

FREDERICK COUNTY FIRE AND RESCUE DEPARTMENT – TRAINING DIVISION
RECRUIT CLASS # 13 SCHEDULE

DAY	DATE	LOCATION	SUBJECT	LEAD INSTRUCTOR	ASSISTANT INSTRUCTOR
	Various	FCPSB	Uniforms, gear, fit testing, HR Insurance and Retirement Information Meeting (4 Hours)		
Monday	January 16, 2023	County Holiday – Martin Luther King Day			
Tuesday	January 17, 2023 (11 Hours)	ANNEX	Fire and Rescue Department Officer Introductions Department Standardized Operating Procedures (3 hours) Physical Fitness Expectations (1 hour) Stress First Aid (1.5 Hours) Fit Testing Physical Fitness Baseline	Administration and Training Division Staff	
Wednesday	January 18, 2023 (11 Hours)	ANNEX	Team Building Exercises		
Thursday	January 19, 2023	ANNEX	Emergency Vehicle Operator's Course		
Tuesday	January 24, 2023	STATION # 21	Emergency Vehicle Operator's Course		
FIREFIGHTER COURSE BEGINS					
Wednesday	January 25, 2023	ANNEX	Chapter 1 The Fire Service Classroom (4 Hours) Chapter 2 Fire Fighter Health and Safety Classroom (6 Hours)		
Thursday	January 26, 2023	ANNEX	Chapter 3 Personal Protective Equipment / Self – Contained Breathing Apparatus (SCBA) Classroom (4 hours) Chapter 4 Fire Services Communications (5 Hours)		
Friday	January 27, 2023	WFCFRTC	Personal Protective Equipment / Self Contained Breathing Apparatus Practical (8 Hours) Communications Practical (2 Hours)		
Tuesday	January 31, 2023	WFCFRTC	Personal Protective Equipment / Self Contained Breathing Apparatus Practical (10 Hours)		
Wednesday	February 1, 2023	WFCFRTC	Personal Protective Equipment / Self Contained Breathing Apparatus Practical (10 Hours)		
Thursday	February 2, 2023	ANNEX	Hazardous Materials First Responders: Awareness/Operations Course (10 Hours)		
Friday	February 3, 2023	ANNEX	Hazardous Materials First Responders: Awareness/Operations Course (10 Hours)		
Tuesday	February 7, 2023	ANNEX	Hazardous Materials First Responders: Awareness/Operations Course (10 Hours)		
Wednesday	February 8, 2023	ANNEX	Hazardous Materials First Responders: Awareness/Operations Course (10 Hours)		
Thursday	February 9, 2023	WFCFRTC	Hazardous Materials First Responders: Awareness/Operations Course (10 Hours)		

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Friday	February 10, 2023	WFCFRTC	State Written and Practical Testing Hazardous Materials First Responders: Awareness and Operations Course (10 Hours)		
Tuesday	February 14, 2023	ANNEX	Chapter 5 Fire Behavior Classroom (5 Hours) Chapter 6 Building Construction Classroom (4 Hours)		
Wednesday	February 15, 2023	WFCFRTC	Chapter 7 Portable Fire Extinguishers Classroom (2 Hours) Chapter 8 Tools and Equipment Classroom (4 Hours) Portable Fire Extinguisher Practical (3 Hours) Tools & Equipment Practical (1 Hour)		
Thursday	February 16, 2023	ANNEX	Chapter 9 Ropes and Knots Classroom (3 Hours) Chapter 10 Forcible Entry Classroom (3 Hours) Chapter 11 Ladders Classroom (3 Hours)		
Friday	February 17, 2023	WFCFRTC	Ropes and Knots Practical (10 Hours)		
Monday	February 20, 2023	County Holiday – President’s Day			
Tuesday	February 21, 2023 (11 Hours)	WFCFRTC	Forcible Entry Practical (10 Hours)		
Wednesday	February 22, 2023 (11 Hours)	WFCFRTC	Ladders Practical (10 Hours)		
Thursday	February 23, 2023	WFCFRTC	Ladders Practical (10 hours)		
Tuesday	February 28, 2023	WFCFRTC	Chapter 12 Search and Rescue Classroom (3 Hours) Search and Rescue Practical (7 Hours)		
Wednesday	March 1, 2023	WFCFRTC	Search and Rescue Practical (10 Hours)		
Thursday	March 2, 2023	WFCFRTC	Search And Rescue Practical (7 hours) Chapter 13 Ventilation Classroom (3 Hours)		
Friday	March 3, 2023	WFCFRTC	Ventilation Practical (10 Hours)		
Tuesday	March 7, 2023	ANNEX	Chapter 14 Water Supply Classroom (3 Hours) Chapter 15 Fire Hose, Appliances, and Nozzles Classroom (3 Hours) Chapter 16 Supply and Attack Line Evolutions Classroom (3 Hours)		
Wednesday	March 8, 2023	WFCFRTC	Water Supply Practical (7 Hours) Fire Hose, Appliances, and Nozzles Practical (3 Hours)		
Thursday	March 9, 2023	WFCFRTC	Fire Hose, Appliances, and Nozzles Practical (2 Hours) Supply and Attack Line Evolutions Practical (8 Hours)		

