



INSIDE

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**FLAG
FOOTBALL**

Battlefield Half Marathon
SATURDAY • NOVEMBER 2

pg. 14

So much to do!

FALL GUIDE

FLY FISHING • ARCHERY • TRIPS • SPORTS LEAGUES • FUN FOR ALL!



FREDERICK COUNTY
PARKS & RECREATION

2019 FALL ACTIVITY GUIDE



**YOUTH BASKETBALL
REGISTRATION
IS OPEN!**

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The Frederick County Parks and Recreation Commission

The Parks and Recreation Commission meets every second Tuesday at 7 p.m. at various locations. Call 540-665-5678 for additional information or if you wish to address the Commission.

Back Creek District - Gary Longerbeam - Vice-Chairperson
 Gainesboro District - Natalie Gerometta
 Opequon District - Ron Madagan
 Red Bud District - Chris Fordney
 Shawnee District - Guss Morrison
 Stonewall District - Randy Carter
 Member at Large - Charles "Rusty" Sandy, Jr. - Chairperson
 Member at Large - Amy Strosnider

Board of Supervisor Liaison - Robert Wells

The Frederick County Parks and Recreation Department Activities Guide is published four times per year with a special summer camps issue in early spring. To receive your free copy, call 540-665-5678. Information in this publication is also available as an interactive pdf on our web site: fcprd.net

Join us for the 16th Annual Youth Sports Scramble Golf Tournament at Rock Harbor!
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Customer Service Locations and Phone Hours · 540-665-5678

Main Office

107 North Kent St.
 Winchester, VA 22601
 Days: Monday - Friday
 Hours: 8:00 am - 5:00 pm

Sherando Comm. Center

185 South Warrior Drive
 Stephens City, VA 22655
 Days: Monday - Friday
 Hours: 4:00 pm - 8:00 pm

Register Online Now
 fcprd.net

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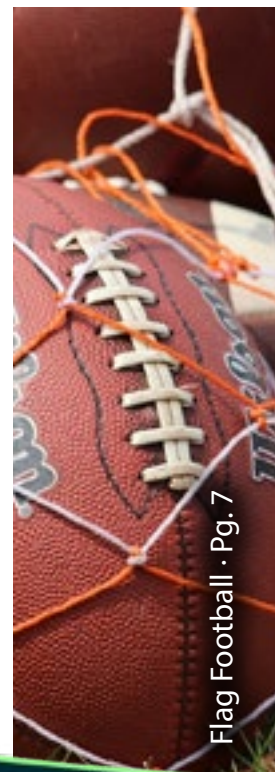
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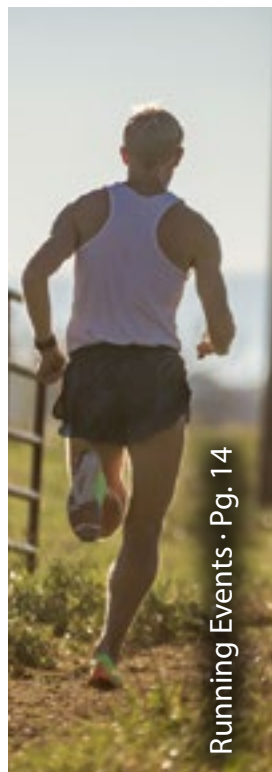
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Registration for 2019-2020 is open!

[Register Here](#)



basicREC during the school year

Open to all Frederick County Elementary students, the basicREC program will provide your child with exceptional recreational opportunities before and after school! Children will engage in active games and participate in art projects, crafts, sports, and fitness programs. Weather permitting, activities will take place outside.

basicREC Morning & Afternoon

Fee: \$97 per week; includes a daily snack, all early release days, delayed openings, teacher workshop days, snow day camp, winter break, spring break and enrichment programs. You must register through our main office for these days, other than early release and delayed openings. Space is limited.

Activity #	Location
11803-A	Apple Pie Ridge Elementary
11803-B	Armstrong Elementary
11803-C	Bass Hoover Elementary
11803-D	Evendale Elementary
11803-E	Gainesboro Elementary
11803-F	Greenwood Mill Elementary
11803-G	Indian Hollow Elementary
11803-H	Middletown Elementary
11803-I	Orchard View Elementary
11803-J	Redbud Run Elementary
11803-K	Stonewall Elementary

basicREC Mornings Only

Fee: \$48 per week; includes delayed openings; \$15 per day for teacher workshop days, snow day camp, winter break, and spring break. Program hours: 6:30 a.m. until the beginning of classes

Activity #	Location
11801-A	Apple Pie Ridge Elementary
11801-B	Armstrong Elementary
11801-C	Bass Hoover Elementary
11801-D	Evendale Elementary
11801-E	Gainesboro Elementary
11801-F	Greenwood Mill Elementary
11801-G	Indian Hollow Elementary
11801-H	Middletown Elementary
11801-I	Orchard View Elementary
11801-J	Redbud Run Elementary
11801-K	Stonewall Elementary

basicREC Afternoons Only

Fee: \$52 per week; includes a daily snack, all early release days; \$15 per day for teacher workshop days, snow day camp, winter break, and spring break. Program hours: from the afternoon release bell until 6 p.m.

Activity #	Location
11802-A	Apple Pie Ridge Elementary
11802-B	Armstrong Elementary
11802-C	Bass Hoover Elementary
11802-D	Evendale Elementary
11802-E	Gainesboro Elementary
11802-F	Greenwood Mill Elementary
11802-G	Indian Hollow Elementary
11802-H	Middletown Elementary
11802-I	Orchard View Elementary
11802-J	Redbud Run Elementary
11802-K	Stonewall Elementary

Don't need basicREC every day?

Register only for the times you need - with no minimum number of days required! You pick it: morning, afternoon, morning and afternoon, spring break camp, winter break camp, teacher workshop days, snow days. Register online, while space is available, for one day or multiple days.

Fees for part-time:

Fee for morning only: \$13 per day

Fee for afternoon only: \$15 per day including early dismissal days

Fee for morning and afternoon: \$26/day including teacher workshop days and other FCPS holidays for which basicREC is open

Daily registrations do not receive refunds or credits unless the program is canceled.

Days may be switched if it is confirmed that your child did not attend.

Registration for Daily basicREC is available online.

Register today at fcprd.net



Community Recreation -----○

Ballet [Register Here](#)

AGE 2.5-6
Instructor: Jennifer Turman Bayliss, The Sunshine Studio
Preschoolers will love the creativity and fun of this dance class! Young ballerinas will learn ballet basics, including names of positions. Ballet experience is not required, but ballet slippers are. If your preschooler is not potty trained, you will be asked to stay on site.

Activity#	Date	Day	Time	Fee:
15101-A	9/19-10/17	Th	1-2P	\$66
15101-B	10/24-11/21	Th	1-2P	\$66

Location: Sherando Community Center Mult. Room

Line Dancing [Register Here](#)

AGE 10+
Instructor: Paul Richardson
Families are encouraged to do this program together! Dive into the popular world of modern line dances. Learn the classic favorites, the newest pop dance and many styles in between. Please wear tennis shoes and bring water.

Activity#	Date	Day	Time	Fee
15702-A	9/4-10/9	W	7- 8P	\$11
15702-B	10/30-12/11	W	7-8P	\$11

Location: Evendale Elementary

Introduction to Music Theory

AGE 8-12
Instructor: Steve Organ
Check out this class! Participants will learn music theory and history. Music concepts will include staves, notes and much more along with the history of music from the drums of Africa to the pop music of today. Learn about the different families of instruments as well as build your own instruments from household items. A materials list will be handed out the first day of class.

Fee: \$40 [Register Here](#)
Location: Evendale Elementary

Activity#	Date	Day	Time
57304-A	9/17-10/22	Tu	6:30- 7:30P

Young Artist
AGE 6-11
Instructor: Hana Malone
Get creative! Young artists will use different materials to create artwork as they explore several mediums and learn a variety of skills. Imagination, along with guidance from the instructor will enhance the young artists' experience. Please bring a smock or big t-shirt. All supplies provided.

