



DEPARTMENT OF
CHILDREN, YOUTH & FAMILIES
IN PARENTING

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2020-2021 Rates
www.pca.nj.gov

2020-2021 Rate Sheet

ATTACHMENT EVALUATION AND INTERVENTION		UNITS OF SERVICE	RATE
<u>Parent-Child Attachment Evaluation</u>		Full-Day Evaluation	\$3,900
Full day research-based evaluation of parent-child attachment and caregiving patterns, including individualized report with specific treatment recommendations. Identifies health and quality of the child's attachment to the parent and identifies key issues to be addressed in treatment to shift attachment patterns to greater security. Intended for permanent placements or families at-risk of disruption. This evaluation is required as the first phase of the Attachment-Based Intervention.			Two caregivers and one child \$2,925 One caregiver and one child
<u>Attachment Based Parenting Intervention</u>		Monthly	\$2,400
Intensive intervention utilizing videotaped parent-child attachment evaluation and research-based protocol. This is an office-based intervention, but in-home sessions may be scheduled as needed, especially in the early phases of the protocol. Duration generally 12 months. (Protocol follows phases of treatment which step-down in intensity and frequency of sessions. Session frequency will be reduced based on clinical progress and monthly payment adjusted accordingly.) Requires completed parent-child attachment evaluation.			
<u>Circle of Security® Parenting Consultation</u>		90-Minutes	\$225
Relationship based parenting consultation using the evidence-based Circle of Security® manual and video training series. Therapists are certified Parent Facilitators. Intended for new foster and adoptive placements and families who need individualized parent consultation that focuses on emotional development, understanding impact of trauma, and relationship building skills. (Consultation includes 15 parenting sessions, pre and post measures of treatment efficacy, high fidelity training and supervision, and monthly reports.)			
<u>Kinship Caregiver-Child Evaluation</u>		Half-Day Evaluation	\$1,650
Early evaluation of child interactions with caregiver to identify dyadic strengths, risk factors and intervention recommendations for optimal healing by matching the strengths of caregiver with the specific vulnerabilities of child. Summary and individualized treatment recommendations provided. Intended for new placements including kinship, fictive kin, and some foster families but can be used for any caregiver.			
<u>Brief Video-feedback Parent Intervention</u>		90-minutes	\$225
This 8-session focused intervention uses the video and interview material from the Kinship Caregiver-Child Evaluation to promote positive parent-child interactions and to strengthen specific parenting skills. Video-feedback is used by the therapist to coach positive caregiver interactions, to increase parent observational and reflection skills, and to teach specific skills such as setting limits, providing comfort and emotion regulation, and encouraging age-appropriate exploration and independence.			
PARENT GROUPS		UNITS OF SERVICE	RATE
<u>Attachment-Based Parent Class</u>		6 Classes	\$3,000
Research-based training for prospective foster and adoptive parents		90-minutes each	
<u>Circle of Security Parenting® Group</u>		12 Group Meetings	\$1,500 per parenting dyad
Evidence-based parent training for families with high-risk children facilitated by certified Circle of Security® Parent Trainer.		120-minutes each	
<u>Foster Parent Support Group</u>		To Be Determined	Varies
Support group combined with didactic training that is attachment-based and trauma-informed.			

