career planning, transportation, and housing. YouthQuest's core components include: Learning and Application, Positive Youth Development, and Permanent Connections.

Locations

Abingdon Charlottesville Fredericksburg Hampton Henrico
Lynchburg Manassas Roanoke Virginia Beach

Rate Schedule for 17 Year Olds

Service	Rate Schedule	
	Medicaid	Non-Medicaid
Independent Living Arrangement - Room and Board ¹	Not Covered	\$22.09/day
Independent Living Services – Life and Social Skills Training ²	Not Covered	\$253.50/day
Total Comprehensive Daily Rate	N/A	\$275.59/day

Rate Schedule for 18+ Year Olds

Service	Rate Schedule	
	Medicaid	Non-Medicaid
Independent Living Arrangement - Room and Board ^{1, 3}	Not Covered	\$672.00/month
Independent Living Services – Life and Social Skills Training ²	Not Covered	\$253.50/day

Notes: 1. Room and Board includes a private room in an apartment-like setting, weekly grocery allowance, and transportation for school, work, religious activities, medical needs, and family visitation

2. Independent Living Services include: Life skills training and coaching for 5-10 hours per week, completion of the Casey Life Skills Assessment annually, formulation of a Transitional Living Plan along with monthly reports and quarterly service plan updates, weekly case coordination, weekly life skills group, coordination of medical and therapeutic services to include supervision of prescribed medications (where applicable), and staff on call 24 hours per day.

3. YouthQuest will accept the \$772 monthly maintenance payment to cover Room and Board. The remaining \$100.00 will be placed into the youth's YouthQuest Savings account each month to work on money management.

YouthQuest for Moms and Dads Independent Living Program July 1st, 2023 – June 30th, 2024

Intercept Health’s YouthQuest for Moms and Dads Independent Living Program offers Licensed Independent Living Arrangements for pregnant and/or parenting youth, ages 17-21, in a structured, supervised apartment setting. Our YouthQuest for Moms and Dads Program provides case management and support focused on increasing the youth’s independence and self-sufficiency in areas such as parenting, daily living, household maintenance, employment, education, career planning, transportation, and housing. YouthQuest for Moms and Dad’s core components include: Learning and Application, Positive Youth Development, and Permanent Connections. The Nurturing Parenting curriculum is also utilized in YouthQuest for Moms and Dads.

Locations

Abingdon Charlottesville Fredericksburg Hampton Henrico
Lynchburg Manassas Roanoke Virginia Beach

Rate Schedule for 17 Year Olds

Service	Rate Schedule	
	Medicaid	Non-Medicaid
Independent Living Arrangement - Room and Board ^{1,3}	Not Covered	\$22.09/day
Independent Living Services – Life and Social Skills Training to include additional pregnancy and parenting support and training ²	Not Covered	\$376.50/day
Total Comprehensive Daily Rate	N/A	\$398.59/day

Rate Schedule for 18+ Year Olds

Service	Rate Schedule	
	Medicaid	Non-Medicaid
Independent Living Arrangement - Room and Board ^{1,3}	Not Covered	\$672.00/month
Independent Living Services – Life and Social Skills Training to include additional pregnancy and parenting support and training ²	Not Covered	\$376.50/day

Additional Rates

Service	Rate Schedule	
	Medicaid	Non-Medicaid
Additional Fee for Parenting more than One Child ⁴	Not Covered	\$50.00/day
Additional Room and Board Fee for Child Over the age of 2 ⁵	Not Covered	\$25.00/day

Notes: 1. Room and Board includes a private room in an apartment-like setting, weekly grocery allowance, and transportation for school, work, religious activities, medical needs, and family visitation

2. Independent Living Services with additional pregnancy and/or parenting support include: Life skills training and coaching for 5-10 hours per week, completion of the Casey Life Skills Assessment annually, formulation of a Transitional Living Plan along with monthly reports and quarterly service plan updates, weekly case coordination, weekly life skills group, coordination of medical and therapeutic services to include supervision of prescribed medications (where applicable), staff on call 24 hours per day, support for a healthy pregnancy, and assistance with building and enhancing parenting skills, and use of the Nurturing Parenting Curriculum.