[Register Here](#)
Fee: \$40
Location: Greenwood Mill Elementary

Activity#	Date	Day	Time
55330-A	9/10-10/1	Tu	7- 8P
55330-B	10/15-11/12	Tu	7- 8P
55330-C	11/19-12/10	Tu	7- 8P

Fundamentals of Theatrical Performance

AGE 8-12
Instructor: Steve Organ
Have fun as you learn the basics of theatrical performance. From stand up, to striking a pose and dramatizing a simple story, every participant will get hands on experience. Enjoy exploring and developing theatrical ability using, sensory games or group improv. Students will do a short performance on the last day of the class. The instructor will provide a list of materials needed. (Examples of materials needed are old socks, paper bags, buttons, yarn, thread).

Fee: \$40 [Register Here](#)
Location: Evendale Elementary

Activity#	Date	Day	Time
57305-A	9/16-10/21	M	6:30- 7:30P

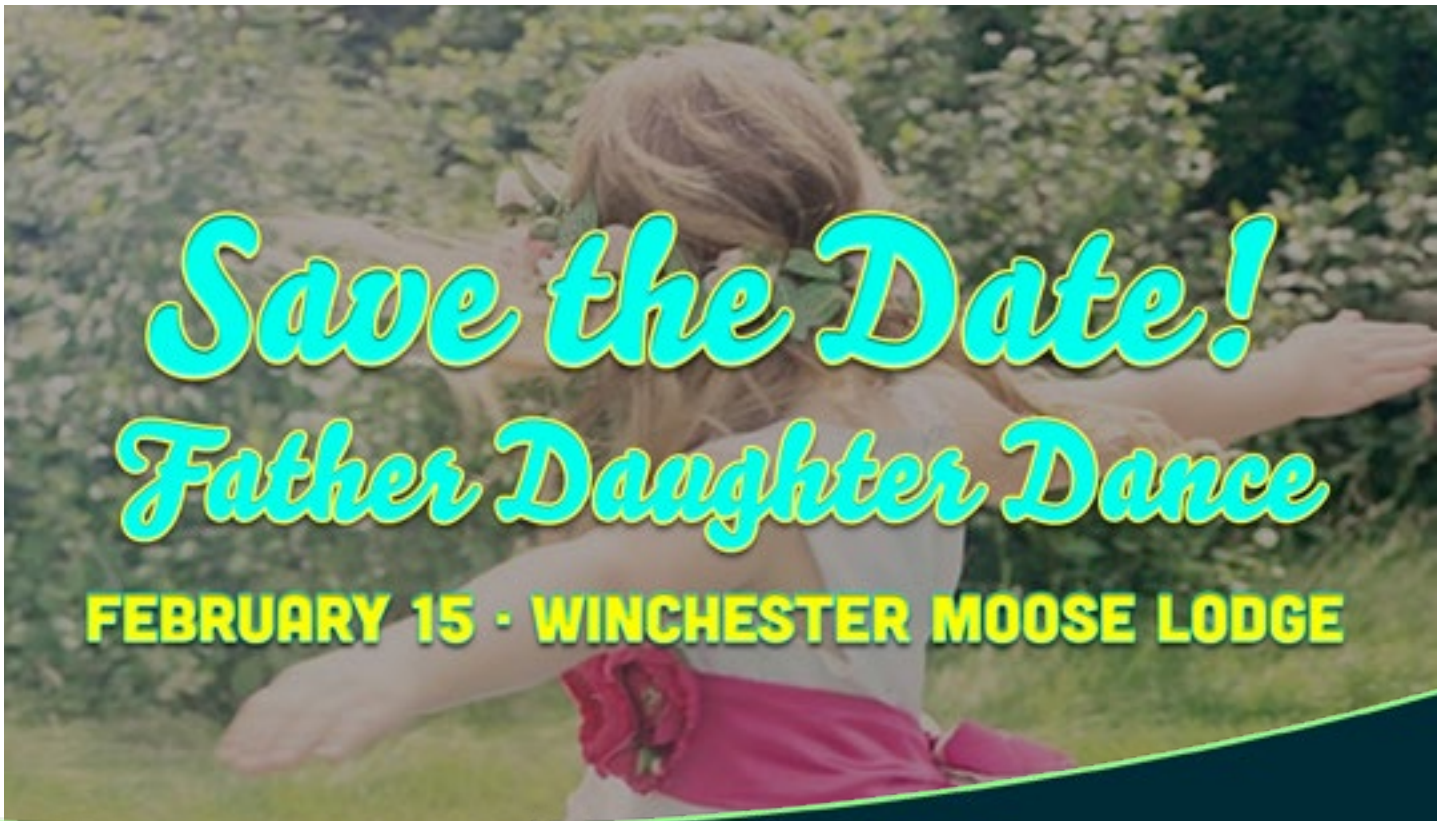
Chess

AGE 6+
Instructor: James Moyer
This is a perfect class to learn chess or refresh your game. You will learn how to win in two to four moves, how to checkmate and much more. For the advanced player, we will cover good opening principles such as the Sicilian defense. We recommend that a parent sign up with a child that is 8 or under. Bring a light snack and water.

Activity# Fee
57781-A \$45 per individual
57781-B \$55 per one adult and one child
Date: 10/6-10/27
Day: Su [Register Here](#)
Time: 1-4P
Location: Sherando Community Center

6th Annual
Parks and Pets Extravaganza

Saturday, October 5, 10 am - 3 pm
Clearbrook Park Pool



Sports

Littles' Sports

AGE 3-5
Instructor: Lisa Mann, Certified Personal Trainer & Kids Sports Instructor
Clinics provide the opportunity for children to work one-on-one with a parent to learn various skills associated with the sport. FCPRD has created a series of Littles' Sports programs which will prepare children for organized sports in a fun, up-beat, non-competitive environment. Every player gets a ball for the particular sport.

Activity#	Description	Date
52125-A	Soccer (Age 3)	9/9-10/14
Day: M	Time: 5-5:45P	Fee: \$48
Location: Evendale Elementary		

Activity#	Description	Date
52125-G	Soccer (Age 3-4)	9/18-10/9
Day: W	Time: 5-5:45P	Fee: \$48
Location: Greenwood Mill Elementary		

Activity#	Description	Date
52125-B	Soccer (Ages 4-5)	9/9-10/14
Day: M	Time: 6- 7P	Fee: \$48
Location: Evendale Elementary		

Activity#	Description	Date
52125-C	Football (Age 3)	10/28-12/2
Day: M	Time: 5- 5:45P	Fee: \$48
Location: Evendale Elementary		

Activity#	Description	Date
52125-D	Football (Ages 4-5)	10/28-12/2
Day: M	Time: 6- 7P	Fee: \$48
Location: Evendale Elementary		

Activity#	Description	Date
52125-E	Football (Age 3)	10/30-12/4
Day: W	Time: 5- 5:45P	Fee: \$48
Location: Greenwood Mill Elementary School		

Activity#	Description	Date
52125-F	Football (Ages 4-5)	10/30-12/4
Day: W	Time: 6- 7P	Fee: \$48
Location: Greenwood Mill Elementary School		

[Register Here](#)

Littles' Fitness Class

AGE 4-6
Instructor: Lisa Mann, Certified Personal Trainer & Kids Sports Instructor
In this 4-week parent/child program, kids will participate in a variety of activities to improve motor skills and hand/eye coordination that include throwing, catching, obstacles courses, hula hoops, tennis balls, agility, balance challenges, and fun games.

Fee: \$40
Location: Greenwood Mill Elementary

Activity#	Date	Day	Time
59113-B	9/18-10/9	W	6- 7P

Kid's Obstacle/Agility Course Clinic

AGE 6-9
Instructor: Lisa Mann, Certified Personal Trainer & Kids Sports Instructor
Don't miss this exciting clinic to feel like a Ninja Warrior while participating in agility drills, running/jumping, balance, coordination exercises, speed ladder, and strength/body weight challenges.

