

	This is a Virginia State Rate Sheet used for ALL FPS offices. Before making a referral please consult with your local FPS office regarding referrals and available services	
FPS Non-Medicaid Billing Code	Service & Description	Rates/Units
	Child & Adolescent Services	
THM LSC	Therapeutic Mentoring Services / Casey Life Skills Coaching A strength-based support service that is designed to address and improve daily living, social, and communication needs. This service can be used to prevent, support or assist with the transition from a more intensive level of service. Therapeutic mentoring services and Casey Life Skills include coaching and training our youth in age-appropriate behaviors; interpersonal and intrapersonal communication; problem-solving; relationship building; and social activities that coincide with each youth's individualized service plan and needs identified in the Casey Life Skills Assessment.	\$58/hour
IIH	*Intensive In-Home Services (IIHS) Service for families with an identified child/adolescent under the age of 21 who is at-risk of being moved into an out of home placement or who is being transitioned to the home from an out of home placement due to documented clinical needs of the child. Services are intensive, time-limited interventions provided typically but not solely in the residence. These services provide crisis treatment, individual and family counseling and communication skills (e.g. counseling to assist the child and his caregivers in understanding and practicing appropriate problem-solving, anger management, and interpersonal interactions, etc.) Coordination with other services is also required in an effort to meet social, physical and mental health needs. 24-hour emergency response.	\$60.00/hour
COU	Supportive In-Home Services Service for families with an identified child/adolescent under the age of 21 who needs assistance with psycho-education, support and structure to ensure safety in the home and community. This service may often be used when a child does not meet medical necessity for IIHS, yet the family has a continued need.	\$60.00/hour
MST	MultiSystemic Therapy (MST) MST is delivered over 3-5 months. An MST Therapist meets with the caregiver, family, and/or youth, as well as others in the youth's ecology, as frequently as needed to achieve treatment goals. Services are delivered in the home, school, and community, at times convenient for the family. Specific strategies and techniques are selected and tailored after careful assessment of the "fit" of factors driving the problem behavior. Interventions are closely monitored for effectiveness and modified as needed. Risk factors, which increase the likelihood of negative outcomes (e.g., drug use, delinquency, school dropout, violent behavior, incarceration) are targeted for a decrease. Protective factors, which exert a positive influence and buffer against negative outcomes, are targeted for an increase.	\$90.00/day (recommend purchase order for 120 days with a review at 60 days to ensure engagement and a review at 120 to discuss completion of MST or possible 30 day continuation to discharge. Total of approx. 150 days.)

RTC	<p><i>Virtual Residential Program (VRP)</i></p> <p>VRP® is a family-centered and strengths-based intervention that combines the structure of residential programs with the benefits of in-home efficacy. Using evidenced-based perspectives and therapies, VRP® targets multiple determinants of problems facing youths and their families. It also provides families, schools, and communities with a diversion alternative to prevent unnecessary out-of-home placements and/or to expedite successful step-down of youth following residential or psychiatric placements. A phase system approach is used to assess treatment progress, provide structure to the home environment and to facilitate the family's progress to less-intensive interventions. The VRP therapeutic approach is individualized, contextualized and trauma informed in order to meet the needs of each family.</p>	\$65.00/hour
Behavior Treatment Services / Applied Behavior Analysis (Winchester Office Only)	<p>*Through the use of Applied Behavior Analysis (ABA), our Behavior Treatment Services (BTS) support children, adolescents, and families impacted by Autism Spectrum Disorders as well as other developmental disabilities. Our strengths-based, creative programming assists clients in building skills across social, communication, behavioral and daily living domains. The Behavior Treatment Services program uses research-based, best practice methodologies to develop customized programs that also incorporate each individual's interests and motivations.</p>	
BEH	<p><i>*Behavior Treatment Service (BTS)</i></p> <p>This service is provided by the Behavior Technicians and Registered Behavior Technicians and is the direct service provider working with the client and family on the implementation of the treatment plan. Supervision & Parent Training in BTS is work completed by the LBA/BCBA/BCaBA that is ongoing for each and includes supervision of RBT/BT (sometimes simultaneously), treatment plan updating, caregiver training, and services such as direct observation and feedback. This may be up to 25% of the direct service hours.</p>	\$120.00/hour
ABA	<i>Consultation with LBA</i>	\$100.00/hour
	Family Support Services	
1PIA 2PIA	<p><i>Parenting Assessment</i></p> <p>Assessment using the Parenting Stress Index designed to evaluate the magnitude of stress in the parent-child system and is commonly used as a diagnostic measure that focuses on three major domains of stress: child characteristics, parent characteristics, and situational/demographic life stress. This assessment may be requested for one parent or two parents.</p>	<p>\$300.00 flat rate (1PIA)</p> <p>\$400.00 flat rate (2PIA)</p>