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Friday	March 10, 2023	WFCFRTC	Supply and Attack Line Evolutions (10 Hours)		
Tuesday	March 14, 2023	WFCFRTC	Chapter 17 Fire Suppression Classroom (3 Hours) Fire Suppression Practical (7 Hours)		
Wednesday	March 15, 2023	WFCFRTC	Fire Suppression Practical (10 Hours)		
Thursday	March 16, 2023	SHEN. CO	Fire Suppression Practical (10 Hours)		
Friday	March 17, 2023	WFCFRTC	Fire Suppression Practical (2 Hours) Chapter 18 Firefighter Survival Classroom/Practical (8 Hours)		
Tuesday	March 21, 2023	ANNEX	Chapter 19 Salvage and Overhaul Classroom (3 Hours) Chapter 20 Firefighter Rehabilitation Classroom (3 Hours) Chapter 21 Wildland and Ground Cover Fires (3 Hours)		
Wednesday	March 22, 2023	WFCFRTC	Salvage and Overhaul Practical (4 Hours) Firefighter Rehabilitation Practical (3 Hours) Wildland and Ground Cover Fires (3 Hours)		
Thursday	March 23, 2023	WFCFRTC	Structure Fire Practical (10 Hours)		
Friday	March 24, 2023	SHEN. CO	Structure Fire Practical (10 Hours)		
Tuesday	March 28, 2023	WFCFRTC	Skills Testing (10 Hours)		
Wednesday	March 29, 2023	WFCFRTC	Skills Testing (10 Hours)		
Thursday	March 30, 2023	WFCFRTC	State Written and Practical Test Day – Firefighter I (10Hours)		
Friday	March 31, 2023	ANNEX	Chapter 22 Establishing and Transferring Command Classroom (3 Hours) Chapter 23 Vehicle Extrication Classroom (3 Hours) Introduction to Technical Rescue Module I (4 Hours)		
Tuesday	April 4, 2023	WFCFRTC	Introduction to Technical Rescue Module II Classroom/ Practical (10 Hours)		
Wednesday	April 5, 2023	WFCFRTC	Introduction to Technical Rescue Module II Practical (10 Hours)		
Thursday	April 6, 2023	WFCFRTC	Heavy Technical Rescue – Vehicle Extrication Classroom/Practical (10 Hours)		
Friday	April 7, 2023	WFCFRTC	Heavy Technical Rescue - Vehicle Extrication Practical (10 Hours)		
Tuesday	April 11, 2023	WFCFRTC	Establishing and Transferring Command Practical (2 Hours) Advanced Fire Suppression Practical (4 Hours) Chapter 24 Advanced Fire Suppression Classroom (3 Hours)		

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Wednesday	April 12, 2023	WFCFRTC	Chapter 25 Assisting Special Rescue Teams Classroom / Practical (5 Hours) Swift Water Awareness Classroom/Practical		
Thursday	April 13, 2023	ANNEX	Chapter 26 Fire Detection, Suppression, and smoke Control Systems Classroom (3 Hours) Chapter 27 Fire & Life Safety Initiatives Classroom (3 Hours) Chapter 28 Fire Origin and Cause Classroom (3 hours)		
Friday	April 14, 2023	WFCFRTC	Fire Detection, Suppression, and smoke Control Systems Practical (1 Hours) Fire & Life Safety Initiatives (2 Hours) Fire Origin and Cause (1 hours) Skills Testing (6 hours)		
Tuesday	April 18, 2023	WFCFRTC	Structure Fire Practical (10 Hours)		
Wednesday	April 19, 2023	WFCFRTC	Structure Fire Practical (10 Hours)		
Thursday	April 20, 2023	WFCFRTC	Skills Testing (8 Hours)		
Friday	April 21, 2023	WFCFRTC	Skills Testing (8 Hours)		
Tuesday	April 25, 2023	WFCFRTC	State Written and Practical Test Day – Firefighter II (10 Hours)		
Wednesday	April 26, 2023	WFCFRTC	Mayday! Firefighter Down! Operations Course Practical (10 Hours)		
Thursday	April 27, 2023	WFCFRTC	Mayday! Firefighter Down! Operations Course Practical (10 Hours)		
Friday	April 28, 2023	WFCFRTC	Mayday! Firefighter Down! Operations Course Practical (10 Hours)		
Tuesday	May 2, 2023	ANNEX	Fire Equipment Rehab		
EMT COURSE BEGINS					
Wednesday	May 3, 2023 (11 Hours)	ANNEX	American Heart Association – BLS Provider Course (6 Hours) Competency and Clinical Rotation Documentation Training (1 hour)		
Thursday	May 4, 2023 (11 Hours)	ANNEX	Emergency Medical Services Classroom (1 Hour) Medical, legal and Ethical Issues of E.M.S. Classroom (3 Hours) Well-being of the EMT Classroom (2 hours) Communication and Documentation Classroom (2 Hours)		
Friday	May 5, 2023		County Holiday – Apple Blossom Festival		
Tuesday	May 9, 2023	ANNEX	Medical Terminology Classroom (1 Hour) Transportation Operations Classroom (1 hour) Lifting and Moving Classroom / Practical (6 hours)		
Wednesday	May 10, 2023	WFCFRTC	Human Anatomy and Physiology Classroom (8 hours)		