Fee: \$35
Location: Evendale Elementary

Activity#	Date	Day	Time
59375-A	11/24-12/1	Su	9:45-10:30A



Flag Football

AGE 5-13
Don't miss the excitement of FCPRD flag football! This league provides participants with plenty of action while learning new flag football skills. In some cases, schools may be combined to fulfill team requirements. If game cancellations occur, games could be made up on days other than the regularly scheduled Saturdays. All participants will be required to have a mouth piece. We will make every effort to keep participants near their desired location. Participants must be of age on or before 8/26/19.

[Register Here](#)

Ages 5-8 - One practice per week TBA
Ages 9-13 - Two practices per week TBA

Date: 8/26-10/26 Day: M-Sa Time: TBA

Activity#	Description	Fee
32221-A	Age 5-6	\$35
32221-B	Age 7-8	\$35
52321-A	Ages 9-10	\$40
52321-B	Ages 11-13	\$45

Pee Wee Flag Football Clinic

AGE 5-7
Instructor: Lisa Mann, Certified Personal Trainer and Kids Sports Inst.
This two day clinic is perfect to learn the basic skills of flag football. The clinic will provide the opportunity for children to work on throwing, catching, agility, offense/defense, change of directions with & without a ball, & game skills.

Activity#	Date	Day	Time
48221-A	8/11, 8/18	Su	4- 5:30P
Fee: \$35 Location: Evendale Elementary			

[Register Here](#)

Special Olympics

AGE 8+
The following programs are designed to encourage involvement in organized sports. New athletes MUST fill out the required Special Olympic paperwork as well as FCPRD registration information. Returning athletes must register with FCPRD and are responsible for updating Special Olympic paperwork as needed. Each sport will have a skills component and a competitive component.

Activity#	Description	Date	Day	Time	Location
52714-A	SO Soccer	9/8-10/27	Su	2:30- 4P	Sherando Park, Field #7
52714-B	SO Rollerskating	9/9-10/28	M	6:30- 8P	Winchester Skating Center
52714-C	SO Bocce	9/7-10/26	Sa	9:30-11A	Sherando High School
52714-D	SO Volleyball	9/10-10/31	Tu,Th	6:30- 8P	Evendale Elementary
52714-E	SO Golf	9/13-10/18	F	5:45- 7P	Sherando Park, Parking Lot near intersection of Splash and Lakeview

VOLUNTEER COACHES AND ASSISTANTS ARE NEEDED FOR THE ABOVE SPECIAL OLYMPIC SPORTS, PLEASE CALL 540-665-5678.

Volunteer Coaches

To help make these leagues successful; we are asking for parent/volunteer coaches and assistant coaches for our Youth Cheerleading, Pee Wee, Youth and Teen basketball leagues. Coaches and assistant coaches must be certified by the American Sport Education Program and successfully pass a national criminal background check administered by FCPRD in order to coach. Program Supervisors will notify coaches about individual coaches meetings per division. Please contact FCPRD at 540-665-5678.

Flag Football Cheerleading

AGE 5-12
FCPRD is looking for you to help cheer on our 9-10 flag football teams this fall. All cheerleaders will receive pom poms, a cheer shirt, and a skirt. Games will be played on Saturdays starting in mid-September.

Date: 9/3-11/2 Time: 5:30-7:30P [Register Here](#)

Activity#	Fee	Location
52323-A	\$45	Evendale Elementary
52323-B	\$45	Redbud Run Elementary School
52323-C	\$45	Apple Pie Ridge Elementary
Registration Deadline: 8/25		

Youth Archery - Stage 1

AGE 9-17
Instructors: Robin Jenkins- NASP Basic Archery Instructor;
Jason Herndon- USA Level 2 instructor trainer, a NASP coach
This program will teach the basics of shooting a compound bow safely and effectively. Scoring games will be used to test form and accuracy. Participants will learn proper handling, bow and arrow usage, and the importance of range safety. All equipment is provided.

Fee: \$80 Location: Sherando Park Ruritan Shelter
Day: M-F
Activity# Date Time
58755-A 9/9-9/13 6- 7:20P
Registration Deadline: 8/29 [Register Here](#)

Youth Archery - Stage 2

AGE 9-17
Instructors: Robin Jenkins- NASP Basic Archery Instructor;
Jason Herndon- USA Level 2 instructor trainer, a NASP coach
This session is an extension of the original Youth Archery. Participants will be building upon the skills learned in stage 1. Archers will be shooting from a farther distance during this session.

Fee: \$80 Location: Sherando Park Ruritan Shelter
Day: M-F
Activity# Date Time
58755-B 9/9-9/13 7:30- 8:50P
Registration Deadline: 8/29 [Register Here](#)

Fencing Classes

AGE 8+
Instructor: Tom Jobson, Member of the United States Fencing Association
Our introductory fencing programs introduce students to the many benefits of this Olympic sport. Beyond the fitness benefits, fencing promotes intellectual development, decision-making skills, self discipline, and confidence, all taught in a safe, supportive environment. Please join us for a fun workout, fencing, and new friendships. Equipment is available for a one time rental fee of \$15 payable to the instructor.

Activity # 17782-D
Fee: \$80 Location: Gainesboro Elementary
Date: 10/1-11/23
Day: Tu - 6:30 - 8:00P
 Sa - 10:00 - 11:30A [Register Here](#)

Fall Wooden Bat Baseball League

AGE GRADES 9-12
The wooden bat league will offer a new playing experience while continuing to work on baseball skills in an organized setting. Players will sign up according to the school they will attend for the 2019-20 school year. Some schools may form two teams or have the option to combine depending on the number or participants. The baseball schedule will be provided to each team's coach no later than the Thursday before the start date.

Fee: \$65 [Register Here](#)
Time: 10A - 8P
Activity# Description Date Day
52424-A Varsity 9/8-10/20 Su
52424-B Junior Varsity 9/8-10/20 Su
Registration Deadline: 8/22

16th Annual Youth Sports Scramble Golf Tournament

AGE 21+
This tournament raises funds for the Frederick County Parks and Recreation youth sports and Special Olympic programs. Everyone will receive a light lunch and complimentary range balls before the tournament. Awards will be given for the closest to the pins on par 3's and a longest drive award. Door prizes and dinner provided by Rock Harbor Golf Course will conclude the day of play. There will also be a chance for two golfers to take a shot at a \$1,000,000 hole in one! Don't miss out on this opportunity to support your local Parks and Recreation Department while having a great day out with friends and co-workers. Time: 1 pm Shotgun start

Date: 8/23 Day: F Time: 1-6P
Location: Rock Harbor Golf Course
Registration Deadline: 8/18 [Register Here](#)

Activity# Description Fee
42559-A Foursome \$300
42559-B Individual \$75

Presented by



Youth Volleyball League

AGE 9-18
This league is designed to teach and build on the fundamental skills of playing volleyball. The league will culminate with an end of the season tournament. Teams will practice twice per week (M-F) and games will be on Sunday afternoons at any of four FCPRD facilities.

2019 Season (Does not apply to the 9-10 year old division) - A fundamental skills assessment will be done with each participant at sites/locations that have more than one team. If there are not enough players/coaches for any location, FCPRD will move participants to another location.

Day: M-F, Su
Time: 6P - 9P [Register Here](#)
Date: 9/16 - 11/17

Activity# Description
52322-A Ages 9-10
52322-B Ages 11-12
52322-C Ages 13-15
52322-D Ages 16-18



Early Bird Registration Fee: \$40 by 8/26,
Final Registration Fee: \$50 by 9/3

Adult Co-Ed Beach Volleyball

AGES 16+
This 4x4 Co-Ed league will be played on our three brand new sand volleyball courts in Clearbrook Park. There will be a minimum of 4 players per team, max of 6. Teams must have equal number of male/female players on the court. All teams will get a minimum of 8 matches. Games start at 1:00 pm.