3. YouthQuest will accept the \$772 monthly maintenance payment to cover Room and Board. The remaining \$100.00 will be placed into the youth's YouthQuest Savings account each month to work on money management.

4. Additional Fee for Parenting more than One Child includes additional weekly grocery allowance, additional furniture for the second child, and additional transportation-related costs.

5.. Additional Room and Board Fee for a Child Over the Age of 2 includes an additional bedroom, with developmentally appropriate furniture, for the child's use along with additional weekly grocery allowance due to the child's growing nutritional needs.



YouthQuest Anywhere
July 1st, 2023 – June 30th, 2024

Intercept Health’s YouthQuest Anywhere Program provides community-based independent living training and case management to youth ages 16+. The services can take place in a variety of environments, including congregate care, foster homes, apartments, school dorms, etc. The program focuses on increasing the youth’s independence and self-sufficiency in areas such as daily living, household maintenance, employment, education, career planning, and transportation.

Locations

Abingdon Charlottesville Fredericksburg Hampton Henrico
Lynchburg Manassas Roanoke Virginia Beach

Rate Schedule

Service	Rate Schedule	
	Medicaid	Non-Medicaid
Community Based Independent Living Services	Not Covered	\$65.40/day

Community Based Services July 1st, 2023 – June 30th, 2024

Intercept Health's Community Based Services are designed to help support youth, adults, and families in their natural community environments. Please see Service Descriptions for more information on the services available.

Locations

Intercept Health offers a variety of Community Based Services across the Commonwealth. For the most up-to-date information on where each Community Based Service is being offered, please contact us at 833-TO-REFER.

Rate Schedule

Service	Rate Schedule	
	Medicaid	Non-Medicaid
Intensive In-Home Services	\$67.50/hour	\$67.50/hour
Mental Health Skill Building (Urban locality)	\$102.38/unit	\$102.38/unit
Mental Health Skill Building (Rural locality)	\$93.38/unit	\$93.38/unit
Supportive In-Home	N/A	\$69.75/hour
Parent Coaching	N/A	\$62.00/hour
Raising Our Children (ROC): Home Based Parent Counseling	N/A	\$80.50/hour
1:1 Mobile Crisis Services Provided by LMHP	\$71.08/15 minutes	\$71.08/15 minutes
2:1 Mobile Crisis Services Provided by 2 QMHPs	\$124.27/15 minutes	\$124.27/15 minutes
2:1 Mobile Crisis Services Provided by 1 LMHP & 1 QMHP	\$131.93/15 minutes	\$131.93/15 minutes
1:1 Community Crisis Stabilization Services Provided by LMHP	\$48.30/15 minutes	\$48.30/15 minutes
1:1 Community Crisis Stabilization Services Provided by QMHP	\$40.23/15 minutes	\$40.23/15 minutes
2:1 Community Crisis Stabilization Services Provided by 1 LMHP & 1 QMHP	\$85.83/15 minutes	\$85.83/15 minutes
Therapeutic Aide	N/A	\$60.00/hour
Emergency Aide	N/A	\$80.00/hour
Transportation Services (Local Rate: Less than 20 miles)	N/A	\$50.00/trip



Transportation Services (Distance Rate: 20+ miles)	N/A	\$50.00/trip + \$3.60/mile
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Service Descriptions

Intensive In-Home Services - Services for children/adolescents under the age of 21. Services are intensive, time-limited interventions provided typically but not solely in the residence of a child who is at-risk of being moved into an out of home placement or who is being transitioned to the home from an out of home placement due to documented clinical needs of the child. These services provide crisis treatment, individual and family counseling on topics such as communication, problem-solving, anger management, and interpersonal interactions, and coordination with other necessary services. Services also include 24-hour emergency response.


