



Atlas Counseling Center, Inc.
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Service Rate Sheet

Effective: 7/1/2022-6/30/2023

SUBSTANCE USE DISORDER OUTPATIENT SERVICES		Unit Rate
<i>Substance Use Disorder Assessment (Full ASAM Assessment)</i> 90791 A biopsychosocial, multidimensional Substance Use Disorder Assessment based on the ASAM Criteria conducted by a licensed professional to ascertain an individual's level of care needs for treatment of their substance use. The individual receives the assessment and the Substance Abuse Subtle Screening Inventory (SASSI), an evidence-based screening instrument. Diagnosis and treatment recommendations are determined as a result of the assessment. (Approximately 2 hrs.)		\$300 per assessment
<i>Individual Substance Use Disorder Therapy (ASAM Level 1)</i> 90832 (30 min); 90834 (45 min); 90837 (60 min) Individual substance use disorder therapy with a licensed professional as determined to meet individualized needs based on the Substance Use Disorder Assessment. A licensed professional will develop an individualized treatment plan with the client. Sessions will typically be 60 minutes and the number of sessions will be dependent on the client's needs and progress.		\$135.00 60 min \$101.00 45 min \$67.00 30 min
<i>Family Substance Use Disorder Therapy (ASAM Level 1)</i> 90846 – Family w/client; 90847 – Family w/o client Family substance use disorder therapy with a licensed professional as determined to meet ISP goals established with the individual.		\$135 50 min
<i>Adult Group Substance Use Disorder Therapy (ASAM Level 1)</i> 90853 Group substance use disorder therapy will be provided by a licensed professional. Goals established individually with the client for their ISP will be addressed in a group setting. Groups will have no more than 10 individuals at a time.		\$60 per session
<i>Adolescent Substance Use Disorder Group Therapy (ASAM Level 1)</i> 90853 Group therapy provided by a licensed therapist or a licensed Resident or Supervisee under the direct supervision of a licensed therapist. Goals established individually with the client for their ISP will be addressed in a group setting. An evidence-based curriculum from Hazelden Betty Ford "Living in Balance" is utilized and consists of ten (10) one-hour (1.hr.) weekly sessions. There is an expectation of parent/legal guardian participation during several sessions for adolescents. Groups will have no more than 15 individuals at a time.		\$60 per session
<i>Substance Use Disorder Intensive Outpatient Services (ASAM Level 2.1)</i> H0015 Intensive Outpatient Services for Adults (21+) or Adolescents (12-20 years old) with substance use disorders and/or co-occurring mental health disorders whose assessed Substance Use Disorder treatment needs fall within the ASAM Level 2.1 continuum of care. This service is provided to individuals who do not require the intensive level of care of inpatient, residential or partial hospitalization services, but require more intensive services than the weekly or bi-weekly sessions of traditional outpatient services. Adults receive a minimum of 9 hours per week (3, 3-hour sessions) and Adolescents receive a minimum of 6 hours per week (3, 2-hour sessions) of Substance Use Disorder treatment. Includes individual, group and family therapy, psychoeducational group sessions, referral and collaboration with other treatment and medication management providers, and treatment for co-occurring mental health disorders.		\$281.25 per day