Activity# Description Date Day Time Fee Location [Register Here](#)
42522-A Team 8/18-9/29 Su 1- 8P \$200 Clearbrook Park
42522-B Individual 8/18-9/29 Su 1- 8P \$50 Clearbrook Park

Open Gym Basketball

Proof of age required. All participants must be registered prior to attending. No payment will be taken on site.

Activity# Description Date Day Time Fee Location
12578-A 18 & Over 11/14-3/5 Th 8-10P \$20 Orchard View Elementary School
12578-B 30 & Over 11/13-3/4 W 8-10P \$20 Gainesboro Elementary School

[Register Here](#)



Adult Fall Co-Rec Softball League

AGE 18+ Register now for the hottest co-rec softball league in the area! Teams get a 12-game guarantee plus a double elimination tournament utilizing both Sherando and Clearbrook Parks for game locations. Your team must have at least 4 males and 4 females playing at all times, but have an additional male or female to have a playable game.

Register Here

Activity # 52529-A
Early Bird Registration Fee: \$260 on or before 8/1
Final Registration Fee: \$310 between 8/2 & 8/5
(Teams will not be taken after 8/5)
Days: W, F
Date: 8/28-Playoffs
Location: Clearbrook and Sherando Park Softball Fields
Times: 6:30P, 7:30P, 8:30P

- This league will reflect USSSA rules unless otherwise outlined in the FCPRD league rules.
- Players must be 18 years of age in order to participate.
- Rosters are due by the team's third game.
- Games that are rained out can be made up when and where space is available. The tournament format will be determined based on the total number of teams registered.
- Team roster form and league rules can be found at our website www.fcprd.net.
- Divisions may be combined if the minimum number of teams are not met. Leagues won't be combined.
- League Schedule and Rules will be emailed to each team representative.

Adult Fall Softball League

AGE 18+ Our Countywide leagues will have a 14-game guarantee with a post season tournament and utilizing both Sherando and Clearbrook Parks for game locations. Games will alternate between Sherando and Clearbrook Park. Make-up games will be scheduled when and where space is available.

Register Here

Activity # 52528-A
Early Bird Registration Fee: \$300 on or before 8/1
Final Registration Fee: \$350 between 8/2 & 8/5
(Teams will not be taken after 8/5)
Day(s): M (makeup day), T, TH
Date(s): 8/27-Playoffs
Location: Clearbrook and Sherando Park Softball Fields
Time: 6:30P, 7:30P, 8:30P



Youth Basketball League

AGES 8-11 Youth Basketball League registration is underway! This league is designed to introduce new skills and enhance already learned skills for both experienced and beginner players. All participants must be the appropriate age on or before January 1, and registered in the correct age group. All players will be placed on teams which will begin practice in early December. Game play will begin in early January. All teams will have two scheduled practices per week M-F. Practice location and time subject to change based on facility availability. A coach will call participants with pertinent practice information by December 6.

Early Bird Fee \$45 on or before 10/20 at midnight
Final Fee \$55 between 10/21-10/27 at midnight
Activity # 52320-A, Boys Ages 8-9
Activity # 52320-B, Boys Ages 10-11
Activity # 52320-C, Girls Ages 8-9
Activity # 52320-D, Girls Ages 10-11
Day: M-F, S Date: 12/7
Time: M-F from 6 - 9P, Saturday from 9 - 7P and Sunday from 1 - 6P
Location: FCPS Gymnasiums

Register Here

Pee Wee Basketball

Get your little all-star's career started early! This co-ed league will focus on the fundamentals of the sport, importance of team work, and sportsmanship of the game of basketball. Practices will begin in early December and will be twice a week. One practice per week will be on Saturday and games will replace Saturday practices once games begin. All participants must be the appropriate age on or before January 1, and registered in the correct age group.
Dates: 12/2 - 2/8
Time: 1 hour game slots Sa - 9A-6P
1 hour practices M-F - 6- 8P
Location: FCPS Elementary Schools

Register Here

Activity # 22221-A Age: 5
Fee: Before 10/28 \$35, After 10/29-11/4 \$45

Activity # 22221-B Age: 6-7
Fee: Before 10/28 \$40, After 10/29-11/4 \$50

Youth Basketball Clinic

AGE 6-8
Instructor: Lisa Mann, Certified Personal Trainer & Kids Sports Instructor
Are you unsure if your child is ready to play basketball for this upcoming season? Then this clinic is perfect for them to learn the basic skills of Basketball. The clinic will provide the opportunity for children to work on dribbling, shooting, passing, offense/defense, change of directions with and without a ball, and game skills.

Fee: \$48
Location: Evendale Elementary

Register Here

Activity#	Date	Day	Time
52374-A	11/24, 12/1	Su	10:45A-12:15P

Teen Basketball Leagues

The area's premiere basketball leagues! Divisions will consist of age's 12-13 boys, 14-15 age boys, ages 12-14 girls and 16-18 ages. All participants must be the appropriate age on or before January 1, and registered in the correct age group. Divisions may be combined if enrolled numbers are low. Beginning the second week of January, teams will practice week nights with a game on Sunday; games start on January 8. A coach will call participants with pertinent practice information by mid-December.

Register Here

12-13 Boys Basketball League
Fee until 11/11: \$60 From 11/12 to 11/31: \$70
Activity# 22420-A Dates: 12/8-2/23 Days: M-Su
Time: 6-9P

12-14 Girls Basketball League
Fee until 11/11: \$60 From 11/12 to 11/31: \$70
Activity# 22420-B Dates: 12/8-2/23 Days: M-Su
Time: 6-9P

14-15 Boys Basketball League
Fee until 11/11: \$60 From 11/12 to 11/31: \$70
Activity# 22420-C Dates: 12/8-2/23 Days: M-Su
Time: 6-9P

16-18 Basketball League
Fee until 11/11: \$60 From 11/12 to 11/31: \$70
Activity# 22420-D Dates: 12/8-2/23 Days: M-Su
Time: 6-9P

Volunteer Coaches

To help make these leagues successful; we are asking for parent/volunteer coaches and assistant coaches for our Youth Cheerleading, Pee Wee, Youth and Teen basketball leagues. Coaches and assistant coaches must be certified by the NAYS Program and successfully pass a national criminal background check administered by FCPRD in order to coach. Program Supervisors will notify coaches about individual coaches meetings per division. Please contact FCPRD at 540-665-5678.

Kids Tennis

AGES 4-11
Instructor: Matt Rosner, PTR and FCPRD Tennis Staff

This Program is designed to introduce the sport of tennis using upbeat, positive, encouraging coaching; initiating and demonstrating proper essential basic skills and stroke development. The staff will introduce key skills using a variety of activities as well as some components of physical conditioning including focus and concentration exercises.

Activity#	Age	Date	Day	Time	Fee	Location
22344-A	4-7	11/4-12/9	M	5:15- 6P	\$73	Snowden Bridge
22344-B	4-7	11/6-12/11	W	5:15- 6P	\$73	Snowden Bridge
22344-C	4-7	11/4-12/11	M,W	5:15- 6P	\$123	Snowden Bridge
22344-D	7-11	11/4-12/9	M	5:15- 6:30P	\$88	Snowden Bridge
22344-E	7-11	11/6-12/11	W	5:15- 6:30P	\$88	Snowden Bridge
22344-F	7-11	11/4-12/11	M,W	5:15- 6:30P	\$138	Snowden Bridge

[Register Here](#)

Youth Tennis

AGES 4-17
Instructor: Matt Rosner, PTR and FCPRD Tennis Staff

This Program is designed to take participants from mastering essential skills to actively playing tennis. The staff will introduce key skills using a variety of activities as well as some components of physical conditioning.