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Thursday	May 11, 2023	ANNEX	Life Span Development Classroom (1 Hour) Patients with Special Challenges Classroom (2 Hours) A Team Approach to Healthcare (1 Hour) Infection Control Policies and Procedures Classroom / Practical (2 Hours)		
Friday	May 12, 2023	ANNEX	Module Examination (Preparatory) Airway Management Classroom / Practical (4 Hours)		
Tuesday	May 16, 2023	WFCFRTC	Airway Management Practical Testing (2 Hours) Lifting and Moving Practical Testing (2 Hours) Patient Assessment – Station to Scene Classroom (2 Hours)		
Wednesday	May 17, 2023	WFCFRTC	Patient Assessment – Primary Assessment Classroom / Practical (4 Hours) Patient Assessment – Vital Signs Assessment Classroom / Practical (3 Hours)		
Thursday	May 18, 2023	WFCFRTC	ImageTrend® Incident Documentation Software Training (3 Hours) Patient Assessment – Medical Patient Assessment Classroom / Practical (4 Hours)		
Friday	May 19, 2023	ANNEX	Patient Assessment – Medical Patient Assessment Practical (6 Hours)		
Tuesday	May 23, 2023	ANNEX	Patient Assessment – Trauma Patient Assessment Practical (6 Hours)		
Wednesday	May 24, 2023	ANNEX	Shock Management Classroom (3 Hours)		
Thursday	May 25, 2023	ANNEX	Module Examination (Airway Management, Patient Assessment) CPR Testing (2 Hours) Airway Management Testing (2 Hours) Patient Assessment Testing (2 Hours)		
Friday	May 26, 2023	ANNEX	Lifting and Moving Patients Testing (2 Hours) Communication and Documentation Testing (1 hour) Principles of Pharmacology Classroom / Practical (4 hours)		
Monday	May 29, 2023		County Holiday- Memorial Day		
Tuesday	May 30, 2023	Field Rotations (10 Hours)			
Wednesday	May 31, 2023	Field Rotations (12 Hours)			
Thursday	June 1, 2023	ANNEX	Medical Emergencies Overview Classroom (1 Hour) Respiratory Emergencies Classroom / Practical (6 Hours)		
Tuesday	June 6, 2023	ANNEX	Cardiovascular Emergencies Classroom / Practical (8 Hours)		
Wednesday	June 7, 2023	ANNEX	CPR and LUCAS Skills Testing (2 Hours) Airway Management Testing (2 Hours)		