PAS	<p><i>Parent Aid Services</i></p> <p>This is a prevention and intervention service that works to provide and empower caretakers with the knowledge and tools necessary to successfully parent with confidence while nurturing and developing/maintaining a healthy relationship with their child. Caretakers are assessed and individualized service plans are developed to teach caretakers parenting skills through a combination of evidenced-based parenting curriculums, implementation of curriculum goals, role-play, modeling, and tailored interventions that are provided to help facilitate healthy parenting strategies in the home.</p>	\$70.00/hour
PCIT	<p><i>PCIT – Parent Child Interaction Therapy</i></p> <p>PCIT is a short-term, specialized behavior management program designed for young children, ages 2 to 7, experiencing behavioral and/or emotional difficulties and their families. PCIT teaches caregivers to manage their child’s difficult behaviors, while increasing their positive behaviors. PCIT works with the child and caregiver together to improve behavior and reduce parenting stress.</p>	\$124/hour
ICC	<p><i>High Fidelity Wraparound - Intensive Care Coordination (ICC)</i></p> <p>The purpose of the service is to safely and effectively maintain the child in, or transition/return the child home, to a relative's home, family-like setting, or community at the earliest appropriate time that addresses the child's needs. ICC activities include: identifying the strengths and needs of the child and his family through conducting comprehensive family-centered assessments; developing plans in the event of crisis situations, identifying specific formal services and informal supports necessary to meet the identified needs of the child and his family, building upon the identified strengths; implementing, regular monitoring of and making adjustments to the plan to determine whether the services and placement continue to provide the most appropriate and effective services for the child and his family.</p>	\$1020/month
	School Based Mental Health Services	
DTS	<p><i>*Therapeutic Day Treatment (TDT)</i></p> <p>Therapeutic Day Treatment is a program that provides a combination of therapeutic services and evaluation within the traditional school setting to student’s exhibiting emotional and behavioral concerns that hinder their ability to function successfully in the school environment. Therapeutic Day Treatment Counselors work with students in the educational setting to decrease disruptive behavior, increase focus, assist students in exhibiting age appropriate classroom behavior, and other emotional/behavioral needs. In Therapeutic Day Treatment we assess treatment needs, complete diagnostic evaluations, and utilize evidence-based therapeutic techniques. The goal of Therapeutic Day Treatment is to support students and teachers, allowing all students to learn and teachers to teach.</p>	<p>\$36.53/unit</p> <p>1 unit = 2–2.99 hours/day</p> <p>2 unit = 3-4.99 hours/day</p> <p>3 unit = 5+ hours/day</p>

	Adult Services	
MHS	<p>*Mental Health Skill-building Services (MHSS) Mental Health Skill-building Services is a program designed to work with individuals with a clinical need arising from a condition due to mental, behavioral or emotional illness that results in significant impairments in major life activities. The goal of Mental Health Skill-building Services is to provide training to adult individuals, while promoting recovery and the ability to maintain community stability in the most appropriate, least restrictive environment.</p>	\$91.00/unit Urban \$83.00/unit Rural 1 unit = 1-2.99 hours/day 2 unit = 3-4.99 hours/day 3 unit = 5-6.99 hours/day 4 unit = 7+ hours/day
	Crisis Services	
CIS	<p>*Crisis Intervention Crisis intervention services is a mental health service, available 24 hours a day, seven days per week, provide assistance to individuals experiencing acute mental health dysfunction that requires immediate clinical attention. The objectives are: to prevent exacerbation of a condition; to prevent injury to the individual or others; and to provide treatment in the least restrictive setting.</p>	\$30.79/15 minutes Urban \$18.61/15 minutes Rural
CSS	<p>*Crisis Stabilization Crisis Stabilization services is a direct mental health service for individuals experiencing an acute crisis of a psychiatric nature that may jeopardize their current community living situation. The goals are to avert hospitalization or re-hospitalization; provide normative environments with a high assurance of safety and security for crisis intervention; stabilize individuals in psychiatric crisis; and mobilize the resources of the community support system, family members, and others for ongoing maintenance, rehabilitation, and recovery.</p>	\$89.00/hour Urban \$81.00/hour Rural
	<p>*Psychiatric Medication Services Psychiatric Medication Services are offered to focus on the improvement and continued stabilization of an individual's level of functioning, and alleviation of biologically based psychiatric symptoms that interfere with daily functioning.</p>	Medicaid Rate as determined by severity and age.
Court Appearances		
CRT	Court Appearances	\$100.00/hour (minimum \$300/day)

***Medicaid Funded Service - This service requires that recipient meet eligibility criteria for the DMAS defined medical model.**