Activity#	Age	Date	Day	Time	Fee	Location
52344-A	4-11	9/3-9/26	Tu,Th	5:30- 6:30P	\$82	Sherando High School
52344-B	11-17	9/3-9/26	Tu,Th	6:30- 7:30P	\$82	Sherando High School
52344-C	4-11	9/3-9/26	Tu or Th	5:30- 6:30P	\$56	Sherando High School
52344-D	11-17	9/3-9/26	Tu or Th	6:30- 7:30P	\$56	Sherando High School
52344-E	4-11	10/1-10/24	Tu, Th	5:30- 6:30P	\$82	Sherando High School
52344-F	11-17	10/1-10/24	Tu, Th	6:30- 7:30P	\$82	Sherando High School
52344-G	4-11	10/1-10/24	Tu or Th	5:30- 6:30P	\$56	Sherando High School
52344-H	11-17	10/1-10/24	Tu or Th	6:30- 7:30P	\$56	Sherando High School

[Register Here](#)

Middle/High School Tennis

AGES 11-17
Instructor: Matt Rosner, PTR and FCPRD Tennis Staff

The Middle/High School Tennis Program is designed to take participants from mastering essential skills to actively playing tennis; all structured in a team tennis practice, work-out format. Players will develop and improve overall skills, learn the fundamentals of all strokes (forehand, backhand, volley, overhead, serve) gain self-confidence, improve conditioning, footwork, agility, athleticism and play games. This program is also an excellent opportunity for current and aspiring high school tennis players to prepare for their upcoming high school tennis season.

Activity#	Date	Day	Time	Fee	Location
52444-A	11/4-12/9	M	6:15- 7:30P	\$88	Snowden Bridge
52444-B	11/6-12/11	W	6:15- 7:30P	\$88	Snowden Bridge
52444-C	11/4-12/11	M,W	6:15- 7:30P	\$138	Snowden Bridge

[Register Here](#)

Adult Tennis Lessons

AGES 18+
Instructor: Matt Rosner, PTR and FCPRD Tennis Staff

This program is excellent for all adults looking to get back into the game of tennis, active players, as well as beginners who are looking to learn the sport and at the same time get in shape with a great physical work-out. This unique program combines going over the proper fundamentals of the sport while each session gives participants an opportunity to run through a number of movement/conditioning drills and games. In addition, the Tennis Director will conduct stroke breakdown and analysis, and prepare a monthly program helping the Adult Tennis player achieve their individual goals.

Activity#	Date	Day	Time	Fee	Location
42544-C	8/6-8/29	Tu or Th	7:45- 9P	\$60	Sherando High School
52544-A	9/3-9/26	Tu or Th	7:45- 9P	\$60	Sherando High School
52544-B	10/1-10/24	Tu orTh	7:45- 9P	\$60	Sherando High School
22544-C	11/4-12/9	M	7:45- 9P	\$93	Snowden Bridge

[Register Here](#)

Fall Running Club

AGE 7-14
All levels of running experience are welcome. The fall session includes registration in the Apple Harvest Race, and FCPRD Thanksgiving Day 5K. Practice will be held twice a week.

Activity#	Date	Day	Time	Fee	Location
52326-A	8/20-10/22	Tu,Th	6- 7P	\$55	Apple Pie Ridge Elementary
52326-B	8/20-10/22	Tu,Th	6- 7P	\$55	Sherando Park
52326-C	8/19-10/21	M,Th	6- 7P	\$55	Millbrook High School

[Register Here](#)

Adult Running Club

AGE 15+
New this Fall is the Adult Running Club designed for the novice runner who wants to improve physical fitness without having to go at it alone. The club organizes group runs two days per week for all levels with creative workouts to fit any level of fitness while setting up a workable training regimen for the off days. The fall session includes registration in the FCPRD Battlefield Half Marathon (either full or on a relay team) and the Thanksgiving Day 5K. Each session will practice twice a week. Please note that running locations/times may change to incorporate new running courses and different workouts.

Activity#	Date	Day	Time	Fee	Location
52526-A	8/19-11/20	M, W	6- 7P	\$65	Millbrook High School

[Register Here](#)

The Annual Thanksgiving Day 5 k

ALL AGES
PROCEEDS BENEFIT FCPRD PLAY FUND

What better way to begin your Thanksgiving Day than this benefit event! Run, walk, or stroll prior to your Thanksgiving feast. The certified 5k course travels, track, pavement, and the woodland trails of Sherando Park. Prizes will be awarded to the top 3 male and top 3 female finishers, top master male and female, and to the top 3 male and top 3 female finishers in each age group! Pre- registered participants are encouraged to pick-up their bib number and T-shirt at the Sherando Community Center Activity Room Tuesday (11/26) or Wednesday (11/27) from 4-9 p.m. Onsite registrations will receive shirts while supplies last. For more information visit RunAtTheTop.net

Early Bird Fee: \$25 until 11/24
Final Fee: \$30 11/26-race day
Day(s):TH
Date(s):11/26
Time: Check in and onsite registration from 7-8 am; race begins at 8:45 am.
Location: Sherando High School



The Running Series



Series Presented by



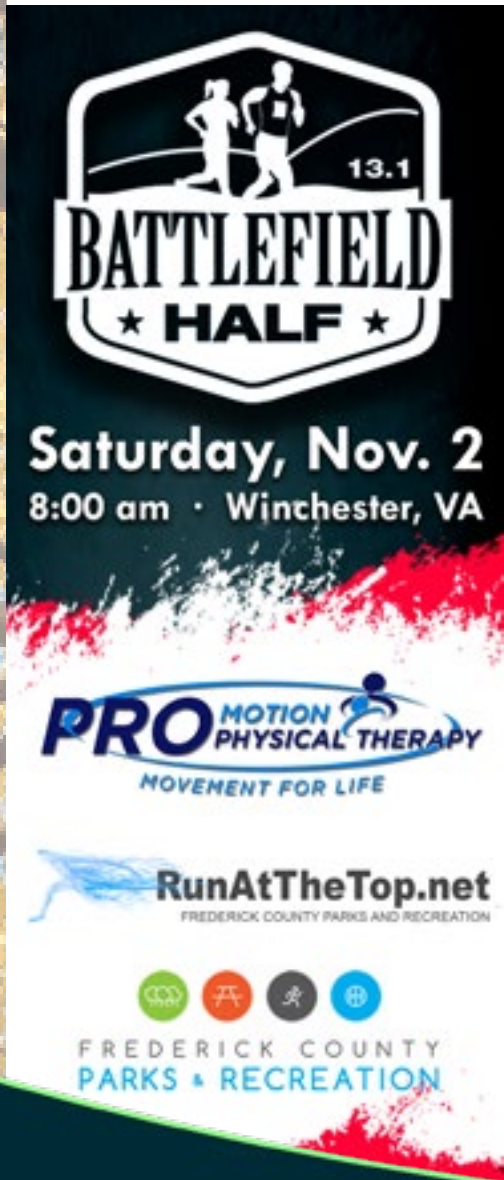
Battlefield Half Marathon and Relays

AGE 10+
Experience all the beauty of fall in the Shenandoah Valley running in the area's premier half marathon and relay. At 13.1 miles the race is welcoming for casual runners but still provides a challenge for more seasoned participants. The starting line is located in historic Kernstown Battlefield with the majority of the course following scenic country roads through Frederick County concluding at Creekside Station.

Not up for doing all of the 13.1 miles on your own? Grab a group of friends or co-workers and put together a two or four person relay team and come join the fun. This event is truly for everyone!

Date: Saturday, November 2
Time: 8:00 am
Location: Kernstown Battlefield and Creekside Station

Visit www.RunAtTheTop.net for more race information or to register!



Wellness

Essential Oils

AGE 18+
Instructor: Traci Murphy
These sessions are a great way to learn about the many uses of essential oils.

Fee: \$10 for each session
Location: Sherando Community Center
Day: Tu (Stay Healthy - 11/6 - will be on Wed.)
Time: 6-8P

Simply Luxurious Moisturizing Lotion
Learn how to make your own lotion with your own customized scent! Door prize will be given.