Mental Health Skill-Building Service - A training service for individuals, over the age of 18, with significant psychiatric functional limitations. Services are designed to train individuals in functions skills and appropriate behavior related to the individual's health and safety, activities of daily living and use of community resources, assistance with medication management and monitoring health, nutrition and physical condition. These services are intended to enable individual with significant mental illness to achieve and maintain community stability and independence in the most appropriate, least restrictive environment.

Supportive In-home Services - Support and other structured services provided to strengthen individual skills and or provide environmental supports for individuals with behavioral/mental health problems. Services are based on the needs of the individual and include training and assistance.

Parent Coaching: a prevention service that empowers caretakers with the knowledge and tools necessary to parent effectively and with confidence while maintaining a healthy, nurturing relationship with their child. Parent Coaching offers individualized approaches to teach caretakers parenting skills through an evidenced-based parenting curriculum. During home-based sessions, parenting specialists provide remedial review of curriculum information, model parenting skills, role-play parenting techniques with the caretaker, facilitate opportunities for caretakers to begin practicing healthy parenting strategies within their parent-child relationship, and tailor their intervention to meet the unique needs of each caretaker.

Raising Our Children (ROC) – Home Based Parent Counseling focused on six core areas including nurturing and attachment; childcare and safety; health and nutrition; child growth and development; positive discipline; and parental and family resilience. ROC promotes a healthy parent-child relationship and utilizes the Nurturing Parenting Curriculum, an evidence-based program.

Mobile Crisis – Short-term, direct mental health care to address the immediate needs of clients experiencing acute psychiatric symptoms or behavioral symptoms that place their home, school, or program placement at risk. The goals are to avert hospitalization or re-hospitalization; provide normative environments with a high assurance of safety; stabilize the individual's home, school, or program placement; and mobilize both referrals for necessary treatment post discharge as well as resources through natural supports. While admitted to the program, individuals will participate in crisis/safety planning, treatment planning, individual and family counseling, and symptom and behavior management. Staff utilize a trauma informed care approach.



Community Crisis Stabilization - Short-term, direct mental health care to non-hospitalized individuals who recently experienced acute psychiatric symptoms or behavioral symptoms that place their home, school, or program placement at risk. The goals are to avert hospitalization or re-hospitalization; provide normative environments with a high assurance of safety; stabilize the individual's home, school, or program placement; and mobilize both referrals for necessary treatment post discharge as well as resources through natural supports. While admitted to the program, individuals will participate in crisis/safety planning, treatment planning, individual and family counseling, and symptom and behavior management. Staff utilize a trauma-informed care approach.

Therapeutic Aide – Services provided to children and adolescents through implementation of behavior principles that increase use of coping and pro-social skills. These services can be provided in a child's home, community, or school. These services can also be provided for emergency situations or with short notice to provide adequate, trauma-informed, supervision of individuals in a hospital, home, social services, or community.

Transportation – Transportation provided by drivers trained in trauma-informed care and behavioral de-escalation, which provides a non-intrusive approach for children/adolescents with aggressive behaviors. Local transportation can be provided for any type of situation within a 20-mile range. Distant cases are over 20 miles with out-of-state transportation available. Therapeutic Aide(s) may be used when additional support is needed during distant trips.

Applied Behavioral Analysis Services July 1st, 2023 – June 30th, 2024


Intercept Health's Applied Behavioral (ABA) services provides center-based behavior consultation and therapy for individuals with an intellectual or developmental disability or disruptive behaviors. Intercept Health's ABA services focus on five core areas: significant behaviors, sensory integration, communication deficits, social interactions, and ritualized or repetitive behaviors.