	Outpatient Counseling Services Outpatient Counseling Services are offered to individuals and families who are presenting with significant emotional and/or psychological challenges in their life and need assistance developing new coping strategies to deal with day-to-day problems. Family Preservation Services practices patient-and-family centered counseling services. The purpose of this program is to provide professional counseling and assessment services that may assist those experiencing significant challenges in their lives.	
Outpatient Therapy		
ASMT	Mental Health Evaluation & Report	\$250.00 flat rate
OPT	*Individual Psychotherapy	\$125.00/hour
COF	*Family Therapy	\$125.00/hour
TFCBT	Trauma-Focused Cognitive Behavioral Therapy	\$125.00/hour
ARISE – Substance Abuse Services		
SAASMT	Substance Abuse Evaluation & Report	\$250.00 flat rate
	*Substance Use Case Management	\$243.00/month
SUB	*SA Individual Therapy	\$125.00/hour
SUF	*SA Family Therapy	\$125.00/hour
	*Adult – Intensive Outpatient Program (IOP) – SA (3hr blocks x 4 days per week)	\$250.00/day
	*Adolescent – Intensive Outpatient Program (IOP) – SA (3hr blocks x 3 days per week)	\$250.00/day
	*Continuing Care Group	\$50.00/group
DRU	Drug Screens (KNO cup)	\$20.00/cup
Adolescent Sexual Harm Services		
SOE	Psychosexual Evaluation & Report	\$1,200.00 flat rate
SOI	ASH Individual Therapy	\$125.00/hour
SOF	ASH Family Therapy	\$125.00/hour
SOH	ASH Home-Based Services (only available as an addition to ASH Ind. Therapy)	\$70.00/hour

***Medicaid Funded Service - This service requires that recipient meet eligibility criteria for the DMAS defined medical model.**

Service	Description	Rates/Units
	Treatment Foster Care	
	Foster Care Maintenance (0-4 years of age)	\$496.00/month
	Foster Care Maintenance (5-12 years of age)	\$580.00/month
	Foster Care Maintenance (13+ years of age)	\$735.00/month
	Additional Daily Supervision/Enhanced Maintenance: This fee is the source of the payment to foster parents for the extra supervision involved in their work with special needs/emotionally disabled youth as defined by the Virginia Enhanced Maintenance Assessment Tool (VEMAT).	Per VEMAT Score
	Treatment Foster Care Case Management Assists in gaining access to needed medical, social, educational and other services. It covers assessment, planning, referral and monitoring of services. This service is combined with the appropriate TFC-Treatment Level assigned to the child. In most cases this service will be reimbursed by Medicaid. If eligibility requirements are not met due to medical necessity, continued need for the service will be determined by the DSS case manager and approval for payment sought through CSA.	\$326.50/month
	Assessment Treatment Level Children served at the assessment level of treatment foster care are those who are newly placed with a licensed child placing agency and for whom an assessment to determine the appropriate level of foster care services is being conducted. Not to exceed 60 days.	\$150.00/night
	Non-Treatment Foster Care Level Children served at the non-treatment level of foster care may be developmentally on target, demonstrated age appropriate behaviors, able to participate in community activities without restriction, or be the sibling of a child who meets the criteria for ongoing TFC placement in the same foster home. Children shall be served at the Non-Treatment Foster Care level if the assessment indicates treatment foster care services are not needed. Services offered at this level will include: At least one face to face monthly visit with the consumer and foster parent. Availability of the agency On-Call system.	\$80.00/night

	<p>Treatment Support – Level 1 (Mild)</p> <p>A child served at Level 1 ongoing treatment foster care will demonstrate a mild level of social/emotional/behavioral/medical/personal care needs or impairment for normal range of age and development; such as but not limited to, depression, anxiety, impulsivity, hyperactivity, anger control, trauma, oppositional, substance use, eating disorder, physical health condition, developmental delay, or intellectual. Needs require monitoring or agency may need to provide services to lessen likelihood needs will return.</p>	\$130.00/night
	<p>Treatment Support – Level 2 (Moderate)</p> <p>A child served at Level 2 ongoing treatment foster care will demonstrate a moderate level of social/emotional/behavioral/medical/personal care needs or impairment for normal range of age and development; such as but not limited to, depression, anxiety, impulsivity, hyperactivity, anger control, adjustment to trauma, oppositional, substance use, eating disorder, physical health condition, developmental delay, or intellectual. The child's needs require that action (interventions, services supports, etc.) be taken to address, remedy or ameliorate the needs. The child served at this level will receive case management services at no less than three face to face contacts per month, of which one will include the foster parents to continue to assess the relationship and stability of the placement.</p>	\$145.00/night
	<p>Treatment Support - Level 3 (Significant)</p> <p>A child served at Level 3 ongoing treatment foster care will demonstrate a significant level of social/emotional/behavioral/medical/personal care needs or impairment for normal range of age and development; such as but not limited to, depression, anxiety, impulsivity, hyperactivity, anger control, adjustment to trauma, oppositional, substance use, eating disorder, physical health condition, developmental delay, or intellectual. The child's needs are of such acuity or severity that they require intensive action (interventions, services, supports, etc.) be taken to address, remedy or ameliorate the needs. A child served at this level may be at risk of residential placement. The child served at this level will receive case management services weekly. At least one face to face visit will include the foster parents to continue to assess the relationship and stability of the placement.</p>	\$155.00/night
	<p>Short-Term/Emergency Foster Care Services</p> <p>This service provides respite to caregivers by placing the child in a treatment foster home on a short-term basis. The temporary stay gives caregivers an opportunity to stabilize their environment, make it safe, build supports, to maintain the family unit and prevent placement in a more restrictive setting. Short term foster care includes supervision and support from the foster family and trained staff, as well as emergency services. This may also be used for a youth needing a short stay that was previously in foster care. Not to exceed 29 days.</p>	\$200.00/night