

Civilian Response Causality Care (C.R.C.C.)

Frederick County Sheriff's Office and Frederick County Fire & Rescue partner to instruct ***"Civilian Response Causality Care (C.R.C.C.)"***.

This free 4-hour course combines the **Civilian Response to Active Shooter Events (CRASE)** course with **Stop the Bleed**.



The **CRASE** course was developed by ALERT, which provides strategies, guidance, and a proven plan for surviving an active threat attack.

The **Stop the Bleed** course is a national awareness campaign and a call to action. Participants are trained and empowered to help in a bleeding emergency before professional help arrives.

Participants of Civilian Response Causality Care training will receive instruction on many important topics such as:

- Avoid, Deny, Defend strategy
- Disaster and stress response
- How to assist responding law enforcement
- Limit casualties
- Identify source of bleeding
- Learn basic life-saving interventions including bleeding control with direct pressure, gauze packs and a tourniquet, as well as how to pack a wound
- Safety tips

Date / Time: February 29, 2019 @ 8am

Location: 1st Church of the Nazarene, 181 Nazarene Drive Winchester, VA 22601

To sign up for this class, please email Pastor David Kessell at pastordave@w1naz.org

This class will be limited to 150 participants.