Activity#	Date
57584-A	8/6

Backpack Essentials
Gearing up for school? Don't forget to include essential oils in your preparations. Excellent class for teachers. Door prize will be given.

Activity#	Date
57584-B	9/10

Autumn Room Sprays
Seasons are changing, and autumn time is here. Along with the changes, we begin to notice different smells such as apples baking, pumpkins, spices like cinnamon, cloves, nutmeg and ginger. If you are not around these scents but wish you were then we have the solution and essential oils make it easy

Activity#	Date
57584-C	10/8

Stay Healthy
How do we keep ourselves and our families healthy? Learn how essential oils can help.

Activity#	Date
57584-D	11/6 (Wed.)

Tis the Season
Seasonal changes can stress immune systems. Learn about diffusing protective blend to use on household surfaces; it is always best to be prepared with some simple solutions.

Activity#	Date
57584-E	12/3

[Register Here](#)

Walk 15® Exercise Class

AGE 12+
Instructor: Margaret (Marty) Frye
Taking the best features from low impact, aerobic style, group exercise, Walk 15® group classes keep it easy to follow but effective in results with our exclusive 15-minute, BIG Calorie-Burning Miles system! It's designed with "walking based" moves so that all fitness levels, all ages, all walks of life, can do it! Walk 15® is a group exercise class for everyone of all ages and all fitness levels!

Activity#	Date	Day	Time
29713-A	Ongoing	Th	6- 7P
	Ongoing - Starts 10/2	W	9-10A

Fee: \$25 (8 class punch pass)
Locaiton: Evendale Elementary

Yoga

Enjoy increased flexibility, greater range of motion and so much more, including enhancing the body mind connection through yoga. Online purchase not available. Please bring yoga mat and water.

Fee: \$28 for 8 class flex pass

Activity #19712-A
Date: 8/1-12/31/2020

Day: W
Time: 5:30 - 6:30P
Location: Gainesboro Elementary



Trips

Mystery Trip!

Bring money for lunch and a sense of adventure and wear comfortable clothes for the weather and light walking. Depart Armel Elementary School parking lot at 9 am; return approximately 6 pm.

Class#	Date	Day	Time	Fee
54737-A	9/21	Sa	9A- 6P	\$25
Location: We can't tell you.				Register Here

Museum of the Bible

Join us as we visit the largest and newest museums in D.C.! Ticket price includes transportation and museum admission, lunch will be on your own at one of the Museum's two cafes. Depart Sunnyside Plaza parking lot at 7 am; Armel Elementary School parking lot at 7:15 am; return approximately 5 pm.

Fee: \$33	Register Here
Location: Washington D.C.	

Activity#	Date	Day	Time
54732-A	9/10	Tu	7A- 5P
54732-B	10/8	Tu	7A- 5P
54732-C	11/12	Tu	7A- 5P

Baltimore COMIC CON

As seen on popular television shows such as Big Bang Theory and Toy Hunter. You can also purchase various items from Movies, Comics, Toys, Video Gamings, Games, TV, Graphic Novels, Horror, Wrestling, MMA, Original Art, Collectibles, Anime, Manga and much more! You may just run into a celebrity. Price includes transportation and ticket entry. Costumes are welcome, no weapons please.

Fee: \$70	Register Here
Activity # 54754-A	Day: S
Date: 10/19	
Travel: Depart Armel Elementary School parking lot 8 am; return approximately 7:00 pm	
Registration Deadline: 10/11	

Blackwater Falls State Park

View the fall foliage and enjoy the day in this beautiful natural wonder followed by lunch on your own at The Lodge. Depart Armel Elementary School parking lot at 8 am; return approximately 6 pm.

Activity#	Date	Day	Time	Fee
54736-A	10/26	Sa	8A- 6P	\$25
Location: Davis, WV				Register Here

New York City Day Trip

Guests will be dropped off near Macy's. We typically arrive in NYC around 11 am and depart at 7 pm. There will not be a guaranteed food stop on the way up so pack a snack! Transportation provided by Schrock Tour and Charter. Depart Sunnyside Plaza parking lot at 4:30 am; return approximately 1:00 am.

Activity#	Date	Day	Time	Fee
54734-A	12/14	Sa	4:30A-1A	\$78
				Register Here

Fly Fishing School

AGE 14+ The three-day school consists of two classes where you will learn, or brush up on, casting, fly fishing equipment selection (fly rod, fly reel, fly line, flies, wading gear), knot tying, reading the water, entomology and the many aspects of fly fishing. The last class meets on the Shenandoah River to practice and improve your fly fishing skills, tactics, and techniques.

Wednesday, August 14 at Evendale Community Center from 6-8 pm

Wednesday, August 21 at Evendale Community Center from 6-8 pm

Saturday, August 24 at Murray's Fly Shop from 9 am-3 pm

Activity#	Date	Day	Time
42551-A	8/14-8/24	W,Sa	6- 8P
Fee: \$225			
Location: Evendale Elementary and Murphy's Fly Shop in Edinburg, VA			

Frederick County Parks and Recreation

WALKING IN A WINTER WONDERLAND

November 29 - January 5 · 5:30 pm - 9:30 pm · Clearbrook

Peak Night Admission
Age 12+: \$10
Age 2-11: \$5
Dec 6, 7, 13, 14, 20, 21, 22, 23
Closed Christmas Eve, Christmas Day and New Year's Eve
Regular Admission: Age 12+: \$5
Age 2-11: \$3 · Age 0-1: Free
Veterans and Active Duty: \$3 on Non-Peak Nights with valid Military ID.



Free Hot Chocolate!



PAWS TO PAVEMENT



Clearbrook Park

Dates: Saturday, July 20 and Aug. 24
Time: 12:30 - 1:30 pm

FREE

Join us for a Paws to Pavement event to celebrate all we love about the outdoors and dogs! Esther Boyd will be bringing several adoptable dogs to the park, where volunteers can pick a pup and take them on a walk around park trails-- help us promote animal adoption and a better quality of life for local shelter dogs!

Active Adults

We encourage seniors to check into joining any of the clubs and participating in the many activities planned. Pickup information will vary from club to club, so please read the description and let us know what your pick up location will be. Home pick up information, as available will be in the program description. You must register for each program/ activity even if it is just a meeting.

Home Pick-Ups available for select activities for a \$6 fee.

Gad Abouts Club

Annual Gad Abouts Club Picnic
Enjoy a day in the park of fellowship, friends, food, and summer fun--please bring a dish to share!

Activity#	Date	Day	Time
43680-A	9/20	F	11A- 2P
Location: Sherando Park			

Register Here

Dinosaur Land and Lunch Out

This will be an adventure you won't soon forget at the area's biggest attraction! We will tour Dinosaur Land and browse the gift shop, then head to a Dutch Treat lunch at Cracker Barrel in Front Royal followed by some shopping at ALDI before we head home. NOTE: This trip could involve extensive walking and/or standing. Fee includes transportation and entry fee. Depart Stephens City Old Food Lion at 10:45a.m.; return approx. 4p.m.

Activity#	Date	Day	Time
54651-A	10/18	F	10:45A- 4P
Fee: \$15 Location: Dinosaur Land			
Registration Deadline: 10/17			
Home Pick-Up Available			

Register Here

Scrabble Party

FUN is the word for this program. New players are welcome. Pizza lunch is included. If you have a favorite board, bring it! Price includes lunch and all four dates listed. Meeting Dates: 11/4, 12/9, 1/6, 2/3

Activity#	Date	Day	Time
17717-C	11/4-2/3	M	10:30A- 2P
Fee: \$28 Location: Sherando Community Center			

Register Here

Gainesboro Club

Tour of Historic Long Branch and Lunch Out

In addition to the preservation of our 200-year-old historic home at Long Branch, workers oversee a Virginia horse retirement farm of nearly 400 pristine, permanently preserved acres and a herd of retired horses! Come along for a tour of the historic house and grounds, followed by a Dutch Treat lunch out at Cracker Barrel in Front Royal followed by some shopping at ALDI before we head home. NOTE: This trip could involve extensive walking and/or standing. Fee includes transportation and entry fee. Depart Sunnyside Plaza parking lot at 10:30 am; return approximately 4 pm.