Peer Support Services, Individual T1012 Peer Support Services for adults is an evidence-based, recovery oriented rehabilitative service for individuals 21 years or older provided by a certified Peer Recovery Specialist (PRS). A PRS is an individual with lived experience with substance use or co-occurring mental health and substance use disorders who has been successful in the recovery process. Specific Peer Support Service activities promote empowerment, self-determination, and understanding through mentoring, service coordination, and teaching positive coping skills to use when facing the unique stressors and barriers encountered by individuals in recovery.	\$7.50 per 15 minutes
Peer Support Services, Group S9445 Peer Support Services for adults facilitated by a certified Peer Recovery Specialist or cofacilitated by a PRS and CSAC or LMHP. This service can assist individuals with self-determination strategies utilizing a group setting.	\$5 per 15 minutes
Adolescent Substance Use Disorder Prevention & Education Group Psychoeducational groups for Adolescents (12-20) conducted by a licensed professional, licensed Resident or Supervisee under the direct supervision of a licensed professional, or a Certified Substance Abuse Counselor (CSAC). The group will be topic driven based on the needs identified for the clients on their ISPs. Topics will range from enhancing coping skills, relationships and codependence, stages of change, learning about individual substances and their effect on the brain and body, to issues likely in early recovery, and ultimately relapse prevention. The Adolescent Group will utilize an evidenced-based curriculum from Hazelden Betty Ford "Teen Intervene" and consist of ten (10) one-hour (1 hr.) weekly sessions. There is an expectation of parent/legal guardian participation during at least one session for adolescents. A certificate of completion is awarded to participants who complete the program.	\$40 per session
Urine Drug Screening 80305QW	\$50 per screening
OUTPATIENT SERVICES	
Mental Health Evaluation A Mental Health Evaluation (MHE) is used to ascertain whether or not an individual is functioning on a healthy social, emotional, and behavioral level, and to diagnose potential mental health disorders. The MHE includes a biopsychosocial assessment and the following assessment tools: Psychological Screening Inventory (PSI-2), Beck Depression Inventory, and Beck Anxiety Inventory. Diagnosis and treatment recommendations are provided. The MHE is conducted by a licensed therapist, or a licensed Resident or Supervisee under the direct supervision of a licensed therapist. (Approximately 2 hrs.)	\$300 per evaluation
Diagnostic Evaluation 90791 Initial evaluation and clinical assessment of treatment needs for mental health outpatient therapy services for individuals and/or families by a licensed therapist, or a Resident or Supervisee under the direct supervision of a licensed therapist. This evaluation is the first outpatient therapy appointment. (Approximately 90 minutes)	\$150.00 per evaluation
Individual Therapy 90832 (30 min); 90834 (45 min); 90837 (60 min) Individual mental health outpatient therapy with the individual by a licensed therapist or a licensed Resident or Supervisee under the direct supervision of a licensed therapist. These services may be provided via Telehealth when clinically appropriate as determined by the treating therapist, and as covered by the individual's insurance plan.	\$135.00 60 min \$101.00 45 min \$67.00 30 min
Family/Couples Therapy 90846 – Family w/client; 90847 – Family w/o client Outpatient therapy with the family (or spouse), with or without the individual, by a licensed therapist or a licensed Resident or Supervisee under the direct supervision of a licensed therapist.	\$135.00 50 min
Group Therapy 90853 Group therapy will be provided by a licensed therapist or a licensed Resident or Supervisee under the direct supervision of a licensed therapist. Goals established individually with the client for their ISP will be addressed in a group setting. Groups will have no more than 10 individuals at a time.	\$60 per session

Trauma Therapy Trauma therapy will be provided by a licensed therapist who is also a Certified Clinical Trauma Professional (CCTP). A form of specialized therapy that can help clients cope with the emotional and physical responses caused by traumatic event (s). The interventions used to heal trauma include: psychoeducation/cognitive restructuring, therapeutic relationship/positive expectancy, relaxation/self-regulation, and exposure/narrative therapy.	\$150 60 min
OTHER SERVICES and FEES	
Translation/Interpreter Services T1013 A translator is used for clients and families whose primary language is Spanish. A translator is used to complete required intake paperwork, assessments, and other services.	\$25.00 per hour
Court Appearance (LPC, LCSW, LSATP, LMFT)	\$100 per hour
No-Show Fee Non-compliance with 24-hr Cancellation Policy	\$25 per session

Atlas Counseling Center, Inc. is a DBHDS licensed provider of Mental Health and Substance Use Disorder Outpatient Services and Substance Use Disorder Intensive Outpatient Services for Adults and Adolescents.

Atlas Counseling Center, Inc. is accredited by The Joint Commission since June 21st, 2021; HCO ID# 664985

Atlas Counseling Center, Inc. is a participating provider with the following insurance plans:

- **Aetna (commercial)**
- **Aetna Better Health of Virginia (Medicaid)**
- **Anthem BCBS (commercial)**
- **Anthem HealthKeepers Plus (Medicaid)**
- **Magellan of Virginia**
- **Molina Complete Care (Medicaid)**
- **Sentara/Optima Health (commercial and EAP)**
- **Sentara/Optima Family Care (Medallion 4.0/FAMIS)**
- **Sentara/Optima Health Community Care (CCC Plus)**
- **United Healthcare (commercial)**
- **United Healthcare Community Plan (Medicaid)**
- **Virginia Premier (Medicaid)**