

## Applied Behavior Analysis

**Applied Behavior Analysis (ABA)** is the application of the principles of learning and motivation from Behavior Analysis, and the procedures and technology derived from those principles, to the solution of problems of social significance. Connections: Autism Support Program, provides multi-disciplinary treatment interventions to clients who need help in functional and adaptive behaviors. Clients need to meet certain medical necessity requirements for eligibility. Typical issues include communication deficits, aggressive behaviors, disruptive behaviors, and other functional impairments. Services are delivered in the home environment for the purpose of preventing out of home placements.

- **Fee:**
  - **Medicaid Rate of Tech: \$60 (cannot be used without allocation of LBA rate due to licensing and board restrictions on LBA's requirements for data compilation, treatment planning, family visits, etc.) or current Medicaid allowable charge.**
  - **Medicaid Rate of LBA: \$186.52 or current Medicaid allowable charge.**
- **Possible funding streams: Medicaid (EPSDT), CSA, Private Pay, Other**

**Please note:** Medicaid allows additional non-direct billable activities to occur in the Behavior Therapy Program not typically associated with most Community-based programs. All CSA rates and service descriptions match DMAS rates and direct and non-direct allowable charges. Listed below are allowable per Medicaid regulations.

- **Case Consultation/Care Coordination:** Consultation between licensed staff to support effective treatment. Medicaid Regulations: *Direct consultation by the LMHP, LBA or LABA with direct services staff, and other professionals involved in the child's overall treatment and/or implementation of the behavior modification plan*
- **Direct Services with client within the home or community.** Medicaid Regulations: *Behavioral modification services and/or ABA services and Training of family members in behavioral modification methods and ABA strategies as appropriate.* Behavioral training to increase the individual's adaptive functioning and communication skills
- **Data Compilation and Review:** All treatment planning provided by a LBA or LABA must be scientific in nature and data driven. Medicaid Regulations: *Documentation and analysis of quantifiable behavioral data related to treatment objectives*
- **Assessments and Treatment Planning:** Initial assessments and ongoing assessments are used to identify measurable goals and baseline data as required by Medicaid. Quarterly reviews with client and family to support client and caregiver involvement in the plan are required at a minimum of three months and more frequent as clinically appropriate. Treatment Planning is used to update the ISP regarding treatment changes. Per Medicaid: *Initial and periodic provider assessments including time spent scoring assessment and creating the report; Development of initial and updated ISPs.*

## Individualized Support Services

This home based service provides counseling interventions for children, adolescents, adults, and/ or their parents or caregivers. Detailed assessments will be completed before services begin documenting the emotional, behavioral or mental health issues that will be addressed during the duration of services. Services could include individual and family counseling, parental support and training. Services will be based primarily in the home and at least one parent must be a willing participant in the service plans.

- o **Fee: \$67.50 per hour**
- o **Possible funding streams: Medicaid, CSA, Mental Health Initiative, Private Pay, Other**

## Family Support Services

This home based service provides counseling interventions for children, adolescents and/ or their parents or caregivers. Detailed assessments will be completed before services begin documenting the emotional, behavioral or mental health issues that will be addressed during the duration of services. Services could include individual and family counseling, parental support and training. Services will be based primarily in the home and at least one parent must be a willing participant in the service plans.

- o **Fee: \$67.50 per hour**
- o **Possible funding streams: Medicaid, CSA, Mental Health Initiative, Private Pay, Other**

## **Intensive In-Home Services**

Intensive In-Home Treatment: This service provides intensive short-term stabilization (2–6 months) for youth (under the age of 21) and families when the youth is in danger of losing their placement in the home. This service may also be utilized for reintegration back into the home after an out-of-home placement. Detailed assessments will be completed documenting the emotional, behavioral or mental issues that place the youth at risk. Services will be based primarily in the home and at least one parent must be a willing participant in the service plans. Intensive In-Home Treatment provides crisis treatment; individual and family counseling; communication skills, counseling to assist the child and his parents to understand and practice appropriate problem-solving, anger management, and interpersonal interaction, and coordination with other required services. The caregiver (biological parent, guardian, relative, family residence of a permanent, temporary, or pre-adoption placement) and youth must also be committed to meeting for a minimum of 5 hours per week. 24/7 crisis support remains available throughout the service period and discharge planning will focus on maintaining the placement.

- o **Fee: \$67.50 per hour or current Medicaid allowable charge**
- o **Possible funding streams: Medicaid, CSA, Private Pay, Other**

## Mental Health Skill-Building Services

Mental Health Skills Building Services focuses on building independent living skills with older adolescents and adults who need support in addressing their mental health issues that are affecting their ability to remain or develop independent living. A wide variety of goals can be developed during this program and clients are given direct help in achieving these goals. Goals could focus on the following areas over a period of 6 months: self-care, daily living skills, social relationships, finding stable housing, utilizing public transportation, obtaining stable employment, working toward school related goals, money management, etc. Clinicians provide direct care for these clients at an average of 6–9 hours per week helping them develop the ability to better manage their mental health needs and to achieve success in building independent living skills. This program is licensed under Mental Health Supportive Services and certain mental health requirements are necessary for Medicaid reimbursement.

- o **Fee: \$70 per hour**
- o **Possible funding streams: Medicaid, CSA, Mental Health Initiative, Private Pay, Other**

## Mentoring

This service may be utilized in combination with one of the more intensive services, as a step-down service or in some cases a stand-alone service for youth who require less intensive interventions. This service provides individualized mentoring or therapeutic mentoring services to youth with various emotional disturbances. An individualized treatment plan is developed for the mentoring or therapeutic mentoring service, to work on areas such as: social skills training, connecting the youth to community resources and activities, anger management, emotional regulation, self esteem, life skills, daily living skills and more.

- o **Fee: \$57 per hour**
- o **Possible funding streams: CSA, Mental Health Initiative, Private Pay, Other**

## Outpatient Services

Services related to the professional guidance or treatment of the psychological needs of the youth or child. Services provided by LMHP or LMHPe include: Individual, Family, Therapeutic/Treatment Groups, Support Groups, Psychological Evaluation, Job/Career/Life Counseling, Art, Music, and Play Therapy.

### **Individual, Family Therapy or Group Therapy**

- **Fee: \$132.95 per hour**

### **Court Appearance/ Court Testimony/ External Collaborative Meetings:**

- **\$110.00 per hour**