INDIVIDUAL PSYCHOLOGICAL EVALUATION	UNITS OF SERVICE	RATE
<u>Multi-Systemic Psychological Parent Evaluation</u> Comprehensive Individual evaluation of parent (not of parent-child relationship). Evaluation provides information regarding impact of emotional and cognitive functioning and personality dynamics on parenting. Parenting strengths and recommendations for growth are identified.	Multi-Session Evaluation	\$2,100
<u>Structured Parent-Child Observation</u> Intended as an add-on to the multi-systemic psychological parenting evaluation, each parent and child participate in structured tasks to elicit specific types of interactions. This observational data is used to identify dyadic strengths, risk factors, and intervention recommendations.	One Session Evaluation	\$450 per parent and child
<u>Multi-Systemic Psychological Child Evaluation</u> Comprehensive evaluation of child's cognitive, social, emotional, and academic functioning. Evaluation includes components not typically covered by insurance including extensive record review, collateral contacts, trauma history interview, projective measures, and can include academic/ADHD measures when needed. These components are often necessary for the challenging diagnostic questions that may arise for children with complex trauma histories and co-morbid presentations.	Multi-Session Evaluation	\$1,900 with no insurance \$1,200 when insurance can be billed
<u>Multi-Systemic Psychological Parent or Child Evaluation in Spanish</u> Comprehensive evaluations of parents or children as described above. Tests are conducted using Spanish-language materials and by psychologist fluent in Spanish. Bilingual feedback session and Summary Report with Treatment Recommendations in Spanish are provided in addition to full report in English.	Multi-Session Evaluation	\$2,400
<u>Autism Spectrum Child Evaluation</u> This evaluation includes the gold standards for assessment and diagnosis of Autism Spectrum Disorders. The Autism Diagnostic Interview-Revised (ADI-R) is a semi-structured clinical interview administered to caregivers for assessing autism. The Autism Diagnostic Observation Schedule (ADOS) is a semi-structured observational assessment of play, social interaction, and communication.	One Session Evaluation	\$800
TRAINING AND PROFESSIONAL CONSULTATION	UNITS OF SERVICE	RATE
<u>Professional Consultation</u> Attachment and trauma-informed consultation regarding particular cases or systems.	60-Minutes	\$150
<u>Group Training/Presentations</u> Wide variety of topics including parenting, relational health, trauma, attachment, child development, assessment, and others upon request.	Half-day 3-hours	\$600
<u>Organizational Staff Support Groups</u> Support and case consultation designed to build group cohesion and morale. Addresses a variety of topics through case presentations including reflective leadership, manifestations of trauma, secondary trauma, and self-care.	Monthly	Varies
OTHER FEES	UNITS OF SERVICE	RATE
General Outpatient Therapy – Individual	60-Minutes	\$150
General Outpatient Therapy – Family	60-Minutes	\$175
Court Attendance and Preparation	60-Minutes	\$300
Case Coordination	60-Minutes	\$75
Out of Area Travel	To Be Determined	.55/mile \$25/hour travel time



FY2020-2021 Services Description

Specialized Attachment Evaluations and Interventions

Service

Parent-Child Attachment Evaluation

This full day evaluation of parent-child attachment and caregiving patterns utilizes research-based methods including the Strange Situation and Circle of Security Interview for parents. Additional questionnaires are used with parents and children to assess parenting stress, trauma history, and other factors impacting the parent-child relationship. This evaluation assesses the health and quality of the child's attachment to the parent and identifies key issues to be addressed in treatment to shift attachment patterns to greater security. The Attachment Evaluation is required as the first phase of the Attachment-Based Intervention. Videotapes from the evaluation are used by the therapist to help parents learn to read their child's emotional signals and to be more aware of their own parenting responses.

Attachment Based Parenting Intervention

This is an intensive intervention for permanent or intended to be permanent families that aims to shift attachment and caregiving interactions to healthier more secure patterns. The Parent-Child Attachment Evaluation is the first step of the intervention. Results from the Parent-Child Attachment Evaluation are used to identify crucial treatment issues and to provide videos of parent-child interactions to increase treatment efficacy. Video-feedback of the parent interacting with their own child and exploration of the parent's relationship history as it impacts their parenting are important components of this intervention. The intervention proceeds in phases, beginning with two 90-minute sessions per week. This is an office-based intervention, but in-home sessions may be scheduled as needed, especially in the early phases of the protocol. As the family stabilizes and demonstrates increasing comfort with the intervention concepts, sessions decrease in frequency to one 90-minute session per week. In the final phase, the intervention may step-down to insurance billed outpatient services if warranted. The expected duration of treatment is 12 months. Treatment is tailored to fit the individual needs of each family and the contract with the community reflects the planned direct service hours for each month. Therapists providing this intervention are trained in the Circle of Security Individual Family Model. In addition to direct intervention hours, each therapist receives on-going consultation with an experienced Partners in Parenting clinician. Team consultation assists in on-going use of the assessment and video data and evaluation of the therapeutic relationship and family needs within a larger system. This team approach also extends to partnerships with other providers and the referring agency. Therapists regularly participate in clinical conferencing, team meetings, and FAPT meetings.