Locations

Chesterfield Glen Allen Marion Newport News
 Roanoke Wytheville

Rate Schedule

Service	Rate Schedule	
	Medicaid	Non-Medicaid
Initial Behavior Assessment Conducted by BCBA	\$46.63/15 minutes	\$46.63/15 minutes
Initial Behavior Assessment Conducted by BCaBA	\$23.48/15 minutes	\$23.48/15 minutes
Direct 1:1 ABA Services Provided by BCBA	\$46.63/15 minutes	\$46.63/15 minutes
Direct 1:1 ABA Services Provided by BCaBA	\$23.48/15 minutes	\$23.48/15 minutes
Direct 1:1 ABA Services Provided by RBT	\$15.00/15 minutes	\$15.00/15 minutes
Group ABA Services (2-8 Clients)	\$17.50/15 minutes per client	\$17.50/15 minutes per client
RBT Support in Group Environment (Up to 4 Clients) *minimum of 6 hours required for this service*	N/A	\$105/hour
Supervision, Program Development, or Parent Training Provided by BCBA	\$46.63/15 minutes	\$46.63/15 minutes
Supervision, Program Development, or Parent Training Provided by BCaBA	\$23.48/15 minutes	\$23.48/15 minutes
Care Coordination Provided by BCBA	N/A	\$46.63/15 minutes
Care Coordination Provided by BCaBA	N/A	\$23.48/15 minutes
Care Coordination Provided by RBT	N/A	\$15.00/15 minutes



ABA Coaching or Consulting	N/A	\$25.75/15 minutes
Consultation and Supervision of ABA Services Provided by BCBA	N/A	\$194.00/hour
Consultation and Supervision of ABA Services Provided by BCaBA	N/A	\$129.00/hour
Supervision of RBTs	N/A	\$129.00/hour

Service Descriptions

Initial Behavior Assessment – An assessment completed by either a BCBA or BCaBA that includes assessing the client’s behavioral needs through observation, parent/caregiver interviews, and initial intake paperwork. The assessment is used to create a treatment plan.

Direct ABA Services – Services provided 1:1 on by a Board Certified Behavior Analyst (BCBA), Board Certified Assistant Behavior Analyst (BCaBA), or a Register Behavior Technician (RBT) to work on the goals identified in the treatment plan and to address the five core areas of our program.

Group ABA Services – Services provided in a group setting by either a BCBA or BCaBA to work on social interaction and functional communication within peer groups.

RBT Support in a Group Environment – Support provided by an RBT to assist up to four clients, in a group setting, with behavior concerns as well as social interactions and functional communication skills.

Supervision, Program Development, or Parent Training – Oversight, by a BCBA or BCaBA, of the utilization of the treatment plan and the direct care staff who are providing services for the client. This includes reviewing and updating the treatment plan as needed as well as providing parent training to assist with implementing ABA interventions within the home environment.

Care Coordination – Care coordination involves a BCBA or BCaBA collaborating with any additional agencies providing services for the client, to ensure the services are working cohesively towards the client’s goals.

ABA Coaching or Consulting – Coaching or consulting to assist community agencies with learning ABA techniques in order to assist with behavioral concerns, social interactions, and functional communication skills.

Consultation and Supervision of ABA Services – Consultation and supervision provided by a BCBA or BCaBA to assist community agencies with learning the ABA techniques being utilized with a client, in order to assist with the client’s behavioral concerns, social interactions, and functional communication skills.

Supervision of RBTs – Supervision and oversight provided by a BCBA or BCaBA to RBTs providing direct services to clients; the purpose of this service is to ensure the treatment plan is being followed with integrity. Supervision of RBTs is required for any a service being provided by an RBT.

TrueNorth Clinic Services
July 1st, 2023 – June 30th, 2024

Intercept Health's TrueNorth Clinic offers Addiction, Recovery, and Psychiatric Medication Management Services utilizing trauma-informed, evidence-based practices. TrueNorth prides itself on meeting the individual where they are developmentally and in their psychiatric, substance use, and prevention process.

Locations

TrueNorth offers services statewide through telehealth. In-person services may also be available in the Roanoke area.