Activity#	Date	Day	Time
54633-A	9/23	M	10:30A- 4P
Fee: \$20 Location: Long Branch Historic Home			
Registration Deadline: 9/20			
Home Pick-Up Available			

Register Here

Gainesboro Club Day Out in Strasburg, VA

We will visit the Strasburg Emporium (home of tons of antiques, books, and more!), then go out for a Dutch Treat lunch at the Queen Street Diner. We will also visit a farmer's market on the way home for fresh fruits and veggies! Time: Depart Sunnyside Plaza at 10am; return approximately 5 pm.

Activity#	Date	Day	Time
47600-A	8/26	M	10A- 5P
Location: Sunnyside Plaza			
Home Pick-Up Available			

Register Here

Senior Adult Halloween Events

Bring out your creativity and paint a pumpkin with us! We will provide all materials, plus have pizza and candy to share.

Activity#	Date	Day	Time
53610-A	10/25	F	11A- 2P
Fee: \$10 Location: Sherando Community Center			
Sunnyside Pick-Up: 10:15 am - Additional \$6			
Registration Deadline: 10/24			

Register Here

The Moose Family Center Annual Senior Thanksgiving Banquet

The Winchester Moose Family Center #1283 and The Women of the Moose Chapter #1367 invite you to share in a delicious traditional Thanksgiving meal and an afternoon of fellowship and music by the local five-person band Stage Left! Caregivers and/or chaperones under the age of 65 are welcome and must also register with Frederick County Parks and Recreation.

Activity#	Date	Day	Time
53676-A	11/9	Sa	10:30A- 2P
Location: Winchester Moose Lodge			
Caregivers: \$5			
Registration Deadline: 11/4			

Register Here

Annual Holiday Luncheon

VENICE ITALIAN RESTAURANT, WINCHESTER VA

Celebrate the joy of the holidays with some games, good food, good fellowship, and good friends plus, special appearance by Santa to help us play some BINGO and hand out gifts for the gift exchange! Lunch will be Dutch treat. If you would like to participate in the gift exchange please keep gift at a \$10 maximum. Transportation provided for an additional \$6 fee from the following locations: Stephens City Old Food Lion at 10 am.

Activity#	Date	Day	Time
57676-A	12/13	F	11A- 2P
Location: Venice Italian Restaurant			
Home Pick-Up Available			

Stratford Hall: Home of Robert E. Lee

Take a guided tour of the Great House and grounds of the home of the Lee Family. Price includes tour ticket and transportation. Lunch will be Dutch Treat on the way home. NOTE: This trip could involve extensive walking and/or standing. Depart Sunnyside Plaza parking lot at 6:30 am; Armel Elementary School parking lot at 7 am; return approximately 5 pm.

Activity#	Date	Day	Time
57632-A	9/26	Th	6:30A- 5P
Fee: \$30 Location: Stratford Hall			
Registration Deadline: 9/24			

Register Here

Allenberry Theatre: "Miracle on 34th Street"

A holiday classic you can't miss! Single mother, Doris Walker, doesn't want her six-year-old Susan's head filled with romantic notions. Their neighbor, Fred Gailey, tries to woo Doris by charming Susan and taking her to see Santa Claus at Macy's, where Doris works. Doris is not impressed, but when it turns out that Macy's Santa may, in fact, be the real Kris Kringle, a wave of love spreads across New York City that melts even the most cynical hearts. This joyous, heartwarming musical is the perfect holiday treat! Price includes show ticket and transportation-- dinner will be Dutch treat at a location along the way home. Showtime is 2 pm.

Activity#	Date	Day	Time
55605-A	12/7	S	11A- 9P
Departing Armel Elementary parking lot at 11:00 am.,			
return approx. 9:00 pm.			
Location: Allenbury, Pa			

Register Here

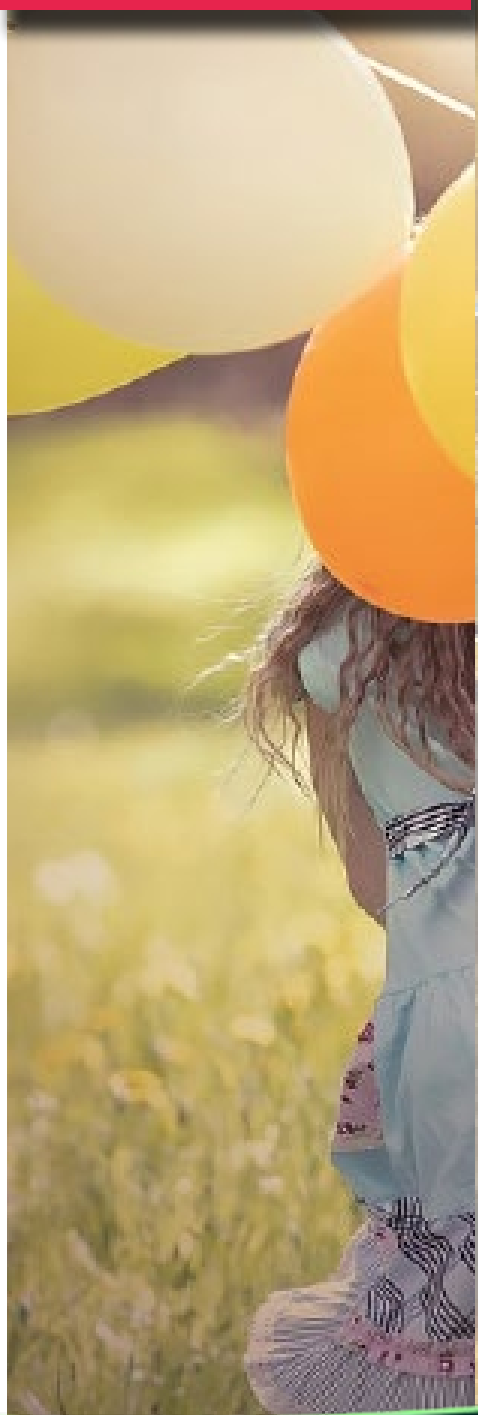
Facilities

Reservations must be made seven days in advance and are subject to availability. Facility rentals are rented by the hour with a two hour minimum, so include setup and breakdown time for the requested rental.

Evendale Elementary School
220 ROSA LANE
WINCHESTER, VA 22602

Gainesboro Elem. School
4651 NORTH FREDERICK PIKE
WINCHESTER, VA 22603

Celebrate your next Birthday
Party or special event at
one of the FCPRD Parks or
Community Centers!



Facility	Resident	Non-Res.	Hours	Capacity
Gymnasium	\$28	\$44	M-F, 6P-10P Sa, Su 9A-10P	-
Activity Room	\$17	\$33	M-F, 6P-10P Sa, Su 9A-10P	35
Exercise Room	\$13	\$29	M-F, 6P-10P Sa, Su 9A-10P	49

Greenwood Mill Elementary School
281 CHANNING DRIVE, WINCHESTER, VA 22602

Facility	Resident	Non-Res.	Hours	Capacity
Gymnasium	\$28	\$44	M-F, 6P-10P Sa, Su 9A-10P	-
Activity Room	\$17	\$33	M-F, 6P-10P Sa, Su 9A-10P	50
Fitness Room (Weights/Machines)	Free	\$20/10Pass	M-F, 6:30A-9P Sa, Su 8A-12P	-

Sherando High School
185 SOUTH WARRIOR DRIVE, STEPHENS CITY, VA 22655

Facility	Resident	Non-Res.	Hours	Capacity
Fitness Room (Weights/Machines)	Free	\$20/10Pass	M-F, 4P-8P Sa, 8A-12P	-
Racquetball Courts (2 Courts)	Free	\$7/hour	M-F, 4P-8P Sa, 8A-12P	-
Multipurpose Room	\$23	\$39	M-F 6P-10P Sa, Su 9A-10P	140

Raquetball Courts may not be reserved more than 24 hours prior to use.