Circle of Security® Parenting Consultation

This 15-session parenting consultation model uses the research-based Circle of Security® manual and video training series. The Circle of Security® Parenting Program is based on research about how parent-child relationships can be supported and strengthened and has proven effective with parents around the world. This engaging parent approach uses parent-friendly videos, graphics, and hand-outs to present examples of secure and challenging parent-child interaction and healthy options in caregiving. Attachment, trauma, and brain research are unpacked in an accessible, step-by-step manner for parents. The consultation approach is designed for new foster, adoptive, kinship or fictive kin placements, for parents who need individualized parent education that focuses on emotional development and relationship building skills, and for families in which there is a question about their capacity to benefit from the more intensive Attachment-Based Intervention. The consultation approach is not intended for families with children at risk of placement outside the home, for parents with a severe trauma history or acute psychological distress, or families in crisis. Therapists providing this service are certified Circle of Security® Parent Facilitators and participate in monthly fidelity training and supervision. Pre-and post measures of treatment efficacy, monthly reports, and attendance at treatment team meetings is included. Consultation does not involve an attachment evaluation but when clinically indicated, some families may be referred on to the Parent-Child Attachment Evaluation and Attachment-Based Parenting Intervention.

Kinship Caregiver-Child Evaluation

This half-day evaluation is intended for new placements including kinship, fictive kin, and foster families. The evaluation includes interview and standardized test measures of factors impacting parenting including caregiver trauma history,

underlying beliefs regarding attachment and relationships, attribution style, and parent stress level. In addition, each caregiver and child participate in a series of structured tasks designed to elicit specific types of interactions between caregiver and child. This early evaluation of the caregiver and child is intended to identify dyadic strengths, risk factors, and intervention recommendations that will promote healing in the child and stabilization of the placement. A summary with recommendations is provided with an option to participate in the Brief Video-feedback Parent Intervention (described below) and/or consultation to agencies providing parent coaching or intensive in-home services.

Brief Video-feedback Parent Intervention

This 8-session focused intervention uses the video and interview material from the Kinship Caregiver-Child Evaluation to promote positive parent-child interactions and to strengthen specific parenting skills. Video-feedback is used by the therapist to coach positive caregiver-child interactions, to increase parent observational and reflection skills, and to teach specific skills such as setting limits, providing comfort and emotion regulation, and encouraging age-appropriate exploration and independence. While intended for kinship caregivers, this intervention may be appropriate for any caregiver, including biological parents, who need focused parent training. This intervention is only available for families who have completed the Kinship Caregiver-Child Evaluation and whose results from that evaluation indicate they may benefit from this short-term intervention. Therapists providing this service participate in monthly fidelity training and supervision. Pre-and post measures of treatment efficacy, monthly reports, and attendance at treatment team meetings is included.

Individual Psychological Evaluation

Service

Multi-Systemic Psychological Parent Evaluation

A multi-systemic psychological evaluation of the parent is intended to provide in-depth information regarding factors that may impact parenting. Multiple sources of information, potentially including personality, cognitive, trauma history, executive functioning, emotion regulation, parenting measures, and academic test data, are used to create a comprehensive picture of the individual's mental health and parenting competencies. A full report follows this evaluation and includes specific treatment and community recommendations. (Note: The multi-systemic psychological evaluation is of the parent only and does not include the parent-child relationship).

Structured Parent-Child Observation

Intended as an add-on to the multi-systemic psychological parenting evaluation, each parent and child participate in structured tasks to elicit specific types of interactions. This observational data is used to identify dyadic strengths, risk factors, and intervention recommendations. Interactions are videotaped, coded by a trained evaluator, and incorporated into the parent evaluation. Videotapes from the evaluation can also be used by a PIP therapist in the Brief Video-feedback Parent Intervention.

Multi-Systemic Psychological Child Evaluation

A multi-systemic psychological evaluation of the child is tailored to specific referral questions. Multiple sources of information, potentially including personality, cognitive, executive functioning, emotion regulation, and academic test data, are used to create a comprehensive picture of the individual child's functioning. This evaluation includes components not typically covered by insurance including extensive record review, collateral contacts, trauma history interview, projective measures, and academic/ADHD assessment. A full report follows this evaluation and includes specific treatment recommendations. (Note: The multi-systemic psychological evaluation is of the child only and does not include the parent-child relationship).