Rate Schedule

Service	Rate Schedule	
	Medicaid	Non-Medicaid
Initial Psychiatric Medication Appointment (60 minutes)	\$210.00	\$210.00
Follow Up Psychiatric Medication Appointment (20 minutes)	\$120.00	\$120.00
Follow Up Psychiatric Medication Appointment with Brief Psychotherapy (30-45 minutes)	\$195.00	\$195.00
Initial Multidimensional Substance Abuse Assessment (60 minutes)	\$150.00	\$150.00
Substance Use Counseling Session (60 minutes)	\$140.00	\$140.00
Adolescent Intensive Outpatient Program 3 hour session, twice weekly *Note: Length of Time Varies by Individual*	\$562.50/week	\$562.50/week
Adult Intensive Outpatient Program 3 hour session, 3 times per week *Note: Length of Time Varies by Individual*	\$843.75/week	\$843.75/week
Substance Use Group (60 minutes)	\$55.00 per group	\$55.00 per group
Continue Care Group (60 minutes)	\$55.00 per group	\$55.00 per group
Family Group (60 minutes)	\$55.00 per group	\$55.00 per group
Substance Use Case Management	\$276.75/month	\$276.75/month
SASSI	\$35.00	\$35.00
Initial Suboxone Medication Appointment with induction (80 minutes)	\$300.00	\$300.00



Initial Suboxone Medication Appointment without induction (60 minutes)	\$210.00	\$210.00
Follow Up Suboxone Medication Appointment (20 minutes)	\$120.00	\$120.00
Follow Up Suboxone Medication Appointment with Brief Psychotherapy (30-45 minutes)	\$195.00	\$195.00
Injection of Psychotropic Medication	\$25.00	\$25.00
Court Professional Fees	N/A	\$200.00

Service Descriptions

Psychiatric Medication Management – Individuals work alongside a physician or physician’s assistant to determine the safety and effectiveness of psychotropic medications. This service may include discussing symptoms, changing dosages, switching medications, or adding new medications.

Substance Use Assessment – Referrals complete a full assessment and SASSI to determine risk factors and current rate of use of any substances, including tobacco products and alcohol. The assessment is used to determine treatment services.

Substance Use Counseling – Per the assessment, individuals may participate in individual counseling to address trauma and other concerns related to their substance use or prevention needs. Those who are younger (under 12) with substance use/prevention needs are placed into individual counseling vs. group due to age.


Adolescent Intensive Outpatient Program – A program designed for individuals who are using substances at a level determined during the Assessment to be abuse. The program includes twice weekly 3-hour groups for 12 weeks (totaling 24 sessions, although the length may vary) that address addiction and recovery, teaches coping skills, addresses the root causes of continued use, and how to maintain recovery.

Adult Intensive Outpatient Program – A program designed for individuals who are using substances at a level determined during the Assessment to be abuse. The program includes 3 times weekly 3-hour groups for 12 weeks (totaling 36 sessions, although the length may vary) that address addiction and recovery, teaches coping skills, addresses the root causes of continued use, and how to maintain recovery. An additional day of IOP is offered for those needing additional support.

Substance Use Group – Prevention and education groups for individuals who are determined to benefit from this level of intervention per their assessment. Prevention and education groups may include vaping, tobacco use, etc. Groups are typically one hour twice weekly for four weeks, although the length of service may vary.

Continue Care Group – Individuals who complete the IOP continue with a 1 or 2 hour per week aftercare group for up to 8 weeks to ensure successful transitioning out of the IOP.

Family Group – Weekly group for families to provide education on substance use and discuss family dynamics and other relevant topics.



Substance Use Case Management – This service is available for anyone who is participating in Substance Use services. Case Management helps link the individual with other necessary or supplemental services.

SASSI – The Substance Abuse Subtle Screening Inventory (SASSI) is a brief self-report, easily administered psychological screening measure that is available in separate versions for adults and adolescents. This service includes analyzing the results of the screening to help determine the level of substance use impacting an individual.

Suboxone Medication Appointment – This service is for adults who may need withdrawal management services due to the use of opioids while they are participating in the Intensive Outpatient Program. Individuals are seen by the TrueNorth Psychiatric Provider to determine plan of care. VIVITROL injections are also available to aid in the treatment of addiction.

Injection of Psychotropic Medication – Injection services are available for individuals being seen by a TrueNorth Psychiatric Provider when the provider and individual develop a plan of care to utilize injectable medication as part of their treatment.