Orchard View Elementary School
4275 MIDDLE ROAD, WINCHESTER, VA 22602

Facility	Resident	Non-Res.	Hours	Capacity
Gymnasium	\$28	\$44	M-F, 6P-10P Sa, Su 9A-10P	-

Bulk rentals of 50 or more hours qualify for a discount.
Please call 540-665-5678 for details.

March 1 - October 31: 8:00 am - Dusk
November 1 - February 28: 8:00 am - 6:00 pm

For current shelter fees and to make shelter reservations, visit our web site at www.fcprd.net or call the main office 540-665-5678.

Sherando Park
252 Lakeview Circle, Stephens City, VA
Situating on 330 scenic acres, Sherando Park offers a variety of facilities for the enjoyment of the entire family. The park is located 1.8 miles east of I-81 on Route 277 at Stephens City and includes:

- 3 miles shared-use paths
 - 3 miles mountain bike trails
 - 4.55-acre fishing lake
 - lighted ball fields
 - picnic shelters & tables
 - hiking trails
 - 25M outdoor pool
 - 18-hole disc golf
- soccer fields
 - volleyball court
 - playgrounds
 - bocce, tennis and basketball courts (at SHS)

Shelter	Capacity	Resident	Non-Res.
Lock Gazebo	35	\$45	\$60
Abex	75	\$56	\$72
James Wood FFA	75	\$56	\$72
Shawquon Ruritan	150	\$68	\$84
Sandy Family	150	\$68	\$84
Stephens City Lions	200	\$80	\$96

Neighborhood Parks

Frederick Heights, 102 Potomac Place, Winchester, VA
• 1/2 mile walking path loop
• 11 acres featuring a playground & basketball court
• picnic tables

Reynolds Store, 9291 N. Frederick Pike, Cross Junction, VA
• 1/2 acre with a playground



Clearbrook Park
3300 Martinsburg Pike, Clear Brook, VA
Traveling just five miles of north of Winchester allows you to experience the 55 acres of Clearbrook Park which include:

- 1/2 mile walking path loop
- 3-acre lake
- lighted ball fields
- picnic shelters & tables
- 3,000 feet of paved walking paths
- paddleboats
- playground
- 25M outdoor pool
- volleyball courts
- vintage red caboose

Shelter	Capacity	Resident	Non-Res.
Lawrence	30	\$45	\$60
JWHS Key Club	75	\$56	\$72
JWHS Colonels	75	\$56	\$72
Rubbermaid	75	\$56	\$72
Antique Car Club	75	\$56	\$72
Brill Family	75	\$56	\$72
Shawnee Lions	150	\$68	\$84
Kiwanis II	150	\$68	\$84
Kiwanis I	200	\$80	\$96

Rose Hill Park
1873 Jones Road, Winchester, VA
Located 1/3 mile south of the intersection of Cedar Creek Grade and Jones Road, Rose Hill Park offers visitors the opportunity to enjoy the historic and scenic features of the Museum of the Shenandoah Valley's Rose Hill Farm.

- 1.2 mile interpretive walking trail of the 1862 1st Battle of Kernstown
- Picnic Shelter and tables
- Restrooms
- Restrooms

Shelter	Capacity	Resident	Non-Res.
Tom Baldridge - Jaycees	30	\$45	\$60



Bulk rentals of 50 or more hours qualify for a discount. Please call 540-665-5678 for details.

Baseball and Softball Fields	Resident	Non-Res.	
Practice	\$11	\$16	Per hr/2 hr min
Drag/Line	\$30	\$35	one time fee
Tournament (9A-11P)	\$125	\$155	Per Reservation
Field Lights	\$15	\$15	Per hour

Sherando Park Soccer Fields	Resident	Non-Res.	
Fields #1-#4	\$27	\$43	Per hr/per field
Fields #6 and #7	\$17	\$27	Per hr/per field

For more information, or to make a reservation visit www.fcprd.net or call 540-665-5678.

Reservations must be made one (1) business day in advance and are subject to availability.



"IT IS THE GOAL OF FREDERICK COUNTY PARKS AND RECREATION TO SERVE AS MANY FAMILIES AS POSSIBLE SO THE YOUTH OF FREDERICK COUNTY CAN BE ACTIVELY INVOLVED IN RECREATIONAL PROGRAMS."

HOW DO I APPLY FOR ASSISTANCE THROUGH THE PLAY FUND?

The application process is user-friendly. The primary qualifications are:

- Participant must be a Frederick County resident
- Participant must be under the age of 18
- Participant must meet the Family Income Guidelines as determined either by the free or reduced lunch program through Frederick County Public Schools or proof of annual household income.

Contact staff at 540-665-5678 for further assistance. Assistance for families depends on available funds coupled with a household maximum for a calendar year. In most instances a family that qualifies for funding through the PLAY Fund may be required to pay a percentage of the cost of the program.



Registration Guidelines

1. No registration will be accepted without payment. If participant has allergies or needs other accommodations, please indicate at registration.
2. Participants must register prior to the start of all programs or by the registration deadline if one is specified in the program information.
3. We will make every effort to notify participants if we must cancel a program. For updates, call 540-665-5678 and select "3" for cancellations, or visit fcprd.net and click on the cancellations button. FCPRD shares facilities with Frederick County Schools and must cancel programs when these facilities are not available.

4. Refunds will be given until a program begins to the registering household; however, a 20% administrative charge will be deducted. In the case where goods and/or services have been purchased (i.e. tickets, transportation costs, deposits, reservation charges) participants may not be given a refund. In most cases, gift certificates will be issued in lieu of a cash refund. No refunds or gift certificates will be approved after the start of a program.
5. Separate fees apply for withdrawal from basicREC and CAMP basicREC. Refer to the parent handbook available online at www.fcprd.net or call the main office for full details. Participants must be picked up by the program ending time. Late pick up fees apply: \$15 for the first 15 minutes

or any portion thereof; \$2 per minute over 15 minutes.

6. Returned checks are assessed a \$35 NSF fee. Your account may be forwarded to the County Treasurer's Office for collection if your account is not paid in full.

7. FCPRD reserves the right to photograph and videotape all activities, events, classes, programs, and facilities for promotional purposes.

Register Online Now
fcprd.net

Park Visitation

1. Accidents/Injuries: Any person witnessing or involved in an accident in a park should report it to the Park Ranger, Park Manager, or the Parks and Recreation Department, 665-5678.

2. For the enjoyment of everyone visiting the parks, please refer to full park guidelines posted in the park kiosks and on the web site at www.fcprd.net.

Park Rangers

Clearbrook - 540-539-5679

Sherando - 540-539-5678

Registration Form

Mail or bring to: FCPRD, 107 North Kent Street, Winchester, VA 22601
To register by phone with a credit card, call 540-665-5678 Print this form at fcprd.net
Standard FCPRD refund policy applies to all registrations

Participant	DOB	Activity #	Activity Name	Fee
			Total Fees: \$	
Address:		Telephone Numbers		
		Home: Work:		
		Cell:		
Print Name of Parent/Guardian: _____		☐ Please Call Me - I want to Volunteer as a Youth Coach!		
To receive periodic e-mail updates from FCPRD, please provide us with your e-mail address: _____				
Special accommodations needed _____				
Allergies or intolerance to food, medication, etc., and action to take in an emergency _____				
Under the provisions of the Virginia Freedom of Information Act, I hereby request that any and all personal information regarding the child(ren) named above be retained by The Frederick County Parks and Recreation Department as exempt from disclosure.				
X SIGNATURE OF PARENT/GUARDIAN		Date		PRINT NAME OF PARENT/GUARDIAN



Frederick County Parks and Recreation Department
107 N. Kent Street
Winchester, VA 22601

PRST STD
U.S. Postage
PAID
Winchester, VA
Permit No. 147