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			Respiratory and Cardiovascular Patient Assessment and Treatment Practical (4 Hours)		
Thursday	June 8, 2023	ANNEX	<u>Module Examination (Cardiovascular and Resuscitation)</u> Neurological Emergencies Classroom / Practical (3 Hours) Gastrointestinal and Urological Emergencies Classroom / Practical (3 Hours)		
Friday	June 9, 2023	ANNEX	Endocrine and Hematological Emergencies Classroom / Practical (2 Hours) Allergy and Anaphylaxis Classroom (2 Hours) Behavioral Health Classroom (2 Hours)		
Tuesday	June 13, 2023	WFCFRTC	Toxicological Emergencies Classroom / Practical (3 Hours) Gynecological Emergencies Classroom (1 Hour) Obstetrical and Gynecological Emergencies Classroom / Practical (4 Hours)		
Wednesday	June 14, 2023	ANNEX	<u>Module Examination (Medical Emergencies, Obstetrics/ Gynecological)</u> Medical Patient Assessment / Treatment Practical (6 Hours)		
Thursday	June 15, 2023	ANNEX	Medical Patient Assessment / Treatment Practical (8 Hours)		
Friday	June 16, 2023	Field Rotations (10 Hours)			
Monday	June 19, 2023	County Holiday – Juneteenth (Observed)			
Tuesday	June 20, 2023	Field Rotations (12 Hours)			
Wednesday	June 21, 2023	ANNEX	Competency Evaluations – Medical Emergencies (8 Hours)		
Thursday	June 22, 2023	ANNEX	Trauma Patient Overview Classroom (1 Hour) Bleeding and Soft-Tissue Injuries Classroom (8 Hours)		
Tuesday	June 27, 2023	ANNEX	Face and Neck Injuries Classroom / Practical (3 Hours) Head and Spine Injuries Classroom / Practical (3 Hours)		
Wednesday	June 28, 2023	ANNEX	Head and Spine Injuries Practical (3 Hours) Vehicle Extrication Scene Size-Up and Equipment Overview Practical (1 Hour) Chest, Abdominal and Genitourinary Injuries Classroom / Practical (3 Hours)		
Thursday	June 29, 2023	ANNEX	Trauma Patient Assessment and Treatment Practical (6 Hours)		
Friday	June 30, 2023	ANNEX	Trauma Patient Assessment and Treatment Practical (6 Hours)		
Tuesday	July 4, 2023	County Holiday- Independence Day			
Wednesday	July 5, 2023	ANNEX	Orthopaedic Emergencies Classroom / Practical (8 Hours)		
Thursday	July 6, 2023	ANNEX	Orthopaedic Emergencies Testing (4 Hours) Environmental Emergencies (4 Hours)		

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Friday	July 7, 2023	Field Rotations (12 Hours)			
Tuesday	July 11, 2023	Field Rotations (10 Hours)			
Wednesday	July 12, 2023	ANNEX	Trauma Patient Assessment and Treatment Practical (8 Hours)		
Thursday	July 13, 2023	ANNEX	Trauma Patient Assessment and Treatment Practical (8 Hours)		
Friday	July 14, 2023	ANNEX	Incident Management, Virginia Mass Casualty Incident Management Level I Classroom / Practical (6 Hours)		
Tuesday	July 18, 2023	ANNEX	Rescue Task Force (RTF) Course (8 Hours)		
Wednesday	July 19, 2023	ANNEX	Cognitive Review (4 Hours) Final Written Examination (All Modules) (4 Hours)		
Thursday	July 20, 2023	Field Rotations (10 Hours)			
Friday	July 21, 2023	Field Rotations (10 Hours)			
Tuesday	July 25, 2023	ANNEX	Final Medical Patient Assessment and Treatment Testing (10 Hours)		
Wednesday	July 26, 2023	ANNEX	Final Trauma Patient Assessment and Treatment Testing (10 Hours)		
Thursday	July 27, 2023	ANNEX	National Registry Cognitive Testing (4 Hours) Fire Manager Scheduling Software Classroom (2 Hours) Frederick County Professional Firefighter Association Registration Meeting (2 Hours)		
Friday	July 28, 2023	STATION # 14	Tuscarora Trail Hike (10 Hours)		
Tuesday	August 1, 2023	ANNEX	EMS Equipment Clean – Up (4 Hours) Annex Prep for Day in the Life (4 Hours)		
Wednesday	August 2, 2023	ANNEX	“Day in the Life” (24 Hours)		
Thursday	August 3, 2023	MILLBROOK HS	Recruit Class # 13 Graduation Ceremony (4 Hours)		

Location Abbreviations:

FCPSB Frederick County Public Safety Building (1080 Coverstone Drive, Winchester Virginia)
ANNEX Training Division Annex Building (860 Smithfield Avenue, Winchester Virginia)
WFCFRTC Winchester / Frederick County Regional Training Center (1716 Woodstock Lane, Winchester Virginia)

STATION # 14	Gore Volunteer Fire and Rescue Station (7184 Northwestern Pike, Gore Virginia)
MILLBROOK HS	Millbrook High School (251 First Woods Drive, Winchester Virginia)
SHEN CO.	Shenandoah County F&R Training Center (15 Backdraft Lane, Edinburg VA)

All days will begin at the Frederick County Public Safety Building at 0800 Hours unless otherwise notified. Physical Training (PT) will be from 0800 – 0930. Highlighted days indicate no PT that morning.