Autism Spectrum Child Evaluation

The Autism Diagnostic Interview-Revised and the Autism Diagnostic Observation Scale. The Autism Diagnostic Interview-Revised (ADI-R) is a semi-structured clinical interview administered to caregivers for assessing autism. The measure assesses behaviors related to social interaction, communication, and restricted, repetitive, stereotyped behaviors. The items inquire about both current behaviors as well as early development. The Autism Diagnostic Observation Schedule (ADOS) is a semi-structured observational assessment of play, social interaction, and communication. The measure allows an examiner to observe behaviors that may be consistent or inconsistent with a presentation of autism. Activities presented during the administration include both structured and unstructured social interactions, affording a range of opportunities to observe relevant behaviors. The Autism Spectrum Child Evaluation can be a stand-alone evaluation for children under 5 or for children who have had previous psychological testing. It can also be added on to the Multi-Systemic Child Evaluation.

Multisystemic Psychological Parent or Child Evaluation in Spanish

Comprehensive evaluations of parents or children as described above. Guidelines for culturally competent practice emphasize the importance of using culturally appropriate assessment and communication skills. Tests are conducted

using Spanish-language materials by a Licensed Clinical Psychologist fluent in Spanish and knowledgeable about Hispanic/Latino culture. Bilingual feedback session and Summary Report with Treatment Recommendations in Spanish are provided in addition to full report in English.

Parent Groups

Service

Attachment Based Parent Class

This evidence-based parenting class is intended for prospective foster and adoptive parents. Six 90-minute sessions are led by clinicians with attachment and trauma informed training and provides parents with an increased understanding of children's emotional development and needs prior to a child's placement in the home.

Circle of Security® Parenting Group Intervention

The Circle of Security® Parent Group is an evidence-based protocol that utilizes a library of videos and other engaging, parent friendly material. This protocol has been used extensively with high-risk families around the world and has demonstrated success in increasing parenting skills and helping parents and their children shift to healthier, more secure attachment patterns. This intervention is a more intensive and individualized service than the parent class listed above, and is intended for families who are currently parenting at high-risk children. The 12-session group is facilitated by a Certified Circle of Security® Parent Trainer.

Foster Parent Support Group

Support group combined with didactic training. Led from an overarching framework that is both attachment-based and trauma-informed. Interdisciplinary facilitators focus on developing a safe and validating atmosphere that encourages healthy coping, self-reflection, and the application of sound developmental science to fostering.

Training and Professional Consultation

Service

Professional Consultation

Trained PIP therapists provide attachment and trauma-informed consultation relating to specific cases or to broader systemic issues.

Group Training/Presentations

A wide variety of topics can be tailored to the needs of specific organizations and learners. Talks include: 1. *Promoting Staff Resilience through Self-Care and Understanding of Vicarious Trauma*; 2. *Understanding the Attachment Needs of Children and Parents*; 3. *Looking Within: Building Our Own Skills as Providers to Work Effectively with Challenging Clients*; and 4. *Nuts and Bolts: Strengthening Specific Adult Capacities to Help Parents Parent to the Best of Their Ability*. Other topic areas include couples relational health, trauma, infancy and early child development, adolescent issues, psychological assessment, program evaluation, and others upon request.

Organizational Staff Support Group

On-going group format that is designed to promote group cohesion, coping skills, and morale for workers on the front line. Using a case presentation format, a variety of topics are addressed including reflective leadership, manifestations of trauma, secondary trauma, self-care, and other topics to meet the needs of the specific group. Pre-and post-evaluations of group efficacy are included.

Other Fees

Service

General Outpatient Therapy – Individual

General Outpatient Therapy – Family

Court Attendance and Preparation

Case Coordination

This service is intended for complex treatment cases and supplements the 45-minute therapy session covered by Medicaid and other insurance. Case coordination includes attendance at school or treatment team meetings, consultation with parents or other providers, time as needed for lengthier treatment sessions, etc. Six hours per month are requested but hours are billed only as used.